



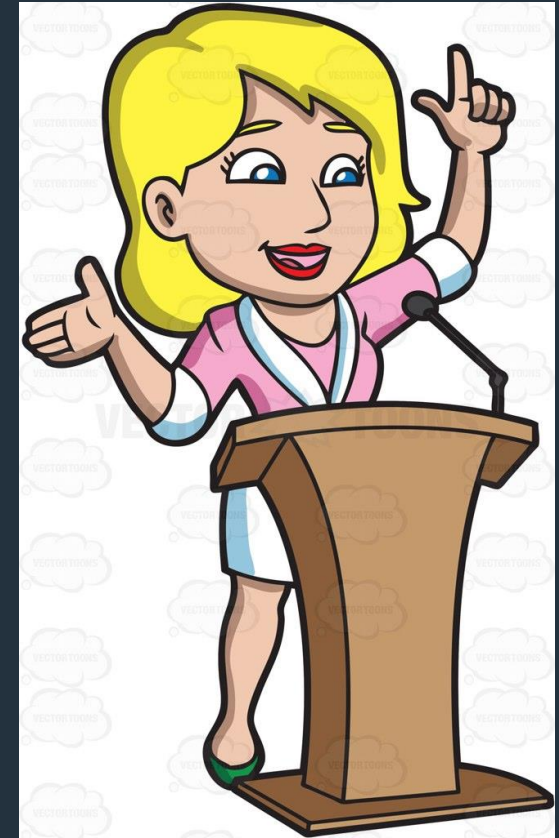
EVIDENCE BASED PRACTICE



Menna Davies

INTRODUCTION

- What is EBP?
- Advantages and Disadvantages
- How EBP has been used in nursing
- How I have used it when in my own practice
- A short clip
- Any questions you might have?



(ClipArtMag, 2022)

WHAT IS EVIDENCE BASED PRACTICE?

A process used to review, analyse and translate the latest scientific evidence

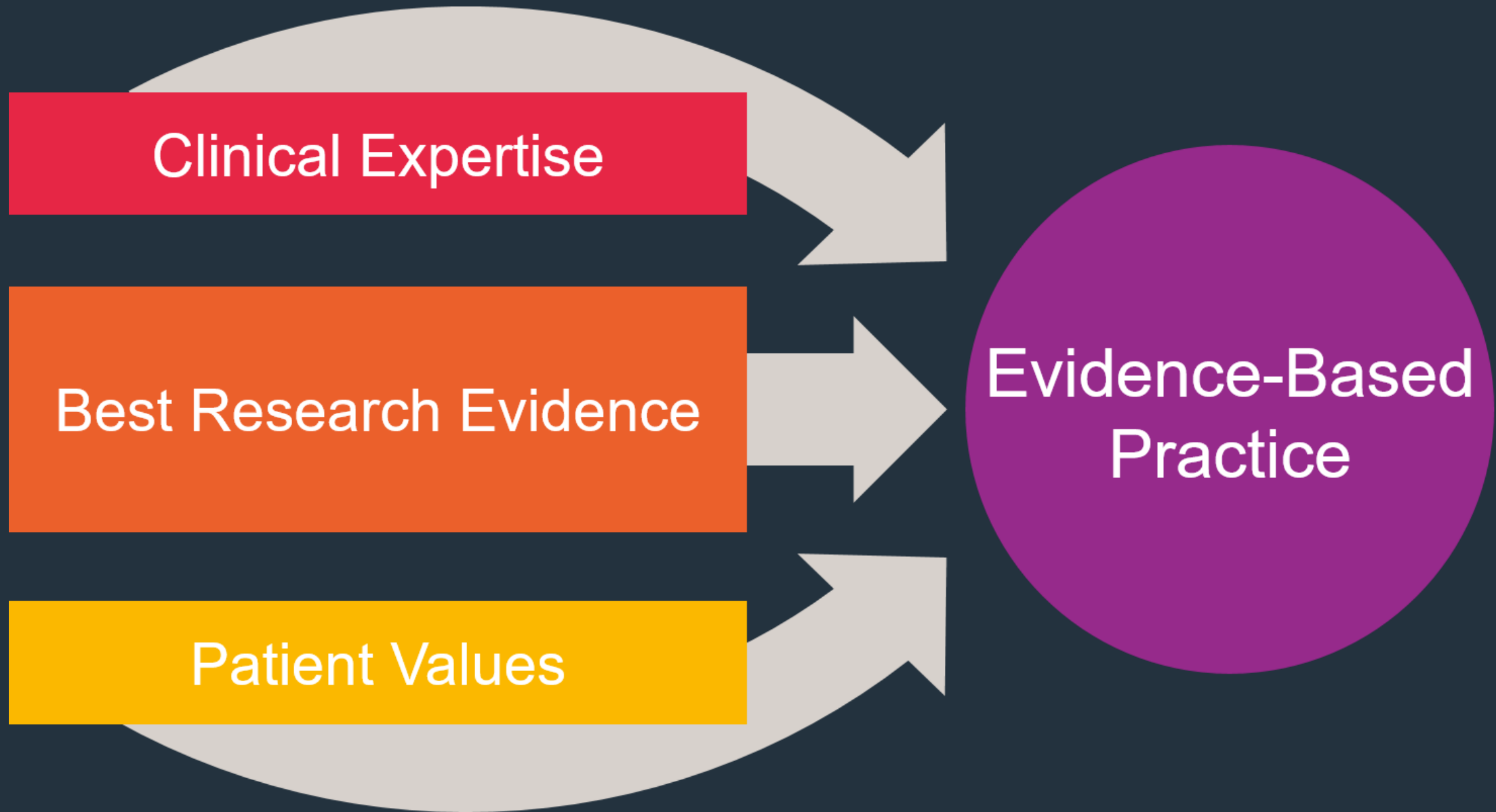
(CIPD, 2022))

It also helps to shift the focus to improving health.

(A, Akhtar. 2021)

It helps to deliver high quality care to individual's

(NICE, 2018)



(The university of Queensland, 2023)

ADVANTAGES AND DISADVANTAGES

3 ADVANTAGES OF EBP

- Helps to reduce medical errors
- Proteomes safety for all patients
- Focuses on Patient- Centred Care

(Akhtar, A. 2021)

3 DISADVANTAGES OF EBP

- Time and money
- Confidentiality
- Limitations for creative solutions

(Whitt, P. 2023)

WHO USES EBP?

Nurses

Doctors

Social workers

Dietitian

Physio

Occupational
therapists

HOW I HAVE USED EBP IN MY PLACE OF WORK



(Loologos, 2023)

HAND WASHING

When there are viruses and diseases on the ward such as:

- MRSA
- Nora virus
- Cdiff (Clostridium difficlile)
- Influenza



(MedicalNewsToday, 2023)

COVID-19

- At this time hand washing was more important than ever, we had to do it constantly to help prevent the spread of the virus.



(The Guardian, 2023)

- Although it was a respiratory illness it still spread fast through germs
- It was proven that hand washing for to 20 seconds can kill the stem of Covid-19 germs

CONCLUSION

- Description of what EBP is
- the advantages and disadvantages
- Who uses it
- How I have use it

THANK YOU! ANY QUESTIONS



(STRUCTURE TECH, 2018)

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