

DIGITAL SAFETY



DIGITAL SAFETY INVOLVES PROTECTING YOURSELF AND YOUR INFORMATION ONLINE. THIS INCLUDES USING STRONG PASSWORDS, BEING CAUTIOUS ABOUT SHARING PERSONAL INFORMATION, AND RECOGNISING AND AVOIDING ONLINE SCAMS.



ONE OF THE MOST PRESSING CONCERNS IN THE DIGITAL AGE IS THE PROTECTION OF PERSONAL INFORMATION. SOCIAL MEDIA PLATFORMS, ONLINE SHOPPING SITES, AND EMAIL ACCOUNTS STORE A WEALTH OF SENSITIVE DATA, INCLUDING PASSWORDS, FINANCIAL INFORMATION, AND CONTACT DETAILS. CYBER CRIMINALS EXPLOIT VULNERABILITIES IN THESE SYSTEMS TO GAIN UNAUTHORISED ACCESS TO THIS DATA, WHICH CAN HAVE DEVASTATING CONSEQUENCES FOR INDIVIDUALS AND BUSINESSES ALIKE.



ANOTHER SIGNIFICANT CHALLENGE IS THE PREVALENCE OF CYBER BULLYING, A FORM OF HARASSMENT THAT OCCURS ONLINE. SOCIAL MEDIA PLATFORMS, MESSAGING APPS, AND ONLINE FORUMS PROVIDE A PLATFORM FOR BULLIES TO TARGET THEIR VICTIMS WITH HURTFUL COMMENTS, THREATS, AND EVEN DOXING, THE PRACTICE OF PUBLICLY REVEALING PRIVATE INFORMATION. CYBERBULLYING CAN HAVE A PROFOUND IMPACT ON A PERSON'S MENTAL HEALTH AND WELL-BEING, LEADING TO DEPRESSION, ANXIETY, AND EVEN SUICIDE.



DIGITAL SAFETY IS CRUCIAL IN TODAY'S INTERCONNECTED WORLD. TO PROTECT YOURSELF ONLINE, USE STRONG, UNIQUE PASSWORDS, BE CAUTIOUS ABOUT SHARING PERSONAL INFORMATION, AND BE WARY OF PHISHING ATTEMPTS. KEEP YOUR SOFTWARE AND DEVICES UP-TO-DATE WITH THE LATEST SECURITY PATCHES. AVOID CLICKING ON SUSPICIOUS LINKS OR DOWNLOADING FILES FROM UNKNOWN SOURCES. 1 BY PRACTISING THESE HABITS, YOU CAN SIGNIFICANTLY REDUCE YOUR RISK OF FALLING VICTIM TO CYBER THREATS



CYBER SECURITY



MIHAI MANUEL

CEAPRAZ