

Inclusion Week 2024



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David



Undeb
Myfyrwyr
PCYDDS

UWTSD
Students'
Union

A week of activities and workshops to celebrate **diversity and inclusion at UWTSD**. Join us for free on-campus and online events.



Monday 15 January

ON-CAMPUS & ONLINE

10:00 - 12:00	Meet Student Services In-person	Just Turn Up
13:00 - 15:00	Meet Student Services Online	BOOK ONLINE 

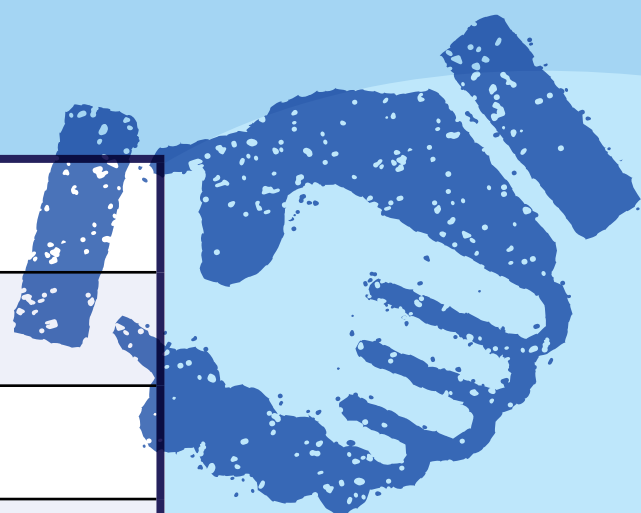
Tuesday 16 January

ON-CAMPUS & ONLINE

10:00 - 12:00	Meet Student Services Online	BOOK ONLINE 
13:00 - 15:00	Meet Student Services In-person	Just Turn Up

Pop-up Locations

Birmingham	Quay Place & Sparkhill
Cardiff	Reception
Carmarthen	Merlin Building
Lampeter	Lloyd Thomas Dining Hall
Swansea	IQ Reception, Business Campus Cafe & Dynevor Cafe



Book Your Place

Sign up for online sessions by clicking the book now button or scanning the QR code.



Wednesday 17 January

Online via Microsoft Teams

12:30	Introduction to PAL: The Benefits of Peer Mentoring	BOOK ONLINE	
13:00	Introduction to SoCom	BOOK ONLINE	
13:30	Introduction to the Well-being Service	BOOK ONLINE	
14:00	Introduction to the Careers Service	BOOK ONLINE	
14:30	Drugs and Alcohol Awareness Workshop with DDAS	BOOK ONLINE	
15:00	Guide on Well-being Apps	BOOK ONLINE	
15:30	Learning Support	BOOK ONLINE	
16:00	Sexual Health & Accessing Services with Brook	BOOK ONLINE	



Thursday 18 January

Online via Microsoft Teams

09:30 - 12:30	Look After Your Mate Workshop	BOOK ONLINE	
10:00 - 11:30	Suicide Awareness Workshop with Papyrus	BOOK ONLINE	
13:30 - 15:00	Overcoming Imposter Syndrome	BOOK ONLINE	
14:00 - 15:00	ADHD Myth Busting	BOOK ONLINE	



Friday 19 January

Online via Microsoft Teams

13:00 - 16:00	Look After Your Mate Workshop	BOOK ONLINE	
14:00 - 15:00	Assistive Technologies - A Beginners Guide	BOOK ONLINE	

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