

Understanding Trauma and the Mental Health Needs of the Child (ECCY7007)

Module Lead: Karen Eaton-Thomas

Session s	Lecture Themes	Additional Online engagement activities/key readings
Session One	ACEs 1. What are ACEs, and what is the contemporary discourse around this theme? 2. Attachment What is attachment theory, and what is the contemporary discourse around this theory?	Reading, Video and Podcast 1. Ashton, Bellis, M., & Hughes, K. (2016). Adverse childhood experiences and their association with health-harming behaviours and mental wellbeing in the Welsh adult population: a national cross-sectional survey. The Lancet (British Edition), 388, S21–S21. https://doi.org/10.1016/S0140-6736(16)32257-7 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_journals_1846738521 2. Evans, Hardcastle, K., Bandyopadhyay, A., Farewell, D., John, A., Lyons, R. A., Long, S., Bellis, M. A., & Paranjothy, S. (2020). Adverse childhood experiences during childhood and academic attainment at age 7 and 11 years: an electronic birth cohort study. Public Health (London), 189, 37–47. https://doi.org/10.1016/j.puhe.2020.08.027 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_miscellaneous_2457970234 3. Blodgett, & Lanigan, J. D. (2018). The Association Between Adverse Childhood Experience (ACE) and School Success in Elementary School Children. School Psychology Quarterly, 33(1), 137–146. https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_miscellaneous_2023409442

4. **Felitti, Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., Koss, M. P., & Marks, J. S. (1998).** Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults: The Adverse Childhood Experiences (ACE) Study. *American Journal of Preventive Medicine*, 14(4), 245–258. [https://doi.org/10.1016/S0749-3797\(98\)00017-8](https://doi.org/10.1016/S0749-3797(98)00017-8)
https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_miscellaneous_79953781
5. **Podcast:** [BBC Radio 4 - Unhappy Child, Unhealthy Adult](#)
6. **Gerhardt. (2015).** Why love matters : how affection shapes a baby's brain (Second edition.). Routledge, Taylor & Francis Group.
https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1pbrh66/alma99100499199802421 **You aren't expected to read the whole book! But I'd like you to know about it and look over it when you can.**
7. **Zeanah, Berlin, L. J., & Boris, N. W. (2011).** Practitioner Review: Clinical applications of attachment theory and research for infants and young children. *Journal of Child Psychology and Psychiatry*, 52(8), 819–833.
<https://doi.org/10.1111/j.1469-7610.2011.02399.x>
https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_pubmedcentral_primary_oai_pubmedcentral_nih_gov_3670111
8. **Wilson-Ali, & Knaus, M. (2019).** Multiple perspectives on attachment theory : Investigating educators' knowledge and understanding. *Australasian Journal of Early Childhood*, 44(3), 215–229. <https://doi.org/10.1177/1836939119855214>
https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_gale_infotrasmisc_A602243492
9. **Harlow. (2021).** Attachment theory: developments, debates and recent applications in social work, social care and education. *Journal of Social Work*

		Practice, 35(1), 79–91. https://doi.org/10.1080/02650533.2019.1700493 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_journals_2489964718
Session Two	1. What does Trauma-Informed mean? 2. What is Trauma?	1. SAMHSA's Concept of Trauma and Guidance for a Trauma-Informed Approach https://store.samhsa.gov/product/SAMHSA-s-Concept-of-Trauma-and-Guidance-for-a-Trauma-Informed-Approach/SMA14-4884 2. Trauma-Informed Wales Trauma-Informed-Wales-Framework.pdf (traumaframeworkcymru.com) 3. Video: American Academy of Pediatrics (Producer), & . (2014). Trauma Informed Practice: Working With Youth Who Have Suffered Adverse Experiences. [Video/DVD] American Academy of Pediatrics. Retrieved from https://video.alexanderstreet.com/watch/trauma-informed-practice-working-with-youth-who-have-suffered-adverse-experiences 4. Berger, & Martin, K. (2021). Embedding trauma-informed practice within the education sector. Journal of Community & Applied Social Psychology, 31(2), 223–227. https://doi.org/10.1002/casp.2494 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_journals_2494812822 5. Video: The Fight, Flight, Freeze response: The Fight Flight Freeze Response - YouTube 6. It's so much more than just 'fight or flight' – PTSD UK (Introduction to Trauma responses) 7. Holochwost, Wang, G., Kolacz, J., Mills-Koonce, W. R., Klika, J. B., & Jaffee, S. R. (2021). The neurophysiological embedding of child maltreatment. Development and Psychopathology, 33(3), 1107–1137. https://doi.org/10.1017/S0954579420000383

		https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/11c0l68/alma99100546327302421 6. Bessell. (2022). The impacts of COVID-19 on children in Australia: deepening poverty and inequality. <i>Children's Geographies</i>, 20(4), 448–458. https://doi.org/10.1080/14733285.2021.1902943 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_proquest_journals_2699560431 7. Video: Britain's Poorest Kids. An emotional documentary about the experience of four young children living below the poverty (Themes of self-harm and suicide). Britain's poorest kids
Session Four	Trauma in CYP: Parental Mental Health	1. Kamis, C. (2021). The Long-Term Impact of Parental Mental Health on Children's Distress Trajectories in Adulthood. <i>Society and Mental Health</i>, 11(1), 54–68. https://doi.org/10.1177/2156869320912520 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_unpaywall_primary_10_1177_2156869320912520 2. Simpson-Adkins, G. J., & Daiches, A. (2018). How Do Children Make Sense of their Parent's Mental Health Difficulties: A Meta-Synthesis. <i>Journal of Child and Family Studies</i>, 27(9), 2705–2716. https://doi.org/10.1007/s10826-018-1112-6 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_unpaywall_primary_10_1007_s10826_018_1112_6 3. Rahmani, F., Roshanghar, F., Gholizadeh, L., & Dickens, G. L. (2022). Caregiver or care receiver: Adolescents' experience of caregiving to a parent with severe mental illness: A qualitative study. <i>Child & Family Social Work</i>, 27(4), 795–804. https://doi.org/10.1111/cfs.12926

**Self-Care and
Professional Boundaries**

- https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_pr_oquest_journals_2721677295
4. **Davies, G., Deane, F., Williams, V., & Giles, C. (2022).** Barriers, facilitators and interventions to support help-seeking amongst young people living in families impacted by parental mental illness: A systematized review. *Early Intervention in Psychiatry*, 16(5), 469–480. <https://doi.org/10.1111/eip.13194>
https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/1ir6fgh/cdi_pr_oquest_miscellaneous_2551209506
 5. **Howard, A. R. H., Parris, S., Hall, J. S., Call, C. D., Razuri, E. B., Purvis, K. B., & Cross, D. R. (2015).** An examination of the relationships between professional quality of life, adverse childhood experiences, resilience, and work environment in a sample of human service providers. *Children and Youth Services Review*, 57, 141-148.
<https://doi.org/10.1016/j.chilyouth.2015.08.003>
 6. **Mercer, L., Cookson, A., Simpson-Adkins, G., & van Vuuren, J. (2023).** Prevalence of adverse childhood experiences and associations with personal and professional factors in health and social care workers: A systematic review. *Psychological trauma: theory, research, practice, and policy*
<https://doi.org/10.1037/tra0001506>
 7. **Dickerson, E., & Smout, M. F. (2018).** Is the Wounded Healer or the Psychologically Inflexible Healer in Undergraduate Psychology and Social Work Programs More Emphatic or Willing to Violate Professional Boundaries?. *Australian J. Clinical Educ.*, 3, 1.

Session Five	Presenting Issues	1. Sadler, K., Vizard, T., Ford, T., Goodman, A., Goodman, R., & McManus, S. (2018). Mental health of children and young people in England, 2017: trends and characteristics. https://digital.nhs.uk/data-and-information/publications/statistical/mental-health-of-children-and-young-people-in-england/2017/2017 2. Zilberstein, K. (2023). One piece of the puzzle: Treatment of fostered and adopted children with RAD and DSED. <i>Adoption & Fostering</i>, 47(1), 40-57. https://doi.org/10.1177/03085759221150018 3. Danese, A., Smith, P., Chitsabesan, P., & Dubicka, B. (2020). Child and adolescent mental health amidst emergencies and disasters. <i>The British Journal of Psychiatry</i>, 216(3), 159-162. https://doi.org/10.1192/bjp.2019.244 4. John-Baptiste Bastien R, Jongsma HE, Kabadayi M, Billings J (2020). The effectiveness of psychological interventions for post-traumatic stress disorder in children, adolescents and young adults: a systematic review and meta-analysis. <i>Psychological Medicine</i> 50, 1598–1612. https://doi.org/10.1017/S0033291720002007 5. Duffee, J., Szilagyi, M., Forkey, H., & Kelly, E. T. (2021). Trauma-informed care in child health systems. <i>Pediatrics</i>, 148(2). https://doi.org/10.1542/peds.2021-052579

		and <i>Psychiatry</i>, 60(7), 716–731. https://doi.org/10.1111/jcpp.13002 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/neci73/cdi_unpaywa ll_primary_10_1111_jcpp_13002 7. Foka, S., Hadfield, K., Pluess, M., & Mareschal, I. (2021). Promoting well-being in refugee children: An exploratory controlled trial of a positive psychology intervention delivered in Greek refugee camps. <i>Development and Psychopathology</i>, 33(1), 87–95. https://doi.org/10.1017/S0954579419001585 https://librarysearch.uwtsd.ac.uk/permalink/44WHELF_UWTSD/neci73/cdi_proq uest_miscellaneous_2341637235 https://ajce.scholasticahq.com/
Saturday Session	Online Assessment: Presentations	Online Assessment: Presentations