

Level Six: Psychopathology ECAP6006**Semester Two – BSc Applied Psychology****Assessments:**

1x 15-min presentation

1x 2,500 word case formulation

Lectures

Week/date	Lecture title and content
1. 27/01/2025	The diagnosis and classification of mental illness.
2. 03/02/2025	Treatment models, Therapeutic techniques and Case formulation.
3. 10/02/2025	Mood Disorders – Criteria, causes and treatments.
4. 17/02/2025	Eating Disorders – Anorexia Nervosa, Bulimia Nervosa, Disorders of Feeding. Treatment efficacy.
24/02/2025	Reading week
5. 03/03/2025	Personality Disorders – Types, clusters and causes. Stability in personality disorders. Gender and cultural differences.
6. 10/03/2025	Schizophrenia and Psychosis – therapeutic approaches and treatments.
7. 17/03/2025	Anxiety Disorders –Treatments from a variety of approaches.
8. 24/03/2025	Obsessive Compulsive Disorders – Body Dysmorphic Disorder, Hoarding Disorder, Trichotillomania and Excoriation Disorder.
9. 31/03/2025	Acute and Post Traumatic Stress Disorders – Dissociative identity disorder and somatic symptom disorder.
10. 28/04/2025	Substance Use Disorders – Physiological and psychological elements of addiction. Psychological and biological treatments.

Lecture focus

Week:	Relevant Lecture:	Live Seminar content:
Week 1: 1. The diagnosis and classification of mental illness.		Session 1 – Discussion linked to 'mental a history of the madhouse' documentary. The current state of play.
Reading for week 1: Chmielewski, M., Clark, L. A., Bagby, R. M., & Watson, D. (2015). Method matters: Understanding diagnostic reliability in DSM-IV and DSM-5. <i>Journal of abnormal psychology</i> , 124(3), 764. Jablensky, A. (2016). Psychiatric classifications: validity and utility. <i>World Psychiatry</i> , 15(1), 26-31. Rosenhan, D. L. (1973). On being sane in insane places. <i>Science</i> , 179(4070), 250-258.		

Week 2: 08/01/2024 Treatment models, Therapeutic techniques and Case formulation.	Session 1 – The development of case formulation - exploring the BPS documentation relating to case formulation. Session 2 – Case formulation activity. Students prepare a case formulation for the case study provided (on anxiety disorders).
Reading for week 2: https://moodle.uwtsd.ac.uk/pluginfile.php/456665/mod_folder/content/0/DGP-Guidelines-for-Formulation-2011.pdf?forcedownload=1 Johnstone, L. (2018). Psychological formulation as an alternative to psychiatric diagnosis. <i>Journal of Humanistic Psychology</i>, 58(1), 30-46.	
Week 3: Mood Disorders – Criteria, causes and treatments.	Session 1 - The mechanisms of mood disorders; a review of the evidence – looking at meta-analyses in more detail. Session 2 – Treatments for mood disorders, biological versus therapeutic techniques.
Reading for week 3: McKeever, A., Agius, M., & Mohr, P. (2017). A review of the epidemiology of major depressive disorder and of its consequences for society and the individual. <i>Psychiatry Danubina</i>, 29(suppl. 3), 222-231. Rowland, T. A., & Marwaha, S. (2018). Epidemiology and risk factors for bipolar disorder. <i>Therapeutic advances in psychopharmacology</i>, 8(9), 251-269.	
Week 4: Eating Disorders – Anorexia Nervosa, Bulimia Nervosa, Disorders of Feeding. Treatment efficacy.	Session 1 – Exploring the similarities and differences between AN & BN. Session 2 – A review of the evidence relating to treatment efficacy. Discussion and debate.

Reading for week 4: Alcaraz-Ibáñez, M., Sicilia, A., & Paterna, A. (2019). Exploring the differentiated relationship between appearance and fitness-related social anxiety and the risk of eating disorders and depression in young adults. <i>Scandinavian journal of psychology</i>, 60(6), 569-576. Ali, K., Farrer, L., Fassnacht, D. B., Gulliver, A., Bauer, S., & Griffiths, K. M. (2017). Perceived barriers and facilitators towards help-seeking for eating disorders: A systematic review. <i>International Journal of Eating Disorders</i>, 50(1), 9-21.	
Week 5: Personality Disorders – Types, clusters and causes. Stability in personality disorders. Gender and cultural differences.	Session 1 – Why does DSM5 have two sections for PD's? What is the difference? Session 2 – Treating PD's – a neglected disorder
Reading for week 5: French, J. H., & Shrestha, S. (2019). Histrionic personality disorder. Skodol, A., Stein, M., & Hermann, R. (2019). Borderline personality disorder: Epidemiology, pathogenesis, clinical features, course, assessment, and diagnosis. <i>UpToDate</i>. Waltham, MA: UpToDate. Yakeley, J. (2018). Current understanding of narcissism and narcissistic personality disorder. <i>BJPsych advances</i>, 24(5), 305-315.	
Week 6: Schizophrenia and Psychosis – therapeutic approaches and treatments.	Session 1 – Schizophrenia – a case of genetics and environmental factors. Comparing the evidence. Session 2 – Treatments for schizophrenia and psychosis – what works well? A debate comparing pharmaceutical and psychological treatments.
Reading for week 6: Brisch, R., Saniotis, A., Wolf, R., Biela, H., Bernstein, H. G., Steiner, J., ... & Gos, T. (2014). The role of dopamine in schizophrenia from a neurobiological and evolutionary perspective: old fashioned, but still in vogue. <i>Frontiers in psychiatry</i>, 5, 47. Green, M. F., & Harvey, P. D. (2014). Cognition in schizophrenia: Past, present, and future. <i>Schizophrenia Research: Cognition</i>, 1(1), e1-e9. Howes, O. D., & McCutcheon, R. (2017). Inflammation and the neural diathesis-stress hypothesis of schizophrenia: a reconceptualization. <i>Translational psychiatry</i>, 7(2), e1024-e1024.	
Week 7: Anxiety Disorders – Treatments from a variety of approaches.	Session 1 – Discussion of the development and treatment of anxiety disorders. Exploring the relative success of treatments.

Reading for week 7: Kindt, M. (2014). A behavioural neuroscience perspective on the aetiology and treatment of anxiety disorders. <i>Behaviour research and therapy</i>, 62, 24-36. Meier, S. M., & Deckert, J. (2019). Genetics of anxiety disorders. <i>Current psychiatry reports</i>, 21, 1-8.	
Week 8: Obsessive Compulsive Disorders – Body Dysmorphic Disorder, Hoarding Disorder, Trichotillomania and Excoriation Disorder.	Session 1 – Causes of OCD and BDD. Underlying pathologies. Session 2 – Treating OCD and BDD – recent empirical findings.
Reading for week 8: Fullana, M. A., Tortella-Feliu, M., De La Cruz, L. F., Chamorro, J., Perez-Vigil, A., Ioannidis, J. P., ... & Radua, J. (2020). Risk and protective factors for anxiety and obsessive-compulsive disorders: an umbrella review of systematic reviews and meta-analyses. <i>Psychological medicine</i>, 50(8), 1300-1315.	
Week 9: Acute and Post Traumatic Stress Disorders – Dissociative identity disorder and somatic symptom disorder.	Session 1 – Acute and PTSD. The controversial case of DID.
Reading for week 9: Atwoli, L., Stein, D. J., Koenen, K. C., & McLaughlin, K. A. (2015). Epidemiology of posttraumatic stress disorder: prevalence, correlates and consequences. <i>Current opinion in psychiatry</i>, 28(4), 307. Jafferany, M., Khalid, Z., McDonald, K. A., & Shelley, A. J. (2018). Psychological aspects of factitious disorder. <i>The Primary Care Companion For CNS Disorders</i>, 20(1), 27174. Mitra, P., & Jain, A. (2021). Dissociative identity disorder. van Geelen, S. M., Rydelius, P. A., & Hagquist, C. (2015). Somatic symptoms and psychological concerns in a general adolescent population: Exploring the relevance of DSM-5 somatic symptom disorder. <i>Journal of psychosomatic research</i>, 79(4), 251-258. Yang, L., Zhao, Y., Wang, Y., Liu, L., Zhang, X., Li, B., & Cui, R. (2015). The effects of psychological stress on depression. <i>Current neuropharmacology</i>, 13(4), 494-504.	
Week 10: Substance Use Disorders – Physiological and psychological elements of addiction. Psychological and biological treatments.	Session 1 – Understanding substance abuse – psychological and physiological addiction models – a review of the evidence.

Reading for week 10:

Ouzir, M., & Errami, M. (2016). Etiological theories of addiction: A comprehensive update on neurobiological, genetic and behavioural vulnerability. *Pharmacology Biochemistry and Behavior*, 148, 59-68.