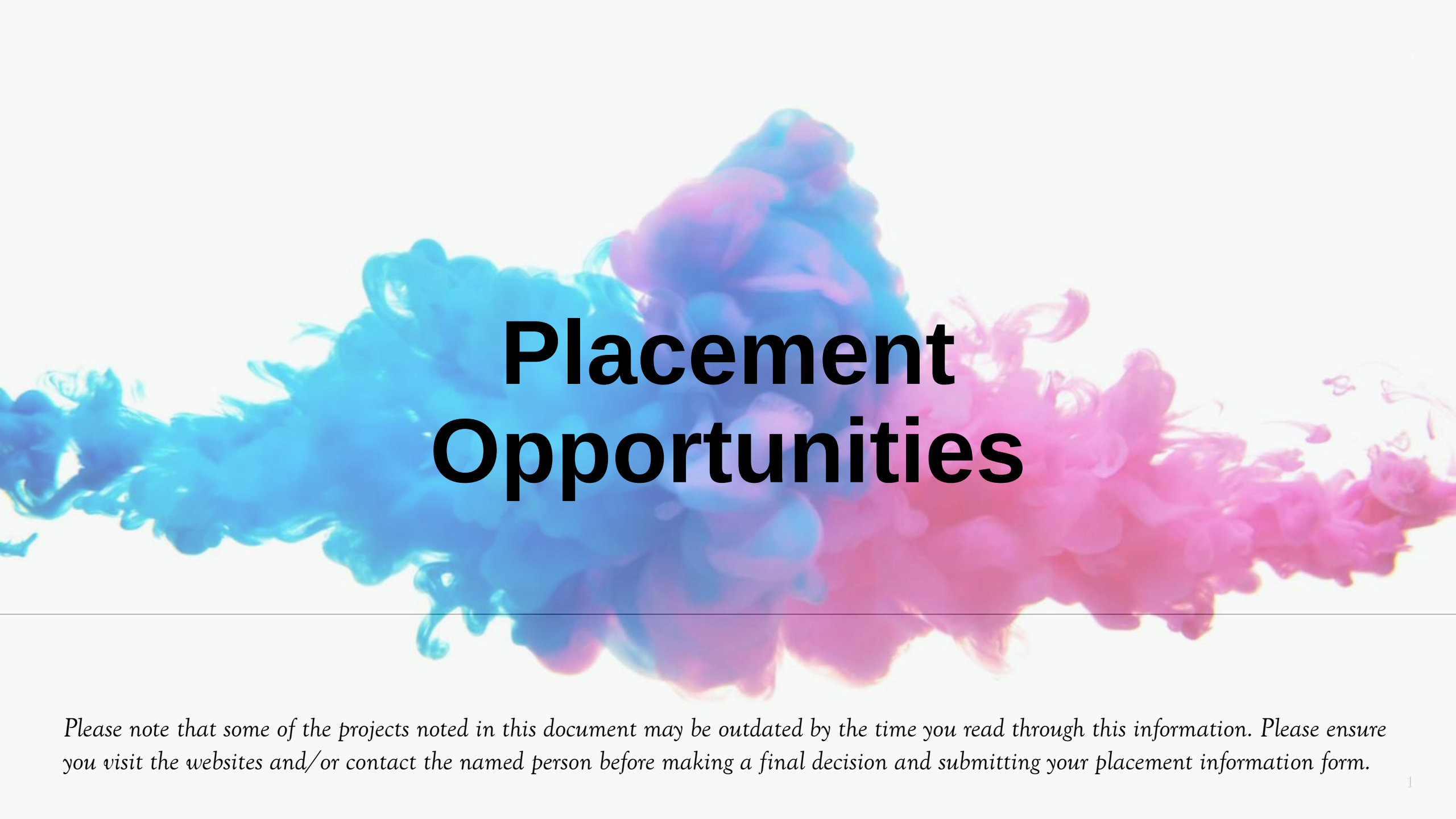


An abstract background featuring vibrant blue and pink ink splashes that spread horizontally across the page. The splashes are dynamic and fluid, with the blue on the left and pink on the right, meeting in the center. The text is centered over this graphic.

Placement Opportunities

Please note that some of the projects noted in this document may be outdated by the time you read through this information. Please ensure you visit the websites and/or contact the named person before making a final decision and submitting your placement information form.

Dementia Hwb

**Swansea Dementia and
Carers Project**

**Mental Health and Well
Being Volunteer**

**Mental Health Peer
Mentoring**

Faith in Families

Adferiad

PACT

Circles UK

Swansea Mind

Age UK

Shout

Samaritans

Men Who Talk

**Cruse Bereavement
Support**



Open 7 days a week, 11am – 3pm

Tasks and responsibilities include signposting individuals, family members, carers to relevant information for those affected by dementia.

Located in Swansea Quadrant (bus station entrance) – visit for further information.



Could you volunteer for...

The Swansea dementia and carers project?

Are you caring, compassionate, honest and reliable?

Could you help people living with dementia and their
carers to socialise and have fun in the community?

Volunteer induction and safeguarding training provided
as well as ongoing support and paid expenses.

To find out more contact: Polly Gordon
polly_gordon@scvs.org.uk or call 01792 457299
www.scvs.org.uk/sn-dem-carer-proj



Partneriaeth
Ranbarthol
Gorllewin
Morgannwg

West
Glamorgan
Regional
Partnership



SCVS is a registered charity, number 1063242



Swansea Dementia and Carers Project

Information via SCVS website

Are you interested in
mental health and wellbeing?



- Could you offer wellbeing and practical support to people experiencing acute mental ill health?
- Could you spend a couple of hours a week meeting with individuals either on a hospital ward or in the community?
- You don't need experience, just a positive attitude towards mental health and wellbeing.
- Our volunteers receive comprehensive training, ongoing support, and your out of pocket expenses are reimbursed. You'll also gain valuable experience in mental health care and recovery.

To find out more contact Polly Gordon

polly_gordon@scvs.org.uk

www.scvs.org.uk/mhwb-volproj

01792 457299

Mental Health and Well Being Volunteer Project

[Information via SCVS website](#)



TRANSCEND

mental health peer mentoring

- Are you **passionate** about helping others achieve their goals and potential?
- Can you use your own personal experience of mental ill health to **inspire** and **empower** others on their recovery journey?
- Do you want to **enhance** your own knowledge and **deepen** your own skills?
- Could you **support** others to find the right solutions for themselves?

If the answer to any (or all) of these is **YES**
then come and volunteer with the
Transcend project www.scvs.org.uk/transcend

Contact:

Emma at involve@scvs.org.uk
01792 457299



Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board



Swansea Council for Voluntary Service -
registered charity number : 1063242



Mental Health Peer Mentoring

Information via SCVS website



Faith in Families information via website

Volunteering opportunities available:

Bonymaen Community Cwtch
St Johns Wellbeing Centre

Teilo's Community Cwtch
Clase Community Cwtch

Contact details:

Bonymaen Community Cwtch - suzanne@faithinfamilies.wales

Clase Community Cwtch – linda@faithinfamilies.wales



Can accommodate students who wish to pursue a short- or a longer-term* volunteering opportunity in a variety of different areas including:

- Mental health difficulties
 - Substance abuse
 - Alcohol abuse
 - Complex needs

**training and vetting required regardless of volunteering length.*

Adferiad Website

Role: Family Services Student Placement
Volunteer

Full job description provided
Minimum requirement of 6 months
volunteering

[Role responsibilities PDF](#)



Applications via the Website linked above



NOTE: This is a long-term volunteering opportunity for approx. 12-18 months.

‘Challenging stereotypes - securing support - preventing victims of sexual abuse’

Do you have the passion and commitment to do something amazing to prevent victims of sexual abuse?

Please view the Circles Website for further information



Wide range of volunteering opportunities from fundraising to admin, face to face listening and phone support for our service users, as well as running Zoom groups.

Swansea Mind Website

Contact:

admin@swanseamind.org.uk



Volunteering positions:

[Age UK Shop Team Member](#)

[Telephone Friendship Service](#)

shout



here for you 24/7

[Shout Volunteer Brochure](#)

[Volunteering positions and
application information available
via the website](#)

SAMARITANS

Note that the Samaritans website states that the expectation is to view this as a long-term volunteering role, so consider what you can commit to up front if this is the type of volunteering you want to take part in.

Information on how to become a Samaritans Listening Volunteer

MEN WHO TALK

Men Who Talk is an exciting, fast-growing charity, creating new spaces for men to talk openly about what's on their mind.

Volunteering opportunities:

Volunteer Group Facilitator (Psychology degree preferable)

Volunteer Content Creator

[Information on both positions available via the website](#)

Contact for more information: info@menwhotalk.org

Cruse Bereavement Support

Volunteer with us

We provide support to people through one of the most painful times of life

Become one of our team of bereavement volunteers and make a difference in people's lives

Get in touch:

Telephone **0300 1111 003**

Email **wales@cruse.org.uk**



Cruse
Bereavement
Support



Paid role also available

Job description