

WORLD MENTAL HEALTH DAY

SUICIDE AWARENESS & PREVENTION EVENT

10AM-3PM 10TH OCTOBER 2019

THE LC SWANSEA
OYSTERMOUTH ROAD
SWANSEA

FREE EVENT
EVERYONE WELCOME

HOPE



GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Bae Abertawe
Swansea Bay University
Health Board

DON'T LET GO