

DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

Screenshot/Photo 1



this picturs show a
man have camarea
taking photo

Screenshot/Photo 2



[Insert
Photo/Screenshot
below]

[Write what this
shows of your digital
life]. This photo
show a old playing
football and smiling
you see a happy face

Screenshot/Photo 3

[In



sert

Photo/Screenshot
below]

[Write what this
shows of your digital
life] I see a busy man
working on his
laptop, talking on
phone and a cup of
cooffee ,smart
galasse

Screenshot/Photo 4



[Write what this
shows of your digital
life] I see a man
serving a custmer
cofee With glasses
its look like latté

Screenshot/Photo 5



]Show a woman
drivng a car put on
autonouse drive
moode the car is
bmw

Screenshot/Photo 6



I see a man traveling
happy face going to
boarding with a suit
case

My Short Reflection

- Write 5–8 simple sentences about your digital life.?
 - use my smartphone every day to communicate with friends and family.
 - I check my emails and messages regularly.
 - I use the internet to study and find information for my courses.
 - I watch videos and listen to music online in my free time.
 - You can use the sentence starters below if helpful.?
 - I use my laptop and smartphone every day.
1. Every day, I check my emails and messages.
 2. I often use the internet to study and do my assignments.

Sentence starters

- I use digital tools to ...
 - use my smartphone every day to communicate with friends and family.
-
- I feel confident when I ...
 - I feel confident when I find information online by myself.
-
- I want to improve ...
 - I want to improve my ability to use different software programs.
-
- I often use these tools: ...
 - I use my laptop and smartphone every day. I often use these tools: Microsoft Word, PowerPoint, and Teams.
 - I sometimes feel nervous about
 - I sometimes feel nervous about making mistakes online
-
- I hope this module will help me ...
 - I hope this module will help me learn new software and online tools.

- Digital skills are important for me because ...
- Digital skills are important for me because they help me find information quickly and efficiently.
-

You can write more if you want.

Digital skills are important for me because they help me in my studies, daily life, and future career.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly