

The Role of a Sexual Health Worker

Academic and
Employability Skills
(LCHS4001)

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Introduction to the Role

- Supports individuals with sexual health advice, treatment, and education
- Vital in promoting health, preventing disease, and reducing stigma



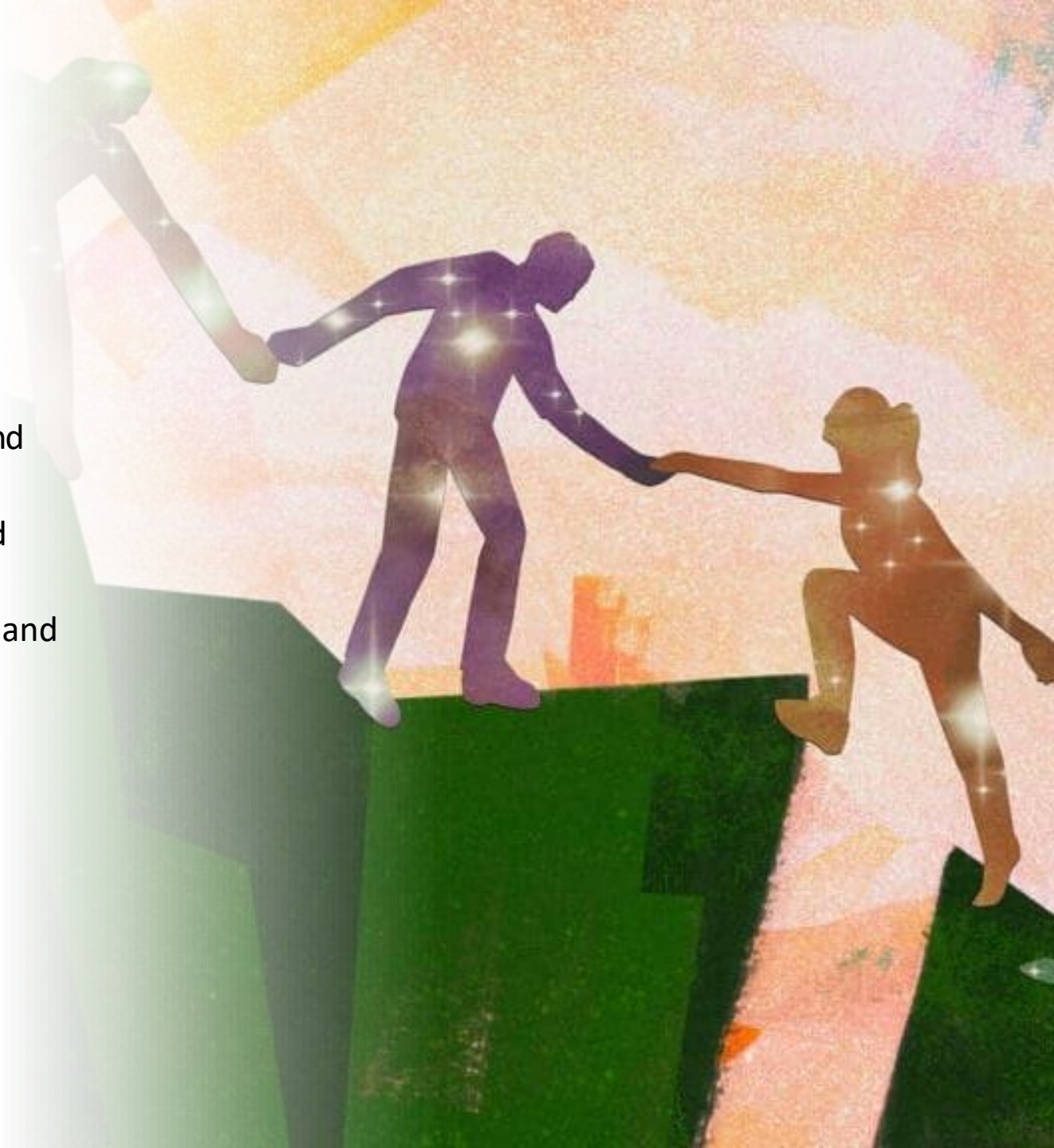


Key Responsibilities

- Provide advice and support
 - Carry out health checks and screenings
 - Educate the community
 - Signpost to further services
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Skills & Qualities Needed

- • Communication and empathy
- • Confidentiality and professionalism
- • Health knowledge and problem solving
- • Teamwork and adaptability



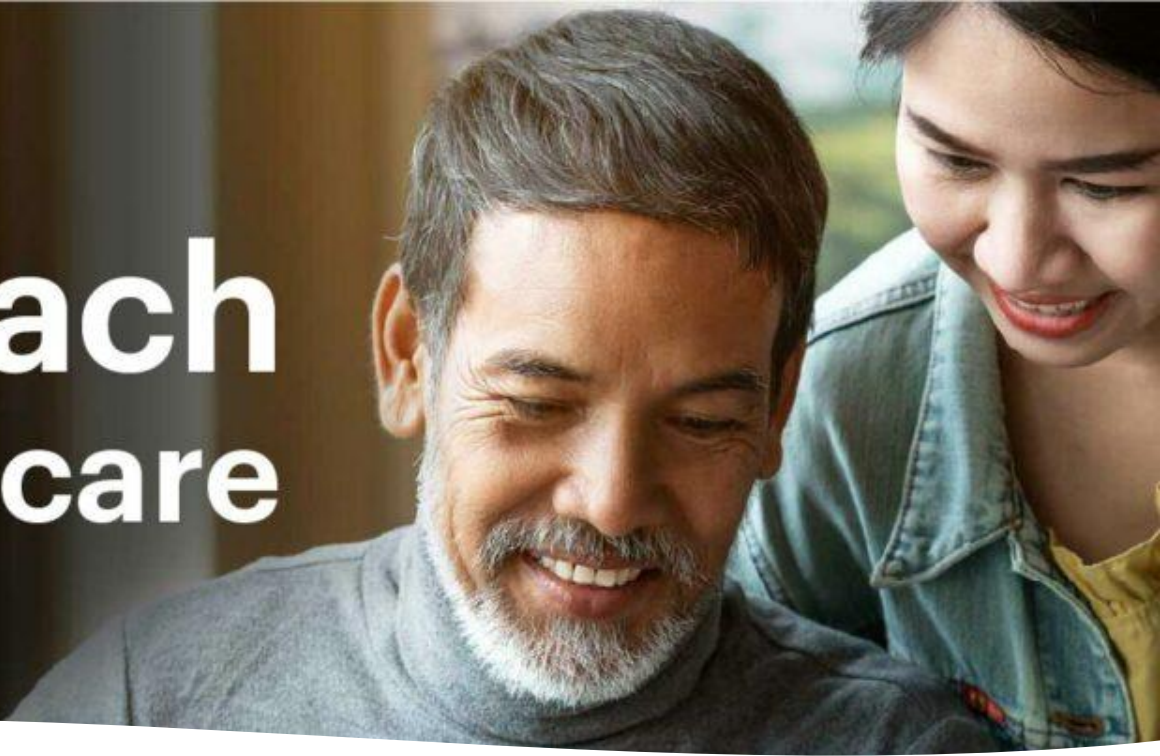
Employability Skills

- • Transferable: communication, teamwork, organisation
- • Job-specific: sexual health knowledge, clinical awareness
- • Example: handling sensitive conversations with patients





Outreach for Healthcare



Why This Role Interests Me

- Motivation to help others and promote public health
- Reduce stigma around sexual health
- Aspiration to work in healthcare and support vulnerable groups

craap

NHS Health Careers (2025). Sexual health adviser. Available at:

<https://www.healthcareers.nhs.uk/explore-roles/public-health/sexual-health-adviser>

The reference above has been evaluated using the CRAAP test

- **Currency:** The website is updated often by the NHS, so the information is current.(2025)
- **Relevance:** It gives useful details about what a sexual health adviser does, which helps people interested in health careers.
- **Authority:** The NHS is a trusted health organization in the UK, making it a reliable source.
- **Accuracy:** The info is clear, factual, and written in a professional way with no bias.
- **Purpose:** The goal is to inform and guide people about this career, not to advertise or sell anything.

References

- National Careers Service (2025). Sexual health adviser job profile. Available at: <https://nationalcareers.service.gov.uk/job-profiles/sexual-health-adviser>
- NHS Health Careers (2025). Sexual health adviser. Available at: <https://www.healthcareers.nhs.uk/explore-roles/public-health/sexual-health-adviser>
- Peoples Community Health Centers (2022). Talking to Your Provider About Your Sexual Health. Available at: <https://www.peopleschc.org>
- CDC (2023). Healthcare Providers – SAW. Available at: <https://www.cdc.gov/std/saw>
- HSRC (2023). Public Health Outreach – Sexual Health Awareness. Available at: <https://www.hsrc.ac.za>
- UNFPA Kenya (2023). Healthcare workers trained to address sexual and reproductive health needs. Available at: <https://www.unfpa.org>