



Remaining in your own home is best for everyone

BMHP6009 - Joanne Davies - Living with Care: The Older Person

Assignment 1 - Debate Presentation

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Introduction

- More than 11 million individuals – 18.6% of the overall population – were at the age of 65 years or more in the region of the UK (Office for National Statistics, 2022).
- Most of the elderly population wants to live in their own homes.
- More than 950,000 individuals are in domiciliary care in the UK (UK domiciliary care statistics , 2024).

What is Domiciliary Care

- The variety of services given to assist an individual in their own home.
- Supporting in everyday household jobs inside or outside the house, maintaining hygiene of the person, as well as other related domestic services (Department of Health, no date).



Funding Options in the UK



NHS or any local authority
funding (Glasby et al., 2021)



Individual savings



Insurance Coverage

Global Comparison of Funding



United States- Medicaid and Medicare (Miller, Parrish and Thunell, 2023)



Germany- Long-term care insurance (Nadash, Doty and Von Schwanenflügel, 2018)

End-of-Life and Palliative Care at Home

- Ease
- Quality of life
- Home-based care teams (Kumar et al., 2020)



The gap between need and availability of care for older people

- Growing demand for home care (Allan, 2021)
- Inadequate caregivers



Legislation and Policy of Ageing

Care Act 2014 (Petersen et al., 2014)

2014

2019

NHS Long Term Plan (NHS

Personal Control and Autonomy

Control over everyday
routines

Customizable care plans

Freedom to make decisions
(Courtin and Knapp, 2017)

Continuity Theory of Ageing

- Constant behavior patterns (Djukanovic et al., 2024)
- Significance of stability
- Offers individuality



Argument Against Remaining in Own Home



What is Residential Care

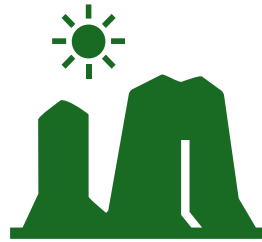
- The environments that are available for older people who cannot manage their independent living due to their growing age (Hovenga and Lowe, 2020).
- 16,700 care homes in the UK. 70% are residential settings, while 30% are nursing homes (Carehome.co.uk, 2024).
- 24-hour supervision and support
- Complete personal and medical care
- Structured environment



Funding Options for Residential Care



Local authority (Hancock *et al.*, 2013)



NHS continuing healthcare
(Rachet-Jacquet, Rocks and
Charlesworth, 2023)



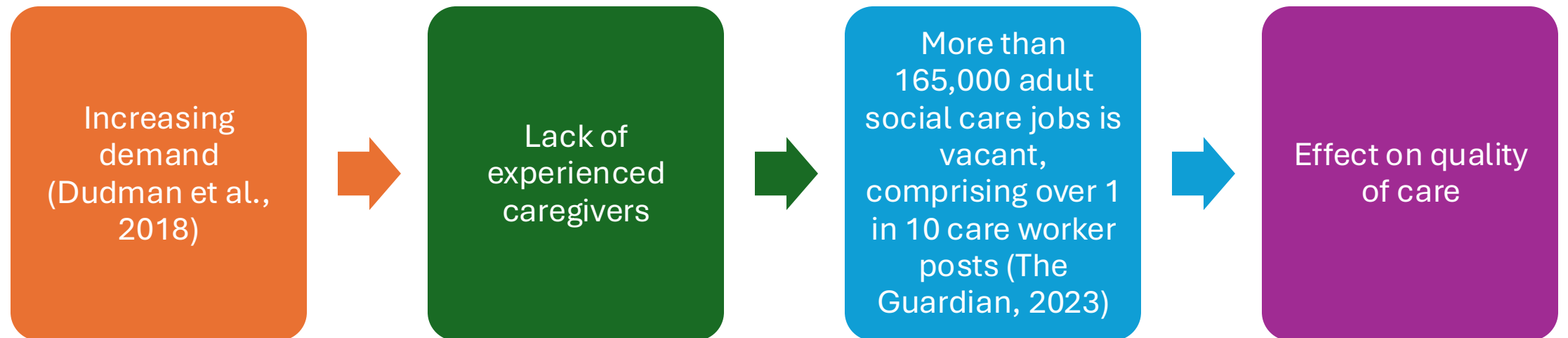
Personal money and insurance
(Read *et al.*, 2021)

End of life and palliative care in case of residential care

- Organized care teams (MacGregor *et al.*, 2021)
- Symptom supervision
- Spiritual and emotional support



Addressing the Gap in Care Availability



Legislative Support and Policies



Care Act 2014



National frameworks and standards by CQC (GOV.UK, no date)



Regulations fostering quality care

Theories of Ageing and Residential Care



Disengagement Theory (Achmad, 2017)



Activity Theory (Yen et al., 2022)



Application to residential settings

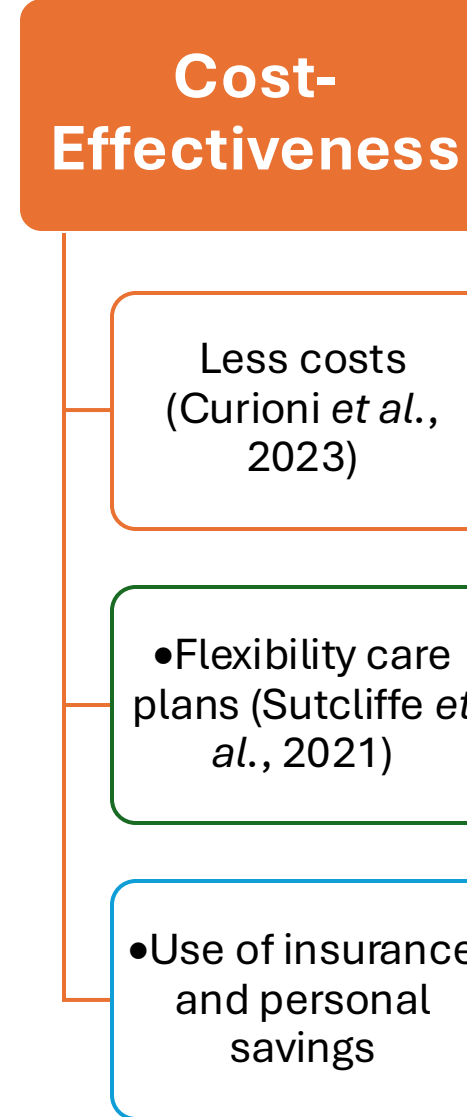
Benefits of Domiciliary care

Psychological and Emotional Benefits

Increased sense of
protection (Wang, Fan
and Li, 2022)

Decreased stress and
anxiety (Sun et al., 2021;
Bajwah et al., 2020)

Benefits of Domiciliary care



Benefits of Domiciliary care

Benefits of Familiar Environment

Familiar
surroundings

- Enhanced well-being (Wang, Fan and Li, 2022)

Benefits of Residential care

Comprehensive Support

- Availability of specialized caregivers
- Medical care (Harrison et al., 2022; Moilanen, Suhonen and Kangasniemi, 2022)
- Rehabilitation services

Benefits of Residential care

Safety and Medical Supervision

- ❑ 24/7 supervising
- ❑ Instant medical response (Ghența *et al.*, 2022)
- ❑ Lowered chances of accidents

Benefits of Residential care

Social Interaction and Community

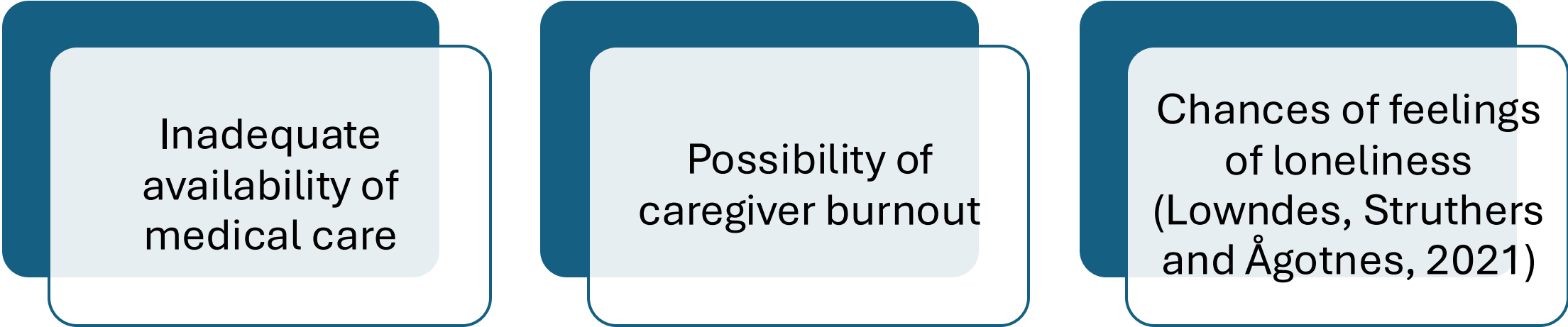
- ❑ Prospects for socialization (Lowndes, Struthers and Ågotnes, 2021)
- ❑ Group events and activities
- ❑ Decreased feelings of loneliness

Benefits of Residential care

Specialized Care for Dementia and Alzheimer's

- ❑ Adapted care programs (Orth *et al.*, 2023; NICE, 2015)
- ❑ Safe and sound environment (Bradshaw *et al.*, 2023)

The disadvantages of Domiciliary care for the older person

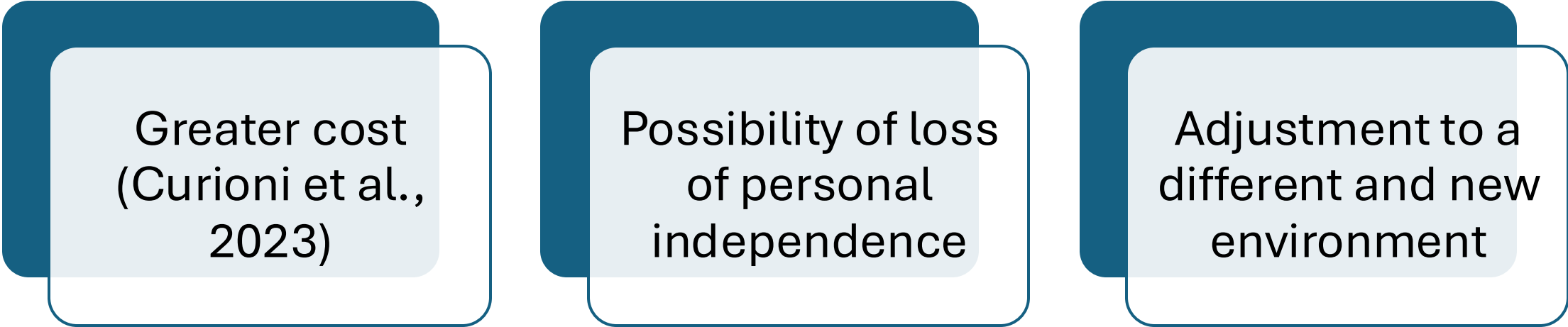


Inadequate availability of medical care

Possibility of caregiver burnout

Chances of feelings of loneliness
(Lowndes, Struthers and Ågotnes, 2021)

The disadvantages of Residential care for the older person



Greater cost
(Curioni et al.,
2023)

Possibility of loss
of personal
independence

Adjustment to a
different and new
environment

Prospective Future of Domiciliary and Residential Care

- Smart tech for safety and care (Junaid et al., 2022)
- Use of AI for analytics
- Telehealth





Conclusion

Individualized Care Approach:

- Consider individual circumstances and needs.

Decision-Making Factors:

- Evaluate social preferences, medical needs, and monetary resources.

Primary Objective:

- Ensure older adults receive excellent support and quality care.
- Promote their welfare and overall well-being.

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