

APPENDIX GA36d

LEVEL 7 ASSESSMENT SPECIFICATION

Student name:	Mai Faroun	Student ID number:	2012476
Programme:	MA Physical Education, Sport & Physical Literacy / MA Outdoor Education		
Module:	Research Methods in Health, Outdoor Education and Physical Literacy		
Module code:	BMOE7004	Contribution to Overall Module Assessment (%):	20%
Lecturer:	Dr Nalda Wainwright	Internal Verifier:	Dr Andy Williams
Assignment Title:	Research project proposal	Word count (or equivalent):	1547
Submission deadline:	Friday 11 th March 2022	Return date of provisional marks & written feedback:	Friday 1 st April 2022
Submission method:	All written assessments, where practical and possible, must be submitted via Turnitin unless otherwise instructed by the Lecturer. (Please DO NOT put this assessment specification into Turnitin or it will match many similarities with other students' submissions.) Alternative submission method (if applicable): Late submission of the assessment will result in a late penalty mark. Penalties for late submission: Up to one week late, maximum mark of 50%. Over one week late, 0%. Only the Extenuating Circumstances Panel may approve a change to submission dates.		
Academic honesty / referencing:	Academic honesty is required. In the main body of your submission you must give credit to authors on whose research and ideas your work is based. Append to your submission a reference list that indicates the books, articles, etc. that you have used, cited or quoted in order to complete this assessment.		

**PATTERNS AND FACTORS ASSOCIATED WITH SELF-REPORTED PHYSICAL ACTIVITY
AMONG UNIVERSITY OF WALES TRINITY SAINT DAVID STUDENTS**

DECLARATION

I, Mai Faroun (Student ID: 2012476) declare that this proposal is my work and has not been submitted for any award or recognition in any University or Institution of Higher Education for any academic award.

Signature.....*Mai Faroun*..... Date: 9th Mar 2022

LIST OF ABBREVIATIONS/ ACRONYMS

COVID-19/ COVID: Coronavirus disease 2019

MET: Metabolic Equivalent of Task

OR: Odds ratio

PA: Physical activity

PE: Physical Education

SARS-CoV-2: severe acute respiratory syndrome coronavirus 2

WHO: World Health Organization

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OPERATIONAL DEFINITIONS

Attitude: Refers to a set of emotions, beliefs and behaviors toward a particular object, person, or event.

Exercise: is a subcategory of physical activity that is planned, structured, and repetitive with a goal to attain better health fitness and wellbeing.

Metabolic Equivalent of Task (MET): is defined as a ratio of metabolic rate during a specific activity to a reference metabolic rate of 1.0kcal/(kg*h)

Perception: This is the way in which something is regarded, understood, or interpreted.

Physical activity: is defined as “any bodily movement produced by skeletal muscles that result in energy expenditure”

Physical education: is “an educational and learning process that uses physical activity to help people improve fitness, knowledge and skills for optimal fitness and wellbeing.

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ABSTRACT

Introduction: Engagement of university students in physical activities has drastically reduced as compared to before COVID-19 yet the role of physical activities in disease prevention is well documented. The scientific community is not sure of the current patterns and factors associated with physical activity among university students.

Aim: To investigate the patterns and factors associated with self-reported physical activity among university of Wales Trinity Saint David's students.

Methods: This cross-sectional study will be conducted among students using online platform; Google forms. Results will be presented as frequencies, percentages, means, standard deviations, tables and graphs. Regression will be used to identify factors associated with physical activity. Multivariable analysis will be used to determine significant predictors of physical activity. All analyses will be performed using SPSS version 22.0 (IBM SPSS Inc., Chicago, IL).

KEY WORDS: Physical activity, patterns, students COVID-19, lockdown

CHAPTER ONE

Introduction

Physical activity (PA), is defined as any bodily movement produced by skeletal muscles that results in energy expenditure (1). Engagement in physical activities has been documented as one of key disease prevention strategies especially against COVID-19. (2). Even among school settings like university of Wales, there is a strong association between physical activity, wellbeing, and academic performance of students (1).

Students at universities sometimes face several academic, financial, and social challenges that tend to contribute to stress. Being active in physical activities has been shown to cut down on stress among students (3). Physical inactivity is one of the factors that leads to ill health, and difficulties in learning. Additionally, it leads to poor dietary practices, overweight and obesity (4).

Physical inactivity is becoming an increasingly common challenge especially among university students worldwide. In the University of Wales, there has been an observed reduction in the use of sports facilities and an overall reduction in physical activity levels of the students. This is partly attributed to lock downs, closure of sports facilities like gyms due to COVID-19. This meant that no one would go out and be physically active like they used to be. Generally, the physical activity levels across people in England have been affected and gone low (5).

However, despite the government and university opening most of these facilities for use and ensuring standard operating procedures like disinfection, many students are increasingly finding it difficult to engage in physical activities like before.

Background/ Review of related studies

Physical inactivity has been reported as the fourth most important risk factor for premature death worldwide only after hypertension, tobacco use and high blood glucose. Physical inactivity alone is estimated to account for five million disability-adjusted life years (6) even among young populations. Physical activity is one of the key factors that have been documented to maintain physical, mental health and general wellbeing (7).

Several studies have been carried out among university students investigating patterns of physical activities. An observational study (8) demonstrated the role that physical activities play in restoration and maintenance of health and wellbeing of an individual. The authors reported positive findings of the impact of prescribed physical activity regimen in improvement of health. A Finnish study among 1177 undergraduate students highlighted the critical role played by physical activities in the health of young adults (9).

A study (7) investigated patterns of physical activity among university setting. Walking was the commonest physical activity reported although generally across the sampled population, there was a low level of physical activity (< 600 MET/ week). This is similarly reported by authors (1) who showed that students engagement in physical activities reduced.

There are gender differences that have been reported among students in the UK. A study was carried out among 3706 undergraduate students in England, Wales & Northern Ireland. Females were reported to have more health complications, illness episodes and a lower quality of life (10). Another cross-sectional European study in Portugal among 126 undergraduate students indicated that males achieved the 10000 steps target /day as compared to their female counterparts.

There are specific recommendations for one to meet in order for them to qualify to be physically active. The World Health Organization recommends healthy adults above 18 years of age to get at least 150–300 minutes of moderate-intensity physical activity per day. This can easily be translated into walking 10,000 steps per day (11).

Scientific evidence indicates that non-communicable diseases have a starting point during early adolescence and young adulthood stages (12). There are biologically plausible reasons to support

this (13) however, there are also socially related factors. University students tend to be subjected to a transitional period of new independence life which is often times prone to other behaviors. A study among 176 South African university students indicated that sports improved health and reduced sexual risk behaviors, decreased alcohol consumption and intake of fried foods (14).

Problem statement

Restrictions such as national lockdowns against the spread of COVID-19 placed strict restrictions on movement, recreation services and sports facilities as a way of cutting down on the rapidly increasing infection rates and this greatly reduced physical activity levels (2).

Engagement of university students in physical activities has drastically reduced as compared to before COVID-19. Public health surveillance studies (5) conducted in nationally representative samples indicate a 30% reduction in levels of physical activity among the population.

Although students might be more familiar with the benefits of physical activity, evidence shows that knowledge is not always followed by action (15). There are a number of factors that have been reported to influence participation in physical activities; lack of time, low motivation and fatigue are very often the most reported constraints (7).

Despite the benefits of physical activities, many students continue to be largely inactive. The study therefore will investigate the patterns and levels of physical activity among University of Wales students, identify key social demographic determinants associated with physical activities, key motivators and constraints affecting active engagement in physical activities.

1.3 Objectives

1.3.1 General objective

To investigate the patterns and factors associated with self-reported physical activity among university of Wales Trinity Saint David students.

1.3.2 Specific objectives

1. To assess the patterns of physical activities among University of Wales students.
2. To understand the socio-demographic determinants of physical activities among University of Wales students.
3. To identify motivators and constraints affecting the participation of University of Wales students in physical activities.

1.4 Research Questions

1. What are the patterns of physical activities among University of Wales students?
2. What are the socio-demographic determinants of physical activities among University of Wales students?
3. Which motivators and constraints affect the participation of University of Wales students in physical activities?

1.5 Significance

Studies relating to physical activity patterns among university students are particularly not many especially factoring in the effect of COVID-19 pandemic. Findings from the study will also be used by the university management to design effective interventions in increasing usability and participation of students in sports facilities.

1.6 Conceptual framework

According to (16) human behavior and functioning are a result of personal, behavioral and environmental factors.

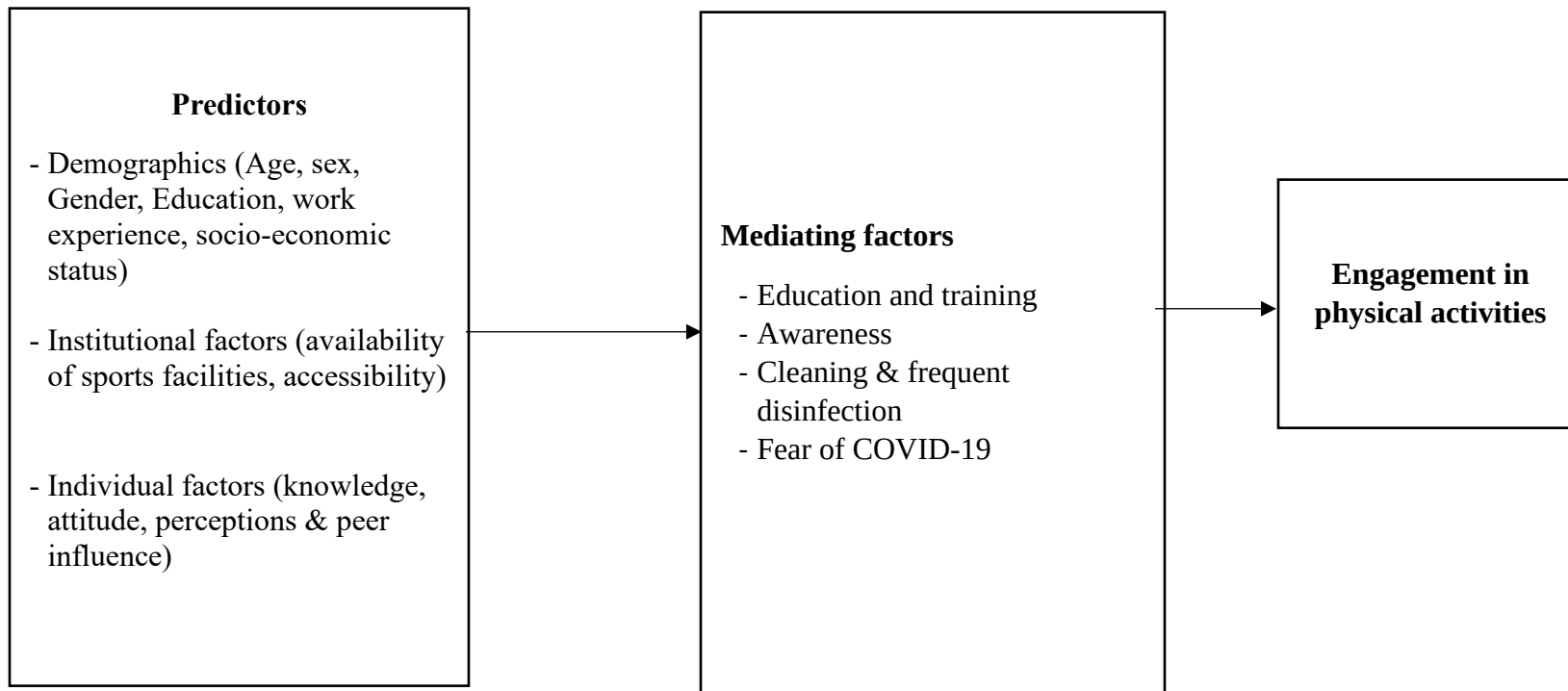


Figure 1 showing the conceptual framework

METHODOLOGY

Study design

A cross-sectional study will be conducted. This design is relatively cheap and gives a point in time estimate of the patterns of physical activity. Physical activity will be measured by a set of questions adapted from the World Health Organization Global Physical Activity Questionnaire (17). The scale has been extensively used across world's population and has been validated for use young people.

Study setting

The study will be carried out among both undergraduate and postgraduate on- compass students at University of Wales Trinity Saint David. The whole student body is taken as source population from which the sample will be obtained.

Sample size

The sample size has been determined by using the formula $[n = [(Za/2)^2 * P (1 - P)]/d^2]$ by considering 95% confidence level, margin of error 5%, and a proportion (p) of 50%. This gives a sample size of 377 students. When a 10% non-response factor is applied, the sample size is 415.

Sample selection

Random sampling will be used.

Inclusion & Exclusion criteria

Only currently registered students, both under and graduate students, on-compass students will be included; long distance and online learning modes will be excluded.

Data analysis

Results will be presented as frequencies, percentages, means, standard deviations. Regression will be used to identify factors associated with physical activity. Multivariable analysis will be used to determine significant predictors of physical activity. All analyses will be performed using SPSS version 22.0 (IBM SPSS Inc., Chicago, IL)

Data quality control

The online tool that will be used for data collection is adapted from a standardized Global Physical Activity Questionnaire from the WHO. Skip logic controls will be incorporated to avoid missed questions.

Ethical consideration

The intended study will be approved by the ethics board of University of Wales. Additionally, informed consent will be sought and obtained. All participants will have a right to withdraw at any time and their privacy will be confidentially kept.

Data protection policy

The study will ensure that we gather, store, and handle data transparently and with confidentiality. Data shall be stored in an encrypted format that is only accessible by the researcher and it will conform to the data protection policy of the university.

Strengths & Weaknesses

Online surveys offer many advantages over the traditional version of the surveys including speed of data access, reduced costs associated. Given the COVID pandemic times, online tools offer a safe alternative than face to face interviews. The main limitation with the study is the reliance on self-reported data of physical activity. Studies indicate there is a high change for participants to over represent their levels of physical activity.

Conclusion

This cross-sectional study will be conducted among students investigating the patterns and levels of physical activity. The findings obtained will aid the university to set up policies and encourage students to engage in physical activities especially during these COVID times.

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APPENDICES

APPENDIX I: TIMELINE

Item	February 2022	March 2022	April- May 2022
Finalising full research Proposal			
Ethical approval			
Data collection			
Writing up of report			
Writing up of a presentation poster			

APPENDIX II: STUDY QUESTIONNAIRE

CONSENT SECTION

I, Mai Faroun, a postgraduate student at the University of Wales Trinity Saint David. I kindly request you to participate in this study. Your participation in this study is voluntary. The information you give will be strictly confidential.

Yes, I agree to participate ☐

No, I will not participate ☐

QUESTIONNAIRE

DEMOGRAPHICS

College:

Academic year:

What is your Sex?

☐ Female

☐ Male

☐ Other

What is your age? Years months

What is your height (cm)?

What is your weight (kg)?

What best describes your marital status?

☐ Single

☐ Married

☐ In a partnership

☐ Divorced

Who do you live with?

☐ Alone

☐ With a parent

☐ Roommate

☐ Partner

What is your ethnicity

☐ White

☐ Mixed Race

- ☐ Asian or Asian British
- ☐ Black or Black British
- ☐ Chinese
- ☐ Other

Do you consider yourself to be a disabled person?

- ☐ Yes
- ☐ No

Are you an undergraduate or postgraduate student at University of Wales Trinity Saint David?

- ☐ Yes
- ☐ No

Are you a full-time or a part-time student?

- Full-time student ☐
- Part-time student ☐

Do you live on campus?

- Yes ☐
- No ☐

PHYSICAL ACTIVITY PATTERNS

Do you do moderate-intensity sports or fitness activities?

- ☐ Yes ☐ No

Does your day involve a vigorous-intensity activity that causes increases in heart rate like digging for at least 10 minutes continuously?

- ☐ Yes ☐ No

Do you walk or use a bicycle for at least 10 minutes continuously to get to and from places?

- ☐ Yes ☐ No

How did you get to school today? (Mark only one choice)

- ☐ Walked
- ☐ Biked
- ☐ Motorbike/scooter
- ☐ Train/ Car/Bus/ taxi

How much physical activity do you undertake a week?

- ☐ Active (150+ minutes of physical activity per week)
- ☐ Fairly active (31-149 minutes of physical activity per week)
- ☐ Inactive (less than 30 minutes of physical activity per week)

Do you participate in any sport or physical activity at University of Wales Trinity Saint David? (This could mean anything from sports clubs, sessions, Gym or booking the sports facilities)

☐ Yes

☐ No

Are you a member of a sports club?

☐ Yes

☐ No

Do you use the sports facilities and gym?

☐ Yes

☐ No

Which sports facilities do you use? (Tick all that apply)

☐ Sports Centre

☐ Gym

☐ Indoor Athletics Centre

☐ Outdoor Sports Park

☐ Swimming pool,

☐ Running track,

☐ Skateboard area

☐ Other (please specify)

Over the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day?

☐ Every day

☐ 4 to 6 days a week

☐ 2 to 3 times a week

☐ Once a week

☐ Less than once a week/ never

Do you feel Covid affected your level of physical activity?

☐ Yes

☐ No

After lockdown has been lifted, have you been able to get back to your levels of physical activity?

☐ Yes

☐ No

LIFESTYLE

In the last 30 days; On how many days (if any) have you smoked?

- ☐ 1-2 days
- ☐ 3-5 days
- ☐ 6-9 days
- ☐ 10-19 days
- ☐ 20-29 days
- ☐ 30 days or more

In the last 30 days; On how many days (if any) have you drunk alcohol?

Never

- ☐ 1-2 days
- ☐ 3-5 days
- ☐ 6-9 days
- ☐ 10-19 days
- ☐ 20-29 days
- ☐ 30 days or more

How long do students have for their lunch break?

- ☐ <30 mins
- ☐ >30 <60 mins
- ☐ >60 mins

Do you have any chronic diseases?

- ☐ Yes
- ☐ No

Which physical activities do you participate in?

- ☐ Walking
- ☐ Cardio
- ☐ Swimming
- ☐ Lifting,
- ☐ Jumping
- ☐ Diving
- ☐ Boxing
- ☐ Climbing
- ☐ Football
- ☐ Other

What are the reasons for physical activities?

- ☐ For better health and avoid illnesses
- ☐ To lose weight
- ☐ To improve body shape
- ☐ To enhance muscle strength
- ☐ To spend free time
- ☐ To have fun with friends
- ☐ Other

If you are inactive, what are the reasons for physical activities?

- ☐ Time limitation
- ☐ Fear of contracting the COVID
- ☐ Not interested
- ☐ Have a chronic disease
- ☐ Low income
- ☐ Lack of motivation
- ☐ Feeling tired
- ☐ Unsuitable weather [hot or cold]
- ☐ Laziness, no women's gym, other)

APPENDIX III: ETHICS FORM

APPLICATION FOR ETHICAL APPROVAL

In order for research to result in benefit and minimise risk of harm, it must be conducted ethically. A researcher may not be covered by the University's insurance if ethical approval has not been obtained prior to commencement.

The University follows the OECD Frascati manual definition of **research activity**: "creative work undertaken on a systematic basis in order to increase the stock of knowledge, including knowledge of man, culture and society, and the use of this stock of knowledge to devise new applications". As such this covers activities undertaken by members of staff, postgraduate research students, and both taught postgraduate and undergraduate students working on dissertations/projects.

The individual undertaking the research activity is known as the "principal researcher".

Ethical approval is not required for routine audits, performance reviews, quality assurance studies, testing within normal educational requirements, and literary or artistic criticism.

Please read the notes for guidance before completing ALL sections of the form.

This form must be completed and approved prior to undertaking any research activity. Please see Checklist for details of process for different categories of application.

Delete the Guidance Notes at the end of the form BEFORE submitting your application

SECTION A: About You (Principal Researcher)

1	Full Name:	Mai Taher Faroun			
2	Tick all boxes which apply:	Member of staff:	☐	Honorary research fellow:	☐
3	Undergraduate Student	☐	Taught Postgraduate Student	☒	Postgraduate Research Student
4	Institute/Academic Discipline/Centre:				
5	Campus:	University of Wales Trinity Saint David			
6	E-mail address:	2012476@student.uwtsd.ac.uk			
7	Contact Telephone Number:	07550173448			
For students:					
8	Student Number:	2012476			
9	Programme of Study:	MA Physical Education, Sport & Physical Literacy / MA Outdoor Education			
10	Director of Studies/Supervisor:	Dr Nalda Wainwright Dr Andy Williams			

SECTION B: Approval for Research Activity

1	Has the research activity received approval in principle? (please check the Guidance Notes as to the appropriate approval process for different levels of research by different categories of individual)	YES	☐	NO	☒
					Date
2	If Yes, please indicate source of approval (and date where known): Approval in principle must be obtained from the relevant source prior to seeking ethical approval	Research Degrees Committee	☐		
3		Institute Research Committee	☐		
4		Other (write in)	☐		

SECTION C: Internal and External Ethical Guidance Materials

Please list the core ethical guidance documents that have been referred to during the completion of this form (including any discipline-specific codes of research ethics, and also any specific ethical guidance relating to the proposed methodology). Please tick to confirm that your research proposal adheres to these codes and guidelines.	
1	UWTSD Research Ethics & Integrity Code of Practice ☒
2	UWTSD Research Data Management Policy ☒
3	☐

SECTION D: External Collaborative Research Activity

1	Does the research activity involve collaborators outside of the University?	YES	☐	NO	☒	
2	If Yes, please provide the name of the external organisation and name and contact details for the main contact person and confirmation this person has consented to their personal data being shared as part of this collaboration.					
3	Institution					
4	Contact person name					
5	Contact person e-mail address					
6	Has this individual consented to sharing their details on this form?	YES	☐	NO	☐	
7	Are you in receipt of a KESS scholarship?	YES	☐	NO	☐	
8	Is your research externally funded	YES	☐	NO	☐	
9	Are you specifically employed to undertake this research in either a paid or voluntary capacity?	Voluntary	YES	☐	NO	☐
10		Employed	YES	☐	NO	☐
11	Is the research being undertaken within an existing UWTSD Athrofa Professional Learning Partnership (APLP)	If YES then the permission question below does not need to be answered.	YES	☐	NO	☐
12	Permission to undertake the research has been provided by the partner organisation	(If YES attach copy) If NO the application cannot continue	YES	☐	NO	☐

Where research activity is carried out in collaboration with an external organisation

13	Does this organisation have its own ethics approval system?	YES	☐	NO	☐
14	If Yes, please attach a copy of any final approval (or interim approval) from the organisation				

SECTION E: Details of Research Activity

1	Indicative title:	Patterns and factors associated with self-reported physical activity among University of Wales students		
2	Proposed start date of your research (not your course start date):	01/03/2022	Proposed end date:	30/05/2022
3	Introduction to the Research (maximum 300 words) Ensure that you write for a Non-Specialist Audience when outlining your response to the three points below: • Purpose of Research Activity • Proposed Research Question • Aims of Research Activity • Objectives of Research Activity Demonstrate, briefly, how Existing Research has informed the proposed activity and explain • What the research activity will add to the body of knowledge • How it addresses an area of importance.			
4	Purpose of Research Activity Engagement of university students in physical activities has drastically reduced as compared to before COVID-19 yet the role of physical activities in disease prevention is well documented. The scientific community is not sure of the current patterns and factors associated with physical activity among university students. The proposed study wants to fill this knowledge gap. (this box should expand as you type)			
5	Research Question 1. What are the patterns of physical activities among University of Wales students? 2. What are the socio-demographic determinants of physical activities among University of Wales students? 3. Which motivators and constraints affect the participation of University of Wales students in physical activities? (this box should expand as you type)			
6	Aims of Research Activity To investigate the patterns and factors associated with self-reported physical activity among university of Wales Trinity Saint David students.			

	(this box should expand as you type)
7	Objectives of Research Activity 1. To assess the patterns of physical activities among University of Wales Trinity Saint David students. 2. To understand the socio-demographic determinants of physical activities among University of Wales Trinity Saint David students. 3. To identify motivators and constraints affecting the participation of University of Wales Trinity Saint David students in physical activities. (this box should expand as you type)
8	Proposed methods (maximum 600 words) Provide a brief summary of all the methods that may be used in the research activity, making it clear what specific techniques may be used. If methods other than those listed in this section are deemed appropriate later, additional ethical approval for those methods will be needed.
9	Study design: A cross-sectional study will be conducted via an internet data collection tool deployed on Google forms among university of Wales students. This design is preferred because it is relatively cheap and gives a point in time estimate of the patterns of physical activity among students. Physical activity will be measured by a set of questions adapted from the World Health Organisation Global Physical Activity Questionnaire (Cleland et al., 2014). The scale has been extensively used across world's population and has been validated for use young people. Study setting: The study will be carried out among both undergraduate and postgraduate on-compass students at University of Wales Trinity Saint David. The whole student body is taken as source population from which the sample will be obtained. Sample size: The sample size has been determined by using the formula $[n = [(Za/2)^2 \cdot P(1 - P)]/d^2]$ by considering 95% confidence level, margin of error 5%, and a proportion (p) of 50%. This gives a sample size of 377 students. When a 10% non-response factor is applied, the sample size is 415. Sample selection: Sample selection will be random as long as one is a current student at University of Wales Trinity Saint David. All on-compass students both undergraduate and postgraduate will be eligible for inclusion. Only currently registered students will be eligible for inclusion, both under and graduate students and on-compass students will be included; long distance and online learning modes will be excluded. Data analysis: Results will be presented as frequencies, percentages, means, standard deviations, tables, and graphs. Regression will be used to identify factors associated with physical activity. Multivariable analysis will be used to determine significant predictors of physical activity. All analyses will be performed using SPSS version 22.0 (IBM SPSS Inc., Chicago, IL). Data quality control: The online tool that will be used for data collection is adapted from a standardized Global Physical Activity Questionnaire from the WHO. Skip logic controls will be incorporated to avoid missed questions. Ethical consideration: The intended study will be approved by the ethics board of University of Wales Trinity Saint David. Additionally, informed consent will be sought and obtained before proceeding to the questionnaire. All participants will have a right to withdraw at any time and their privacy will be confidentially kept. Data protection policy: The study will ensure that it gathers, stores, and handles data transparently and with confidentiality. Data shall be stored in an encrypted format that is only accessible by the researcher and it will confirm to the data protection policy of the university. (this box should expand as you type)

10	Location of research activity Identify all locations where research activity will take place.
11	United Kingdom (this box should expand as you type)
12	Research activity outside of the UK If research activity will take place overseas, you are responsible for ensuring that local ethical considerations are complied with and that the relevant permissions are sought. Specify any local guidelines (e.g. from local professional associations/learned societies/universities) that exist and whether these involve any ethical stipulations beyond those usual in the UK (provide details of any licenses or permissions required). Also specify whether there are any specific ethical issues raised by the local context in which the research activity is taking place, for example, particular cultural and/or legal sensitivities or vulnerabilities of participants.
13	 (this box should expand as you type)

14	Use of documentation not in the public domain: Are any documents NOT publicly available?	NO	☒
		YES	☐
15	If Yes, please provide details here of how you will gain access to specific documentation that is not in the public domain and that this is in accordance with prevailing data protection law of the country in question and England and Wales. (this box should expand as you type)		

SECTION F: Scope of Research Activity

1	Will the research activity include:	YES	NO
2	Use of a questionnaire or similar research instrument?	☒	☐
3	Use of interviews?	☐	☒
4	Use of diaries?	☐	☒
5	Participant observation with their knowledge?	☐	☒
6	Participant observation without their knowledge?	☐	☒
7	Use of video or audio recording?	☐	☒
8	Access to personal or confidential information without the participants' specific consent?	☐	☒
9	Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful / offensive?	☐	☒
10	Performance of any acts which may cause embarrassment or affect self-esteem?	☐	☒
11	Investigation of participants involved in illegal activities?	☐	☒
12	Use of procedures that involve deception?	☐	☒
13	Administration of any substance, agent or placebo?	☐	☒

14	Working with live vertebrate animals?	☐	☒
15	Other primary data collection methods, please explain in this box For example, 'focus groups'. Please indicate the type of data collection method(s) in this box and tick the accompany box.	☐	☒
16	Details of any other primary data collection method: (this box should expand as you type)		

If NO to every question, then the research activity is (ethically) low risk and **may** be exempt from **some** of the following sections (please refer to Guidance Notes).

If YES to any question, then no research activity should be undertaken until full ethical approval has been obtained.

SECTION G: Intended Participants

1	Who are the intended participants:	YES	NO
2	Students or staff at the University?	☒	☐
3	Adults (over the age of 18 and competent to give consent)?	☒	☐
4	Vulnerable adults?	☐	☒
5	Children and Young People under the age of 18? (Consent from Parent, Carer or Guardian will be required)	☐	☒
6	Prisoners?	☐	☒
7	Young offenders?	☐	☒
8	Those who could be considered to have a particularly dependent relationship with the investigator or a gatekeeper?	☐	☒
9	People engaged in illegal activities?	☐	☒
10	Others (please identify specifically any group who may be unable to give consent) please indicate here and tick the appropriate box.	☐	☐
11	Other – please indicate here: (this box should expand as you type)		

12	Participant numbers and source Provide an estimate of the expected number of participants. How will you identify participants and how will they be recruited?	
13	How many participants are expected?	415 (this box should expand as you type)

STUDENT FEEDBACK FORM

Generic Assessment Criteria	Marks available	Marks awarded
1. Engagement with Literature Skills		
Demonstrates a critical engagement with relevant literature from the field of study for the topic of research. Demonstrates a critical engagement with relevant literature from the field of research methods.	20	
2. Knowledge and Understanding Skills		
Applies knowledge and understanding from engagement with the literature to be able to show understanding of the research problem that is to be addressed. Demonstrates a clear in depth critical understanding of previous relevant studies and how they relate to and inform the research question, aims and objectives of the study.	20	
3. Cognitive and Intellectual Skills		
Demonstrates in depth consideration of research methodology to inform the choice of research design that is appropriate to address the research question. Demonstrates alignment to the literature and able to support the appropriate choice of methods for the research paradigm adopted in the study.	20	
4. Practical Application Skills		
Demonstrates a critical awareness of how previous research has informed practice in chosen field. Demonstrates a critical understanding of how previous studies have informed practice and what areas of work require more research and as such identifies gaps in the knowledge.	20	
5. Transferable Skills for Life and Professional Practice		

A clear well-structured research proposal showing awareness of issues relevant to your field of work such as ethical considerations and access to participants, safe guarding and management of data. Demonstrates awareness of realistic options for accessing participants and managing the size of the study.	20	

Assessment Mark (Assessment marks are subject to ratification at the Exam Board. These comments and marks are to give feedback on module work and are for guidance only until they are confirmed.)	Late Submission Penalties (tick if appropriate)		%
	Up to 1 week late (50% Max)		
	Over 1 week late (0%)		