



INTRODUCTION

CARE ASSISTANCE ROLE &
RESEARCH PROCESS

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MODULE: LCHS4001

WHY I CHOSE CARE ASSISTANT ROLE

Provides assistant for adult and elders

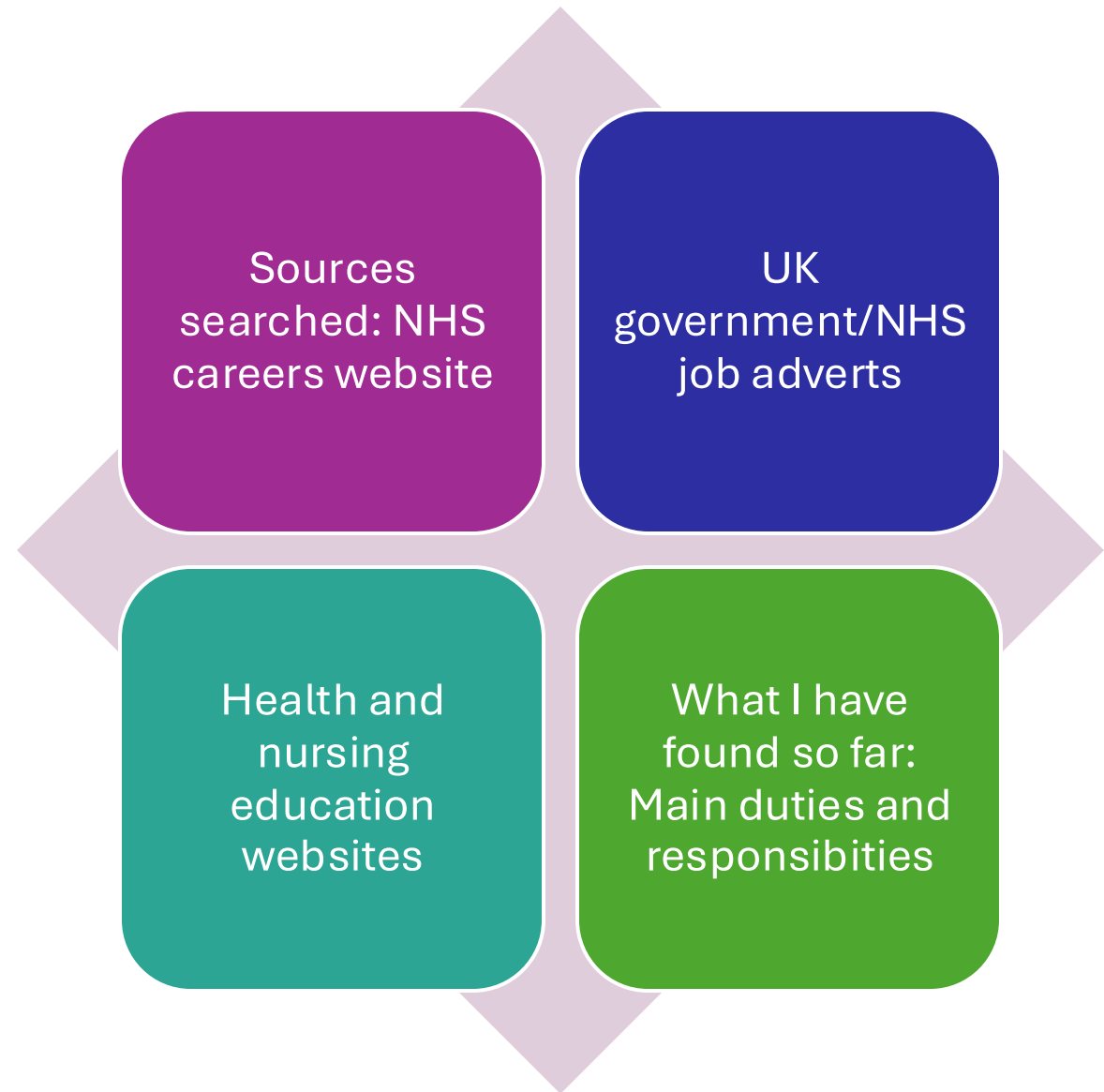
Practices in hospital, care home

Passion for helping vulnerable individuals

WHAT DOES A CARE ASSISTANT DO

- Personal Care: Assisting with showering, bathing, washing, dressing, and toileting.
- Mobility Support: Helping people move around safely, including lifting and transferring, using mobility aids, and reducing fall risks
- Health Monitoring: Taking temperatures, pulse, respiration, and weight, as well as monitoring conditions and updating care records.

HOW I STARTED MY RESEARCH



REFERENCE

- Skills for Care – *Care Certificate Standards (Standards 7 & 8: Privacy, dignity, and fluids/nutrition)*

National Institute for Health and Care Excellence – *Guidelines on personal care and support*

- <https://www.skillsforcare.org.uk/>