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Entitled 'LONELINESS' I intend to curate an exhibition in the mind of a story about the impact of the interaction patterns between individuals in a society that is changing. I want to show the emotions of the situation caused by the impact on the lifestyle of people in the city. Focusing on Singh Ramp theory of Loneliness: dynamics, dimensions and many places. I intend to hold my exhibition in London as it is a big city and full of people. And most of the time large, busy city is where you will mostly find loneliness people. the first thing that I think of is demonstrating the visual ability of people in today's society. It is a good thing that we can see around the city while using public services such as on trains and buses, restaurants, parks, museums, or various places, all of which have life forms called "people". People are omnipresent, but when looking at another side, the corner felt that those people were like no different from a sculpture that was to be displayed and decorated. With various locations in the city corners, some activities cause people to differentiate themselves to look at the small square screen in their own hands, in which the lack of interaction and acknowledged from the external perceptions cause a moment of chaos in society to become quiet. In the life that follows the current trends in popularity, the hustle and stimulation have created, for example, people in the modern age want to have a solution to the treatment or release the stress and loneliness that are internal to their minds. Which is a place that is easy to find and is located in the area? In the hands of almost everyone in this era, the online space for someone who might think this is a good solution that helps to alleviate some of the stress, loneliness that is within the mind to be reduced, but the effect of treating loneliness in such way. Who knows that it is a silent effect on humans? "Loneliness" is a condition that the person can see clearly from the occurrence of those activities, which is a condition that causes a movement. Which makes us pay more attention to ourselves than what is happening around the world.

"Loneliness is one of the most devastating diseases of modern society - the central core of a range of social problems" (SINGH, R. (1991)



This is a space plan in which I will place and install each of the figure in each room. Each specific room will have their own tone, colour, story and uniqueness that connect to the concept of loneliness. The visitor will be entering from the left to the right and each of the visitor will provided with a set of headphones according to the langue they are speak or understand to.



Figure1

In the centre of the room I intend to place a sculpture of a group of people sitting together playing on a mobile phone in a reflection of urban society to show a moment of chaotic situation mixed that seem to be silence. The moment that you realise it is full of freedom of life, freedom of space frees all people from freedom and power, but on the other side, freedom makes people felt very lonely. The feeling that there are things which are not powerless, which is true. No, it can be said that we are different. Freedom, by freedom, even if the image will make people present independent, rational, but freedom causing us to feel lonely, anxious and without physical energy the solitude that this is something we

endure not when people know Anything that does not work, so it is necessary to find a solution.

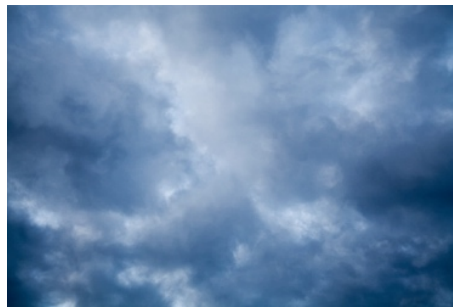


Figure 2

In this second figure, I want to place an installation of a dark cloudy sky on top of the roof in the room to represent the atmosphere of being loneliness. 'At bottom, it is a matter of surrounding with a frame a portion of one's cone of vision, while standing in the right place at the right time.' McManus, I. C., Zhou, F. A., l'Anson, S., Waterfield, L., Stöver, K., & Cook, R. (2011) Using colour and timing to represent the value of light, colour, shadow and atmosphere of the room. The colours in a room reference to the atmosphere of the real locations of an overcast day as it will be dark, cold, and gloomy. The colour to Harmonious in the atmosphere that they feel most of the works are colours in a cool, cool tone to create an atmosphere to feel lonely and depressed. For example, the colour of the cloudy sky in the dark in which about to rain will make you feel depressed and unable to tell and let the sadness in your heart be expressed.



Figure 3

This figure is a full blank space in which the distances or areas around, between, and within components of a piece is a black space. The deep dimension with no boundaries. Emptiness is actually a positive quality; it could also mean that you are now ready to learn the most important lessons for the rest of your life. Many people feel empty during a crisis,

simply because they do not know what to do or how to make sense of the situation. Most of them report that they come back out of the crisis with new insight, wisdom, knowledge about themselves. Open space can be relaxed at sometimes and at the same time, in the open space, making you feel empty, empty, without time. So Demonstrates the feelings within the minds of those who fall into solitude. *'Form does not differ from emptiness; emptiness does not differ from form. That which is form is emptiness, that which is emptiness, form. The same is true for feelings, perceptions, impulses, consciousness'* Kabat-Zinn, J (2015)



Figure 4

Figure four, I will install a speaker in empty dark room in which the song of loneliness will be play as soon as somebody step into the room. Although, at the beginning of the exhibition the visitor will provided with a set of headphones to listen to the stories of each of the installation room. As soon as someone step into the room the headphone will automatically connect the speaker and play the music. However, if you take of the headphone the sound will remain silence. *'between hearing loss, emotional responses to sound... each sound finished playing, the SAM valence scale... center of sound-attenuating, audiometric'* Picou, Erin M, and Gabrielle H Buono (2018)



Figure 5

Figure five is an installation of an empty box in the mean of self-isolation. The idea of packing yourself inside a box and being isolate in a certain place and separated from outside

society. The feeling of being alone inside a small world, the fear that set you apart of the outsider and the difficulty of stepping forward the face the problem of society. Somehow, they may feel that they want to be in their own smaller little world than faced the reality and problem. Loneliness and Isolation. Loneliness is a feeling of sadness or distress about being by yourself or feeling disconnected from the world around you. It is also possible to feel lonely, even when surrounded by people. Isolation is being separated from other people and your environment. "thrown alone into existence" Helm, Peter J, Tyler Jimenez, Michael Bultmann, Uri Lifshin, Jeff Greenberg, and Jamie Arndt (2020)

Loneliness can be a very distressing feeling, something that can come and go or become more persistent. Loneliness can be experienced throughout life, not just later life. If you have been feeling lonely for a while, a first step is to notice and identify this, even just to yourself. Everyone will have a different experience of loneliness and different reasons for why they are feeling this way. Through this exhibition I hope people who is feeling lonely or loneliness can come and express and share about their experience as well as making and support friend or family who went through the process of loneliness.

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