

**Title: Housekeeping Team Health
and Safety Training**
**Subtitle: Ensuring Safe Practices for
a Healthy Environment**
**Placement Logo : Delta By Marriott
Tudor Park**

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Hotel Placement – Operating Hotel Facilities.

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**Welcome to the
Housekeeping
Team's Health
and Safety
Training!**

**Delta Hotels by Marriott Tudor
Park**



Importance of Health and Safety

➤ Preventing Work-related Injuries

Focusing on health and safety helps reduce the risk of workplace injuries and promotes employee well-being.

➤ Importance of Risk Assessment

Conducting risk assessments is crucial for identifying potential hazards and implementing preventive measures to ensure a safe work environment.

➤ Employee Productivity and Morale

When employees feel safe, they are more likely to be productive and have higher job satisfaction, leading to improved overall morale.



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Understanding Safety Guidelines and Procedures



Record-Keeping

Understanding the importance of maintaining thorough records of safety procedures.



Compliance Standards

Following regulations and standards that govern health and safety procedures.



Emergency Response

Learning the protocol for responding to various emergencies and accidents.

Using Personal Protective Equipment (PPE)



Employee Training and PPE Usage

- ✓ Training employees on the correct usage of PPE is essential for their safety and well-being while performing their duties.



Types of PPE

- ✓ Protective clothing, eyewear, gloves, and masks are examples of essential personal protective equipment used to minimize exposure to workplace hazards.
- ✓ Regular inspection and maintenance of PPE ensures its effectiveness in safeguarding workers from potential risks.



Proper PPE Maintenance

Safe Handling of Chemicals

Proper Storage Procedures

Storing chemicals in suitable containers and designated areas reduces the risk of spills, leaks, and potential exposure to hazardous substances.

Safety Data Sheets (SDS)

Accessing and understanding SDS ensures that employees have the necessary information to handle, use, and dispose of chemicals safely.

Emergency Response Planning

Developing and practicing emergency response plans for chemical spills enhances preparedness and minimizes potential harm to individuals and the environment.



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Proper Lifting and Ergonomics⁺ •

❑ Ergonomic Work Practices

Implementing ergonomic workstations and practices can help reduce the risk of musculoskeletal injuries caused by lifting and repetitive tasks.

❑ Lifting Techniques

Educating employees on proper lifting techniques is essential for preventing strains and injuries during handling heavy objects.

❑ Use of Mechanical Aids

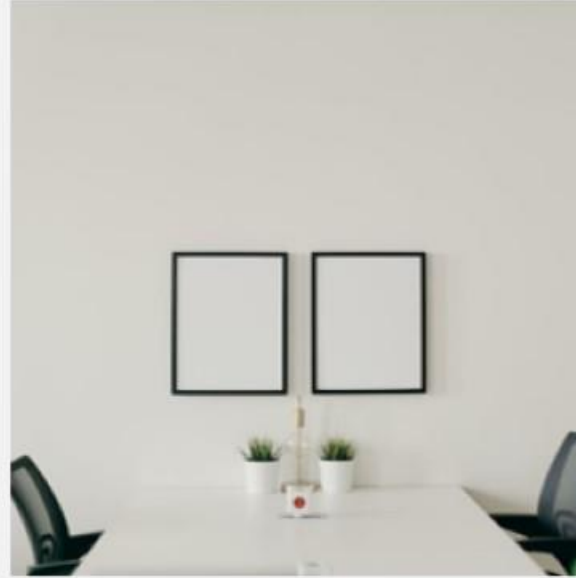
Utilizing mechanical aids such as trolleys, dollies, and lifting equipment can significantly reduce the physical strain associated with heavy lifting.

✓ Housekeeping Best Practices



Promoting Hygiene and Orderliness

Encouraging personal hygiene, tidiness, and cleanliness among employees contributes to a positive and safe workplace culture.



Regular Cleaning and Maintenance

Establishing a routine for cleaning and maintenance helps promote a safe, healthy, and organized work environment.



Proper Waste Management

Appropriate disposal of waste minimizes hazards, contributes to cleanliness, and supports environmental sustainability.

Emergency Procedures

➤ Evacuation Plans

Establishing clear evacuation plans and conducting regular drills is crucial for preparedness in the event of emergencies or disasters.

➤ First Aid Training

Providing employees with first aid training and access to first aid kits ensures prompt and effective response to any workplace injuries or medical emergencies.

➤ Emergency Contact Information

Displaying emergency contact numbers and information in prominent locations helps facilitate quick communication and response during emergencies.

Monitoring and Reporting

➤ Regular Inspections

Conducting routine inspections ensures compliance with safety protocols and facilitates early identification of issues.

➤ Incident Reporting

Prompt reporting of safety incidents allows for timely corrective actions and prevention of future occurrences.



Conclusion

❑ Commitment to Safety

Prioritizing health and safety fosters a culture of well-being and professionalism within the housekeeping team.

❑ Continuous Vigilance

Sustained vigilance and improvement efforts are vital for upholding high health and safety standards in housekeeping operations.

❑ Overall Impact

Effective health and safety measures yield positive outcomes, benefiting both the well-being of employees and the satisfaction of guests.

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