

SWOTAli

by Ali Al-Saydi

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My Personal SWOT Analysis

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My Strengths

1. I have lots of self confidence so I am good at sharing my opinion with many people, without feeling shy or ashamed. (Peterson, 2023)
2. I am a very flexible person and so I can easily change and adapt to different situations, allowing me to work as effectively as possible. (Indeed, 2023)
3. I have good timekeeping skills, and I am very wary of time. This makes me someone who is always on time to appointments. (TC, 2023), (Guide, 2022)
4. I also love working in a team, as I have good teamwork skills, especially when working in a team. (Maciej Duszyński, 2023)



How does this help me?

These 4 skills are essential for a health and social worker, as they can allow me to be well adapted to the environment. Being confident means that I can take on any situation, in addition to flexibility skills. Being good at working in a team is also important as a health and social worker will need work in a team to be able to provide the best care for patients.



My Weakness

1. I need to practise my language skills, so people can understand me better, and so I can understand what other people say.
2. I need to do more studying to widen my knowledge.



My Opportunities

I have been very lucky and privileged to have this good opportunity to come and learn at university, as it has allowed me to express my opinions and learn things which I didn't know.



Threats

1. Not getting a good enough job which can support me and my family.
2. Fear of not continuing to increase my knowledge and going to university.



My Personal Development Plan

Skills Needed?

1. Target : To pass this course that I am doing at the moment.



Self Confidence

2. How will I achieve this? By not giving up and by studying more and harder.



Hard Worker

3. Why will this target benefit me? It will allow me to develop myself and my life skills.



Self Development

4. What will change when I achieved this? My life will become much more positive, and I will be happier.



Self Confidence

5. When do I want to meet this target by? I will hope to meet this by 2024, giving me enough time to fully develop myself with the knowledge that I will gain.



Time Keeping



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