

TOPIC

PLANNING FOR MY PROFESSIONAL WITHIN THE HEALTH AND SOCIAL SECTOR

PRESENTATION

STUDENT NAME: OMOLOLA SONOLA

MODULE: PROFESSIONAL CAREER
DEVELOPMENT

MODULE CODE: LCHS4009 (LON)

ASSIGNMENT NO: ASSIGNMENT 1

STUDENT ID: 2423672

LECTURER: ARIF AHMED

Acknowledge use of AI

I confirm that I have used AI tools to source images and for proofreading this work for Grammarly check. I confirm that I have not presented any AI generated materials as my own work.

I confirm I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence.

Overview

INTRODUCTION

My solid professional background allows me to take advantage of a variety of opportunities, maintain long term success and enhance time management.

CONCLUSION

REFERENCES

Introduction

My name is Omolola Sonola. I am a Health care Assistant, and my future career is to become a Care Manager in a home for Elderly people.

This presentation is about how my SWOT Analysis which will enable me to perform better and manage anything that might obstruct my progress.

WHAT IS SWOT ANALYSIS AND WHY IS IT IMPORTANT TO MY PERSONAL AND PROFESSIONAL DEVELOPMENT

SWOT stands for (strengths, weakness, opportunities and threats) This Analysis has long been employed to evaluate capabilities as a strategic planning tool (Cheng, en tel 2021).

SWOT is important because it helps me to make decisions, setting my goals and enables adaptability (Ghaleb, 2024)

MY SWOT ANALYSIS

STRENGTH

WORK EXPERIENCE- Is a great asset for carers.

EDUCATION- Can make a big difference in the quality of care

PATIENCE- Carer tasks always involves repetition, so patience is important.

OPPORTUNITIES

INCREASE DEMAND FOR CARE SERVICE- As the population ages and life expectancies rise, there are many job options.

DIVERSE WORK SETTINGS- I can gain employment in hospitals, assisted living facilities and all offer opportunities.

FURTHER EDUCATION OPPORTUNITIES- Level 5

WEAKNESSES

OVER INVOLVEMENT- When you are emotionally invested that it affects my objectivity or personal life.

TIME MANAGEMENT – That is when multitasking becomes overwhelming without adequate planning skills.

LACK OF CONFIDENCE

THREATS

PHYSICAL BURNOUT- Emotionally demanding task, long hours and physically demanding job.

LOW PAY AND LIMITED RECOGNITION- Even though our labour is vital, many carers are still underpaid and unrecognised by society.

How to leverage my Strengths to overcome my Weaknesses and minimise Threats

In my professional experience, I have dealt with real-life stress in assisted living facilities, where we frequently juggle several tasks like emotional support ,medication and personal hygiene. With this exposure I have adjusted to better time management and less burnout.

What opportunities are available to me, and how do you utilise them with your strength?

Opportunities

- .Diverse work setting

- .Increase Demand for care service

- .Further Education Opportunities

As my STRENGTH in Education and having work Experience gives me a better chance to utilise my opportunities.



CONCLUSION

This SWOT analysis emphasizes how critical it is to capitalize on chances and strengths while proactively resolving weaknesses and reducing threats.

REFERENCE

- Carelearning. Organise.uk/blog/feedback-and-Improvement/how-to-use-a-SWOT-analysis-in-health-and-social-care
- Cheng, L.C., Chen, K., Lee, M.C. and Li, K.M., 2021. User-Defined SWOT analysis—A change mining perspective on user-generated content. *Information Processing & Management*, 58(5), p.102613.
- Ghaleb, (2024). International Journal of Asian Business and Management (IJABM) Vol.3, No.4, 2024