

Bullying is Bad.

We are all DIFFERENT

“Bullying affects lots of people and can happen anywhere: at school, travelling to and from school, in sporting teams, friendships, and family groups”. “

(family lives, Dec 2019)

The effects of bullying can be:-

Loneliness, Anxiety, Suicidal thoughts, Low self-esteem, Withdrawn, Angry, Depressed or Sad.

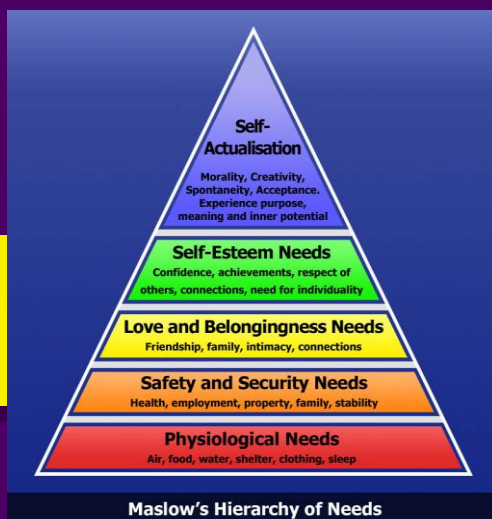


www.bullying.co.uk (No date)

Types of Bullying:- Indirect bullying, Physical, Cyber, Social, Mental, Threatening behaviour, Verbal.

Bullying Interventions and who can help me?

Parents,
Schools – school policies,
Friends,
Welsh Government,
UNCRC,



- ❖ Be kind to others.
- ❖ Say nice words.
- ❖ Bullying does not help anyone.
- ❖ Stand up for others.

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Images

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