



Prifysgol Cymru
Y Drindod Dewi Sant
University of Wales
Trinity Saint David

Module LCHS4003 Introduction to Health and Social Care

WEEK 1

Module Leader Dr Helen Parsons: h.parsons@uwtsd.ac.uk
Lecturer: [please insert name here]

Trawsnewid Addysg; Trawsnewid Bywydau
Transforming Education; Transforming Lives



www.uwtsd.ac.uk

The background of the image shows a wooden bookshelf filled with numerous books. In the foreground, several books are stacked on a wooden surface. The topmost book is open, showing its pages. Below it, another book is partially visible, and further down, a book with a red cover is seen. The pages of the open book are yellowed with age. The text 'WELCOME' is superimposed in large, bold, yellow capital letters across the upper portion of the image.

WELCOME

Record the Session

Ice Breaker



Today we will...

- Introduce the module contents and setting the context for the teaching sessions.
- Provide an outline of the historical context of the health and social care sector.
- Undertake a group work activity including a group presentation.
- Complete a weekly 'Infoskills Gym' activity.

Aims and Objectives of the session

Aims

- To provide you with an insight to the module and the two assessment components
- To provide you with an historical outline of the health and social care sector and the inception of the NHS.

Objectives

- By the end of the session, you should have an insight of what the module will contain, the teaching strategy and approach.
- You will understand that there are two assessment components
- You should be able to have a broad insight of an historical context of the origins of the health and social care sector and the inception of the NHS.
- You will have completed a group work activity and undertaken a presentation.

Moodle Site Familiarity

All students:-

- to log onto the Moodle site
- to find week 1 teaching session
- to open up the PPP slides for week 1
- to access the reading list and to go to the library site

Session 1

Setting the context for the module

The Module

- This module is aimed at providing you with an insight to the health and social care sector with emphasis on its origins, the range of provision it provides.
- It looks at key concepts around good quality practice principles by which it operates and some of the contemporary ideas relating to quality assurance and ethical practice delivery which govern the sector.

MODULE LEARNING OUTCOMES

Upon the successful completion of this module, students should be able to:

- Explain the health and social care system in the UK, its origin, and different challenges faced by the system.
- Explain the importance of partnership working, effective communication, and record-keeping in health and social care.
- Describe the important legislation and policies of health and social care.

WEEKS	TOPIC AREAS
1	Introduction, learning contract, setting the context, assessment tasks & the learning contract. The origins of health and social care an historical context since 1948.
2	Workshop 1 – C1. The health and social care systems in UK, UK legislation the Care Act 2014, national development for integrated social care.
3	Workshop 2 – C1. The social and medical models of health and social care, regulatory bodies, and governance, collaborative multi-disciplinary working, the importance of partnership working with service users.
4	Exploring different health & social care services, health and social care systems, person centred approaches planning and delivery.
5	Workshop 3 - C1. The Equality Act 2010, promoting equality and diversity. Ethics and Values.
6	The importance of effective communication in the health & social care sector. Communicating with service users.
7	Record-keeping, confidentiality and data protection.
8	Workshop 4 - C2 assignment support. Sources of power and promoting empowerment in the health and social care sector.
9	Workshop 5 . C2 assignment support. Models of assessment.
10	Workshop 6 . C2 final questions on the second assignment. Exploring role of

University's Code of conduct



Learning Contract for the Cohort Learning Community



UNIVERSITY CONTACTS

DEPARTMENT:	WHAT THEY DO:
Reception BirminghamEnquiries@uwtsd.ac.uk 0121 229 3000	• General enquiries • Certificate collection • Transcript collection
Admissions Team BirminghamAdmissions@uwtsd.ac.uk	• Enrolment onto a new programme • Introduce a Friend scheme
Finance FinanceBirmingham@uwtsd.ac.uk	• Student Finance queries • For students paying tuition fees themselves, please email: fees@uwtsd.ac.uk
IT Support BirminghamITServiceDesk@uwtsd.ac.uk	• Student IT account access • Multi-factor Authentication (MFA) • Wi-Fi access • Microsoft Office Support • Hwb app support
Student Services BirminghamStudentServices@uwtsd.ac.uk	• Attendance queries • Applying for an interruption of studies • Letter requests • Pregnancy support • International Students – please email: internationalregistry@uwtsd.ac.uk
Disability Service Disability.Birmingham@uwtsd.ac.uk	• Advice and guidance • Disabled students' allowance (DSA) • Implementation of adjustments

Indicative Reading List

- Glasby, J. (2017) Understanding health and social care (3rd edition) Bristol: The Policy Press.
- Chambers, D. , Cantrell, A. and Booth, A. (2021) Rapid evidence review : challenges to implementing digital and data-driven technologies in health and social care. Report. The University of Sheffield , Sheffield.
- Glasby, J. & Dickinson, H. (2014) Partnership working in health and social care: what is integrated care and how can we deliver it? Bristol: The Policy Press.

Essential Reading List

Introduction to Health and Social Care (LCHS4003_BIRM)

Published

LCHS4003_BIR...

List info



Important message

To access the full functionality of resource lists please ensure that you are logged in. To login click on 'Guest' in the top right hand corner and select login from the menu, enter your U

+ Add

Manage sections

Filter

Search by title, author, or other item details



Close

Expanded view

Essential reading (10)

Material which is an essential part of the course and students are expected to draw on as a core part of their learning. Must be available from the library and should be available online.



Understanding health and social care

E-book | Glasby, Jon., Third edition, Bristol, UK :, Policy Press, 2017., Total pages 1 online resource (xl, 220 pages) :

Essential

View online



Health Promotion in Health Care - Vital Theories and Research

Book | Haugan, Gørill.; Eriksson, Monica., 1st ed. 2021., Cham :, Springer Nature; Springer International Publishing : Imprint Springer, 2021, Total pages 1 online resource (XVI, 380 p. 35 illus., 30 illus. in color.)

Full details



Essential

View online



Partnership working in health and social care : what is integrated care and how can we deliver it?

Book | Glasby, Jon., Dickinson, Helen., Second edition., Bristol, England ; Chicago, Illinois :, Bristol, England ; Chicago, Illinois :, Policy Press, 2014., Total pages 1 online resource (128 pages) :

Essential

View online

Available at Swansea Business Campus Library Main Collection A - Items unavailable until 15/09/2025: 362.1
GLA



Key themes in health and social care : a companion to learning

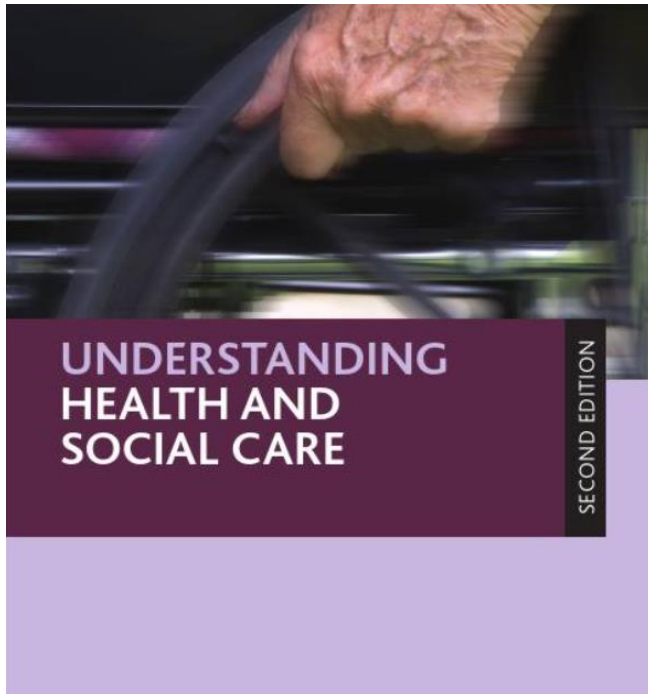
Book | Barnard, Adam., 2nd edition., Abingdon, Oxon ; New York, NY :, Abingdon, Oxon ; New York, NY :, Routledge, 2023., Total pages 1 online resource.

View online

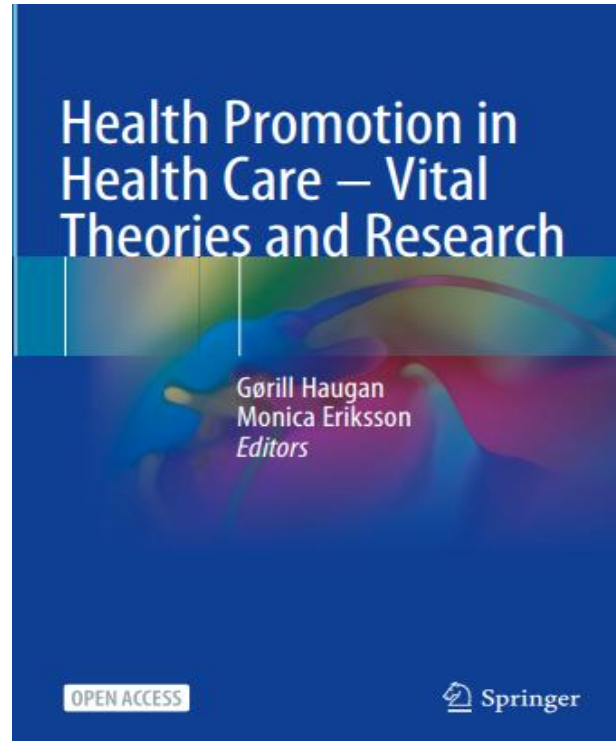
Available at Swansea Business Campus Library Main Collection A - Items unavailable until 15/09/2025: 362.1
KEY

<https://eu.alma.exlibrisgroup.com/leganto/nui/lists/7942988300002421?auth=SAML>

Glasby (2012) & Haugan & Eriksson (2021)



Jon Glasby



<https://ebookcentral.proquest.com/lib/trinity/home.action>

SCROLL DOWN PAGE TO LOG IN for FULL ACCESS

Bright Open Spaces to Suit Your Learning

Our libraries offer bright, open spaces with a wide range of facilities and study areas, designed to suit all learning styles. We offer collections developed to reflect the research and teaching of academic departments, a vast array of electronic resources, and support from expert staff.

We offer digital and print collections, Online Resource Lists, InfoSkills and Digital Skills training, learning spaces, and online and face-to-face support from our knowledgeable and friendly staff. We hope that being part of the Library inspires you, empowers you and supports you in achieving your goals and objectives. Our staff are here to help, whether that's in person at the Help Desk or via email, phone, Twitter or Facebook. We value your feedback, so please do not hesitate to contact the library team if there is anything we can do to improve the services we offer you.

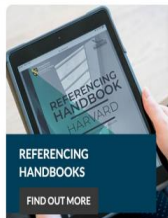
[Library Chat](#)

[Login to my library account](#)

Student Essentials and Support

Student Essentials: Support for students

<https://uwtsd.ac.uk/library/student-essentials/>



Academic Liaison Librarians

Birmingham birminghamlibrary@uwtsd.ac.uk

Doreen McLeary d.mcleary@uwtsd.ac.uk

Student Essentials: Support for students

<https://uwtsd.ac.uk/library/student-essentials/>

▪ InfoSkills Programme

<https://uwtsd.ac.uk/library/infoskills/>

▪ Referencing Handbooks: Harvard or IEEE (Cloud)

<https://uwtsd.ac.uk/library/student-essentials/referencing-handbooks/>

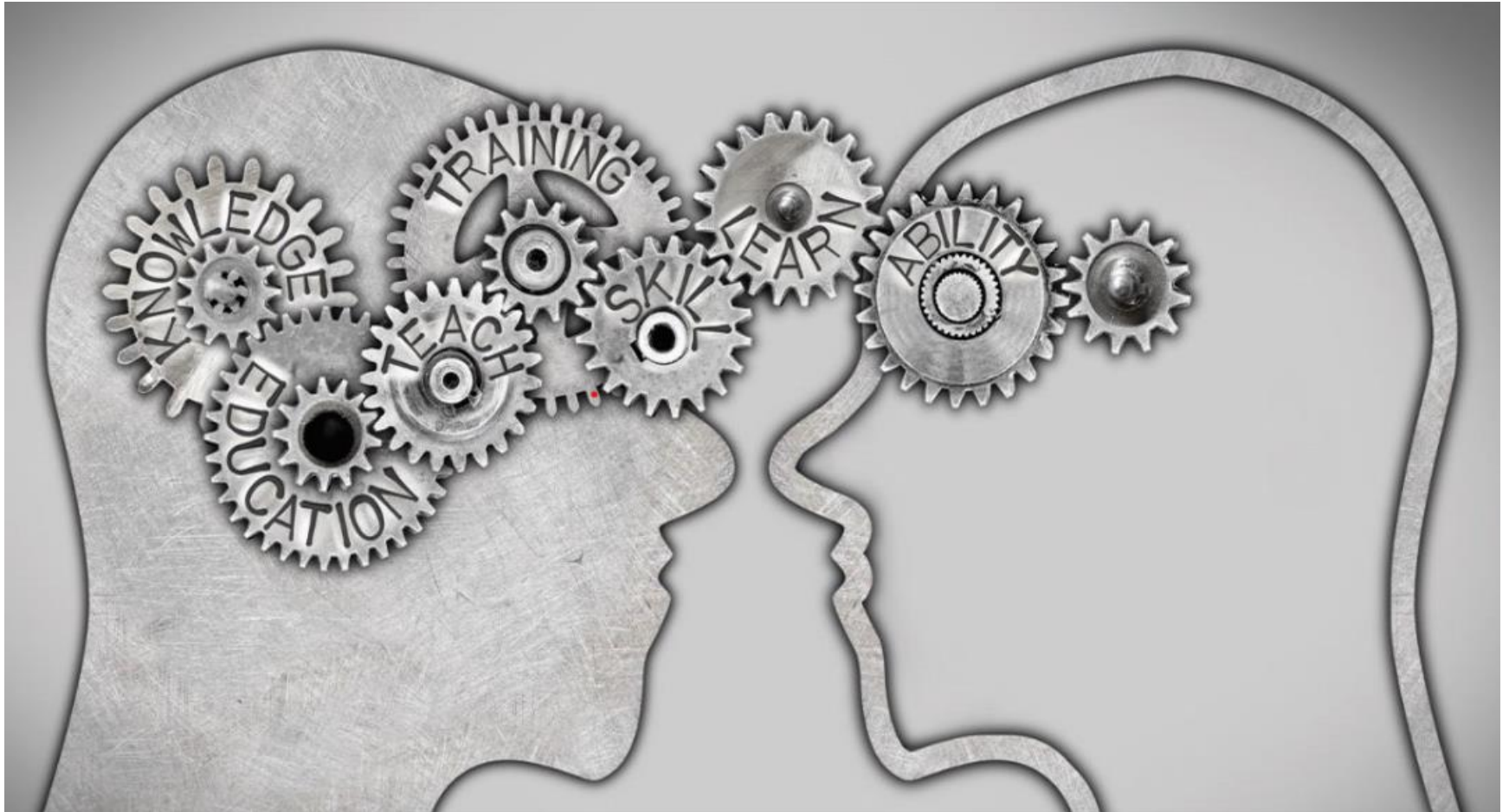
▪ RefWorks (register for accounts)

<https://uwtsd.ac.uk/library/student-essentials/refworks/>

▪ Online Resource Lists (alternative access)

<https://uwtsd.ac.uk/library/student-essentials/online-resource-lists/>

Learning & Working Together



Assessment Tasks

Component 1

- Portfolio
- 2 tasks
- Task 1: mini report (750 words)
- Task 2: essay (750 words)
- 50% weighting

Component 2

- Coursework – written assignment
- 1.500 words (+/- 10%)
- 50% weighting

Refreshment Break

Session 2

Presentation of Ideas

Setting the NHS and Social Care into an historical context

The context of the health and social care sector

- **The context of the health and social care sector**
- **The 2nd World War**
- **Labour Reforms**
- **The birth of the NHS**
- **Read contents of pages 13 to 36 in Glasby (2012)**
- **Haugan & Eriksson (2021)
Chapter 6**

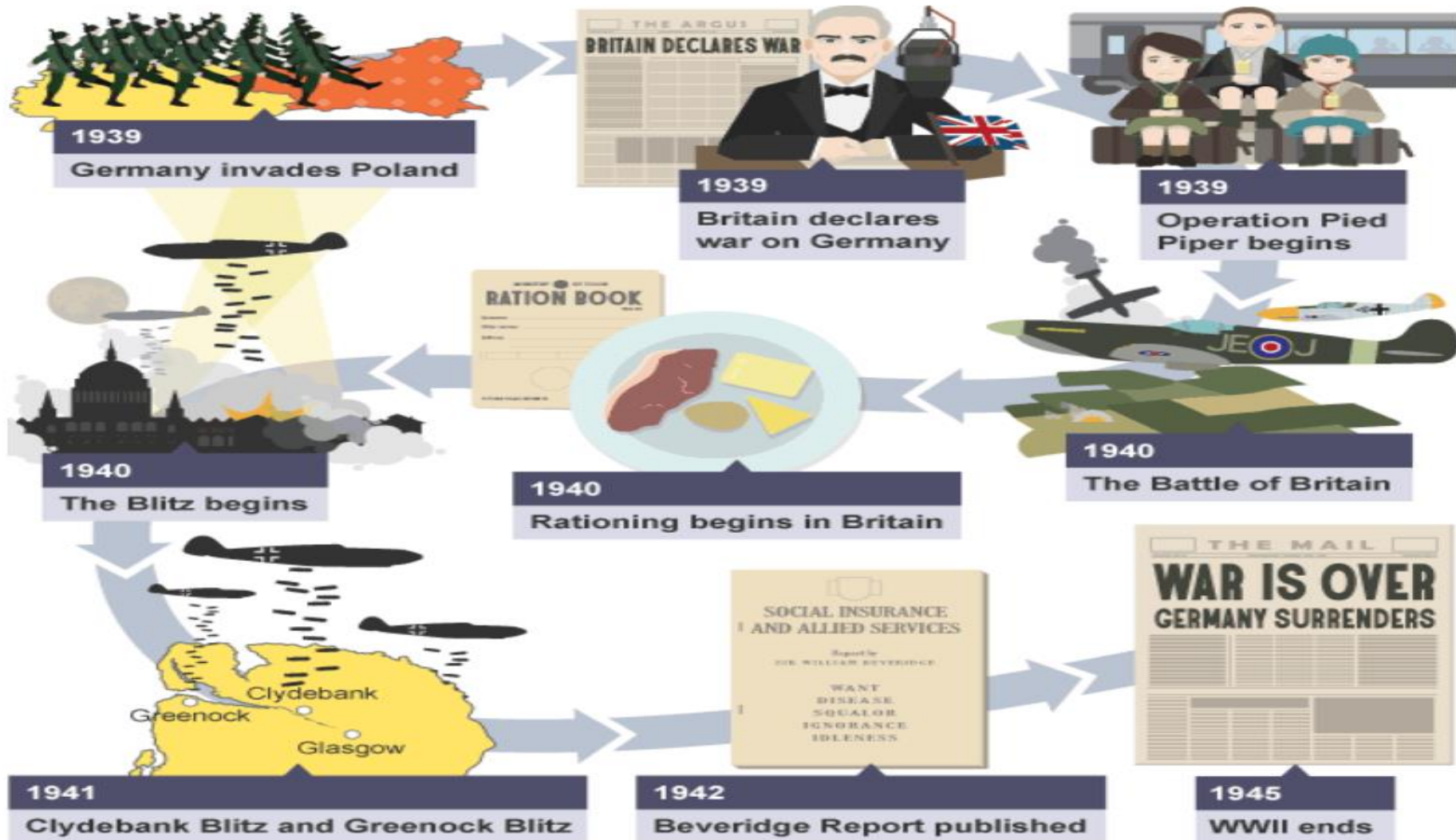
The Context

- “More than any other area of the welfare state, UK health and social care are big business and are everybody’s business” (Glasby, 2012, p.2).
- As a result, the health and social care sector is a key aspect of our lives (Glasby, 2012).
- A national institution - NHS – aims “to deliver a world-class health service for all” (Glasby, 2012, p.2).

The social impact of World War II in Britain

Social impact of World War Two in Britain

Some of the main events of World War Two in Britain.



During the 2nd World War Period



Rationing

Rationing

Britain is an island and by the outbreak of World War Two, it did not have enough farmland to sustain its increased population.

The problem was solved by importing a great deal of goods from the British Empire.

The German Government tried to disrupt delivery of goods by sea to Britain.

The Battle of the Atlantic saw the destruction of many British merchant ships by German U-boats.

In order to cope with reduced supplies, in 1940 the Government introduced a number of measures:

- The Government organised the rationing of foodstuffs, clothing and fuel during the war.
- The price of restaurant meals was limited.
- Extra milk and meals were provided for expectant mothers and children.



Rationed foods during World War Two

[Rationing - Social Impact of WWII in Britain - National 5 History Revision - BBC Bitesize](#)

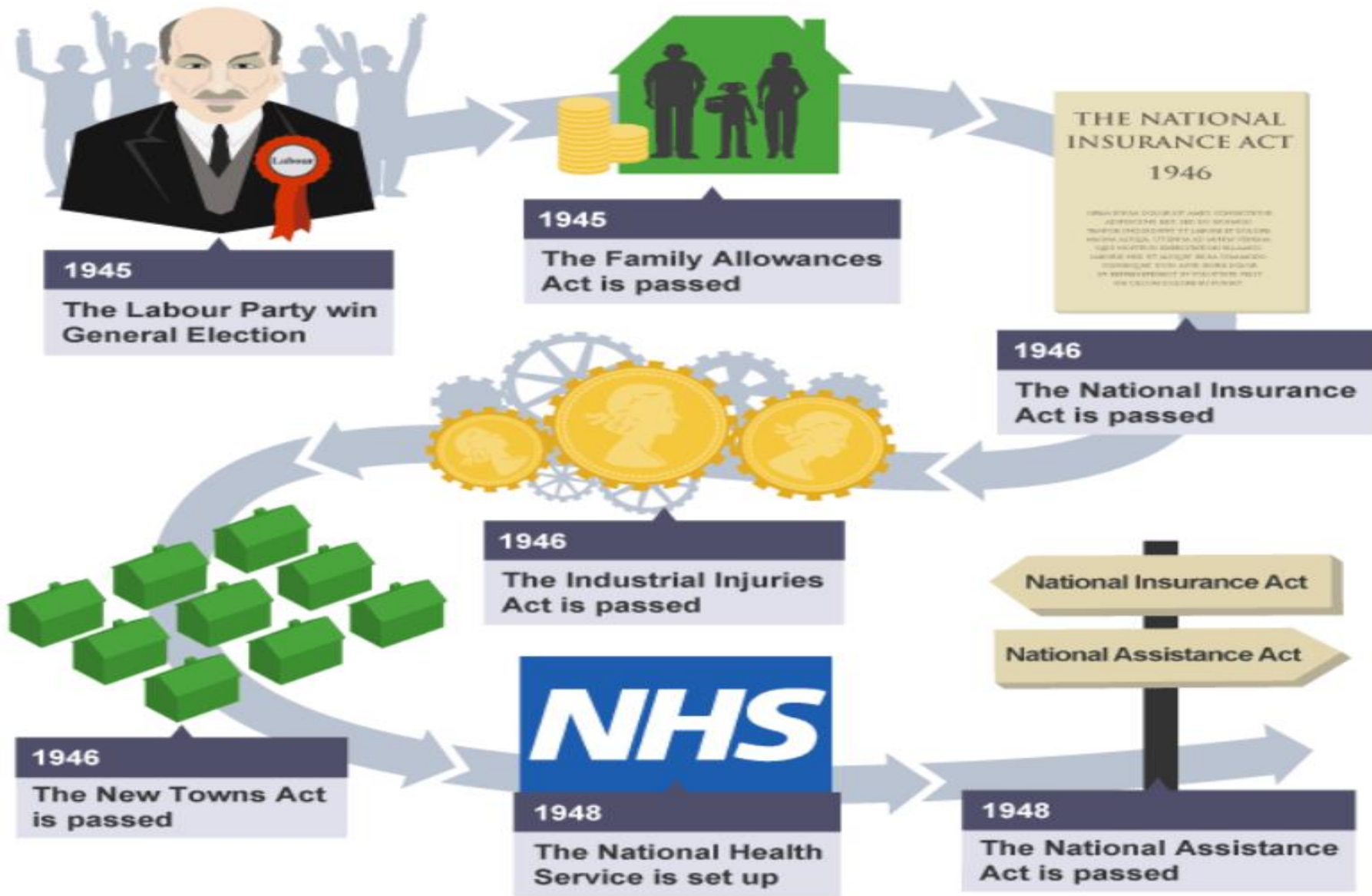
Key Individuals and Developments following the War



Clement Attlee Leader of the Labour Party in 1945



Aneurin Bevan Minister for Health in 1945 to 1951



Reforms to address disease

National Health Service Act 1948

The successes of this were:

- the National Health Service (NHS) was established in 1948 - it provided free access to doctors, dentists, opticians and hospitals
- doctors, dentists and opticians were inundated with patients queuing up for treatment that they had previously been unable to afford

The limitations of this were:

- prescriptions rose from 7 million per month before the NHS to 13.5 million per month in September 1948
- by 1950 the NHS was costing £358 million per year
- the Government had to backtrack on its principle of a free service, by introducing charges for spectacles and dental treatment

Labour Reforms - The Welfare State

1945-1951

- After World War II the Labour Government introduced reforms to establish the Welfare State.
- The term “from cradle to grave” or “from birth to death” became the core driving force for which the new government took responsibility for in the lives of British citizens.
- These tackled ‘Five Giants’ described in the Beveridge Report. These included disease, want, squalor, ignorance and idleness. Good weblinks:
 - [History of Clement Attlee - GOV.UK \(www.gov.uk\)](http://www.gov.uk)
 - [The election - Labour Reforms - The Welfare State 1945-1951 - National 5 History Revision - BBC Bitesize](#)

Beveridge and the Five Giants

The Beveridge Report – in 1941, the Liberal politician William Beveridge set out to discover what kind of Britain people wanted to see after the war. His report, officially entitled *Social Insurance and Allied Services*, was a key part of the plans to rebuild and improve Britain after the war had ended.

The Five Giants – the governments committee, led by Beveridge, identified five major problems which prevented people from bettering themselves. These were known as the Five Giants.

1. want (caused by poverty).
2. ignorance (caused by a lack of education).
3. squalor (caused by poor housing).
4. idleness (caused by a lack of jobs, or the ability to gain employment).
5. disease (caused by inadequate health care provision).

The NHS Summary

- The NHS came into existence in 1948 following the aftermath of World War II.
- It promised free health care at the point of need for everyone.
- The NHS has changed a lot over the years since its inception.
- Citizens expect a lot from it today since it came into operation..
- Changes in medical advances has made a huge difference in how individuals are treated and supported in the health care section and afterwards in the social care sector.
- Changes in expectations has made the NHS become more accountable.
- The overall value base of 'care, free for all' is the most distinctive component of the NHS.

The Welfare State



InfoSkills Gym

Build up your academic skill base

- Access Academic & Infoskill via Moodle
- Enrol if you have not already
- Week 1:
Referencing Unit 1: Academic Integrity & Avoiding Plagiarism

15 minutes individual activity

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1822 - 2022

Academic and InfoSkills

Mae'r modiwl hwn hefyd ar gael yn Gymraeg [Cymraeg](#)

Our Skills programme is designed to create opportunities for students to develop their transferable academic and information skills, facilitating both their academic success and employability. The curriculum covers a wide range of topics – from finding library resources to fake news to managing your online presence.

Our team of Academic Liaison Librarians have developed a series of online Units that allow you to develop your skills anywhere, anytime, to suit you. Click the tiles below to get started:

Overall progress % 0

- Finding and Using Information
Progress: 0 / 12
- Referencing
Progress: 0 / 7
- Researchers
Progress: 0 / 3
- Generative AI
Progress: 0 / 2

Refreshment Break

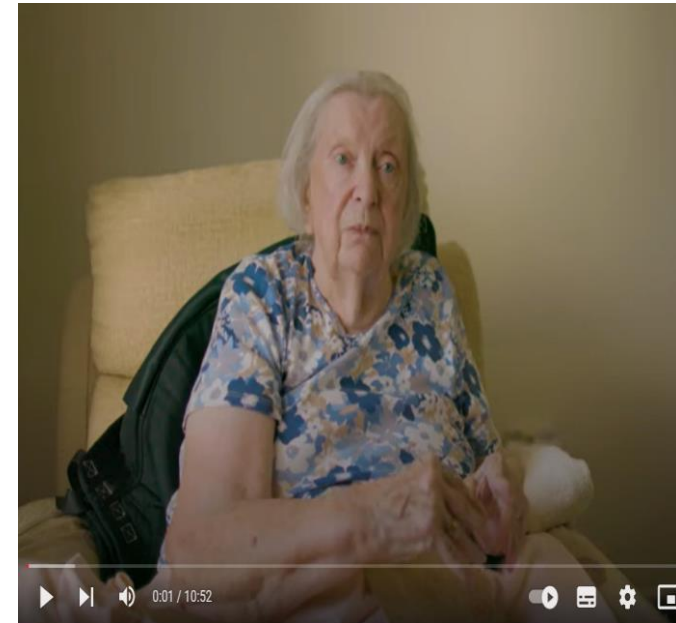
Session 3

Group Work Activities



Watch Video – “I Was There”

- [\(557\) Living On Rations In The Second World War | WW2: I Was There - YouTube](#)
- ‘I Was There’: An 11 minute video from the an original series from BBC Studios.
- The series portrays first-hand testimonies from pivotal moments in WWII, as well as detailed accounts of the everyday life of the soldiers, civilians and children of the time.
- Memories worth sharing.
- Note down the key points in your groups to present back in session 4.
- Compare your ideas to how things are today in the health and social care sector and within and wider society.



#WW2 #IWasThere #WorldWar2
Living On Rations In The Second World War | WW2: I Was There

Watch Video – “Explore careers: domiciliary care worker”

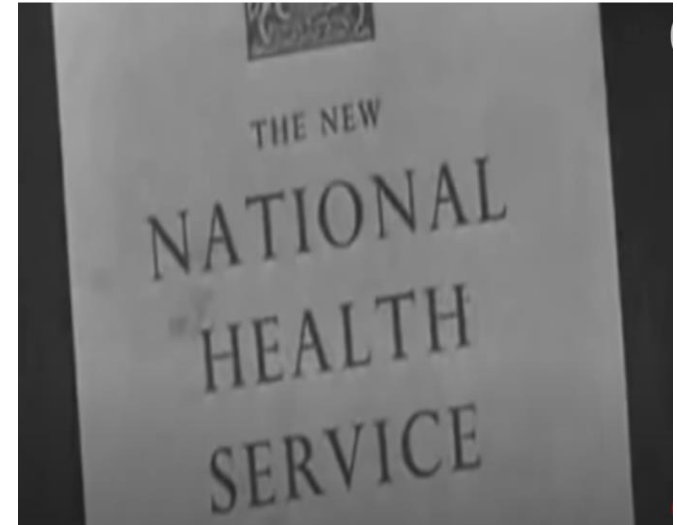
- [Explore careers: domiciliary care worker - YouTube](#)
- This isn't just a job, it's a career". Find out what Lucy thinks about her role as a care worker in the community and the benefits this rewarding career can bring.
- Lucy is sharing some of her experiences of her role.
- Note down the key points in your groups to present back in session 4.
- Compare your ideas to how things are today in this role within the health and social care sector and within and wider society.



Watch Video – “NHS at 70: A timeline of the National Health Service and its crisis ”

[NHS at 70: A timeline of the National Health Service and its crisis – YouTube](#)

- Independent's health correspondent Alex Matthew-King takes a look at the 70-year history of the UK's National Health Service, ranging from its inception to its current crisis.
- Note down the key points in your groups to present back in session 4.
- Compare your ideas to how things are today in this role within the health and social care sector and within and wider society.



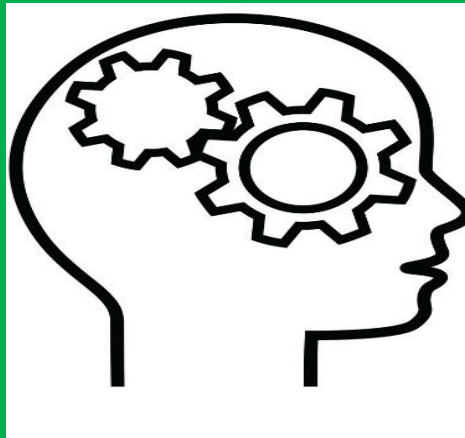
- **Diabetes**
- **COPD**
- **Blood pressure**

Session 4

Group Presentations

Session 5

Recap and Reflection Point



Never
stop learning,
because life never
stops teaching.



Questions?



THANK
YOU

DIOLCH

References

- Chambers, D. , Cantrell, A. and Booth, A. (2021) **Rapid evidence review : challenges to implementing digital and data-driven technologies in health and social care. Report.** The University of Sheffield , Sheffield.
- Getty Images, [photostorm](#) (accessed 2 May 2023).
- Glasby, J. (2012) **Understanding health and social care** (2rd edition) Bristol: The Policy Press.
- Glasby, J. (2017) **Understanding health and social care** (3rd edition) Bristol: The Policy Press.
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- Haugan, G. & Eriksson, M. (2021) **Health Promotion in Health Care – Vital Theories and Research.** Switzerland: Springer.
- [Healthcare UK - GOV.UK \(www.gov.uk\)](#) (Access 7th August 2022)
- [History of Clement Attlee - GOV.UK \(www.gov.uk\)](#) (Access 7th August 2022)
- [\(557\) Living On Rations In The Second World War | WW2: I Was There – YouTube](#) (Access August 2022)
- Leathard, A. and McLaren, S. (2007). **Ethics: Contemporary challenges in health and social care (Ed).** Bristol: Bristol University Press.
- Lee, E. (2021) **Effective Communication in Health and Social Care.** [Effective Communication In Health & Social Care | Techniques, Tips \(cpdonline.co.uk\)](#) (7th September 2022)
- [The election - Labour Reforms - The Welfare State 1945-1951 - National 5 History Revision - BBC Bitesize](#) (Access 14th August 2022)