

Eight talented archaeology students disagree about the most appropriate excavation strategy at a newly discovered historical site.

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Module: LCLM5006 – Developing Emotional Intelligence Skills

8. Reference

- 1- Goleman (1995)
- 2- Mayer, Salovey and Caruso (2004)
- 3- Gross (1998)

7. Decision Pathway

Different Views →
Respectful Discussion →
Evidence Review → Shared
Strategy → Successful
Fieldwork

2. EI in Teamwork

Self-awareness
Self-regulation
Motivation
Empathy
Social Skills

Leading Archaeological Fieldwork through Emotional Intelligence

1. Introduction

Emotional Intelligence (EI) enables individuals to recognise, understand and regulate emotions. In collaborative archaeology projects, EI supports effective communication, informed decision-making and successful teamwork.

6. Conclusion

Emotional Intelligence transforms disagreement into collaboration and enables better archaeological decision-making.

3. Managing Own Emotions

- Pause before responding.
- Manage stress through reflection.
- Stay objective under pressure.

5. Method / Reflection

Research → Observation →
Reflection → Practical
Application

4. Understanding Others

- Listen actively.
- Respect alternative viewpoints.
- Build trust before making decisions.