

DIGITAL SAFETY



what is digital safety

In simple terms, online safety refers to the act of staying safe online. It is also commonly known as internet safety, e-safety and cyber safety. It encompasses all technological devices which have access to the internet from PCs and laptops to smartphones and tablets.

How to be safe

Always keep your password secret
Think twice before you post anything on the Internet.
Remember, once something is posted or shared, it's very difficult to remove.

When creating a new password, pay attention to strong password requirements.

- Protect Your Personal Information
- Keep Personal Information Private.
- Make Sure Your Devices Are Secure.
- do not accept messages or requests from people you don't know
- do not meet people you became friends online because they are all strangers
- keep personal information and details for your self never share them online or with anyone else that is not your friend or family

What does involve ?

It involves being aware of potential risks
the virus that could cause
cyberbullying
online scams
steps to stay safe online

How to determine if your device has a digital virus ?

1. Your device feels physically hot.
2. Your phone isn't built to support malware. ...
3. Random messages are sent to your contacts. ...
4. The device responds slowly. ...
5. You find fraudulent charges on your accounts. ...
6. The phone uses excess data.

unfamiliar or crashing apps,
lots of Safari pop-ups,
unusual charges a usage,
a rapidly draining battery,
or a consistently hot phone.

WHAT TO DO ?

The easiest way to remove viruses is by using an antivirus program designed to clean your system safely. They can remove any malicious software

Keep personal Information Private.
It's important to protect your personal information online from hackers and other strangers
stay safe on social media platforms and if you need help or if you are worried about being hacked, bullied or threatened always get help by talking to your friends and family or follow the security steps as needed and stay safe online and offline.

Watch out and stay safe everyone!