

ECEY6005/C

1909654

- Regaining Paradise? Sustainability in the Early Years.



EXPLORE



From the side of
my house right in the
corner you can see the
hole, where the birds
have been building
their nest



A close up of the
materials the birds
have used.



+

o

A PHOTOGRAPH OF
WHEN THE BIRDS
WERE AT THE
OPPOSITE SIDE OF THE
HOUSE LAST YEAR.

+

○

●



SUZZIE SPARROW

The Story From Birth



+

○

•



+

•

○

The Story of Suzzie Sparrow

Going back last year at the front of my house I was woken up one morning with loud banging noises, when exploring what the noise was, I discovered that it was birds hitting away at the Fascias on my roof at the time it was directly in front of my daughter's bedroom it was so loud that I had to do something about it, thankfully it was not nesting season at the time, and I was able to get it fixed. However, this time around it is at the back of the house, and we cannot hear them so much, and I decided this time around to leave them nest as it was not causing me any issues. From there on I made a conscious effort to explore my surrounds every morning and evening it was amazing what I discovered and what I witnessed each day.

DISCOVER





Almost each morning I would wake up to see a sparrow in my garden pecking away at everything in my garden, in fact I woke up one morning and my cardboard recycling was on the floor, a few pieces of paper just all over my patio, the weather was warm and not windy so I can only assume the birds had been pecking away at that for their nest. There were twigs all over the patio even cigarette butts, there was quite a bit of mess, but I was enjoying watching them build the nest, although I couldn't see the nest itself, I could just see what they were taken up there.



A little bird, with plumage brown,
Beside my window flutters down,
A moment chirps its little strain,
Then taps upon my window-pane,
And chirps again, and hops along,
To call my notice to its song;
But I work on, nor heed its lay,
Till, in neglect, it flies away.

A few video clips of my findings



<https://web.microsoftstream.com/video/cb3cb94c-6f6b-41d6-bcfb-698485e304b6>.

<https://web.microsoftstream.com/video/b0c74648-0781-4163-b7f2-375684baf1f6>.

<https://web.microsoftstream.com/video/848a320c-a1b3-46e2-81df-fcc4f7f31df1>.



What was extremely interesting for me was how they feed the chicks, the mother would sit right at the edge of the roof, guarding her babies while the male searched for food to bring back to the mother. If another bird went anywhere near her babies, she would screech, I was lucky enough to be able to get that on recording, I have never paid any attention to birds, so this experience is completely new to me, and I must say I have found it extremely interesting.



Please click the icon below for a poem





Each day as the chicks were growing, the mother would sit on this lamp post singing a song and one by one the chicks would come out and fly around my house then other birds would circle the chicks almost like they were protecting them. It really is fascinating to watch and something that I never thought would interest me.



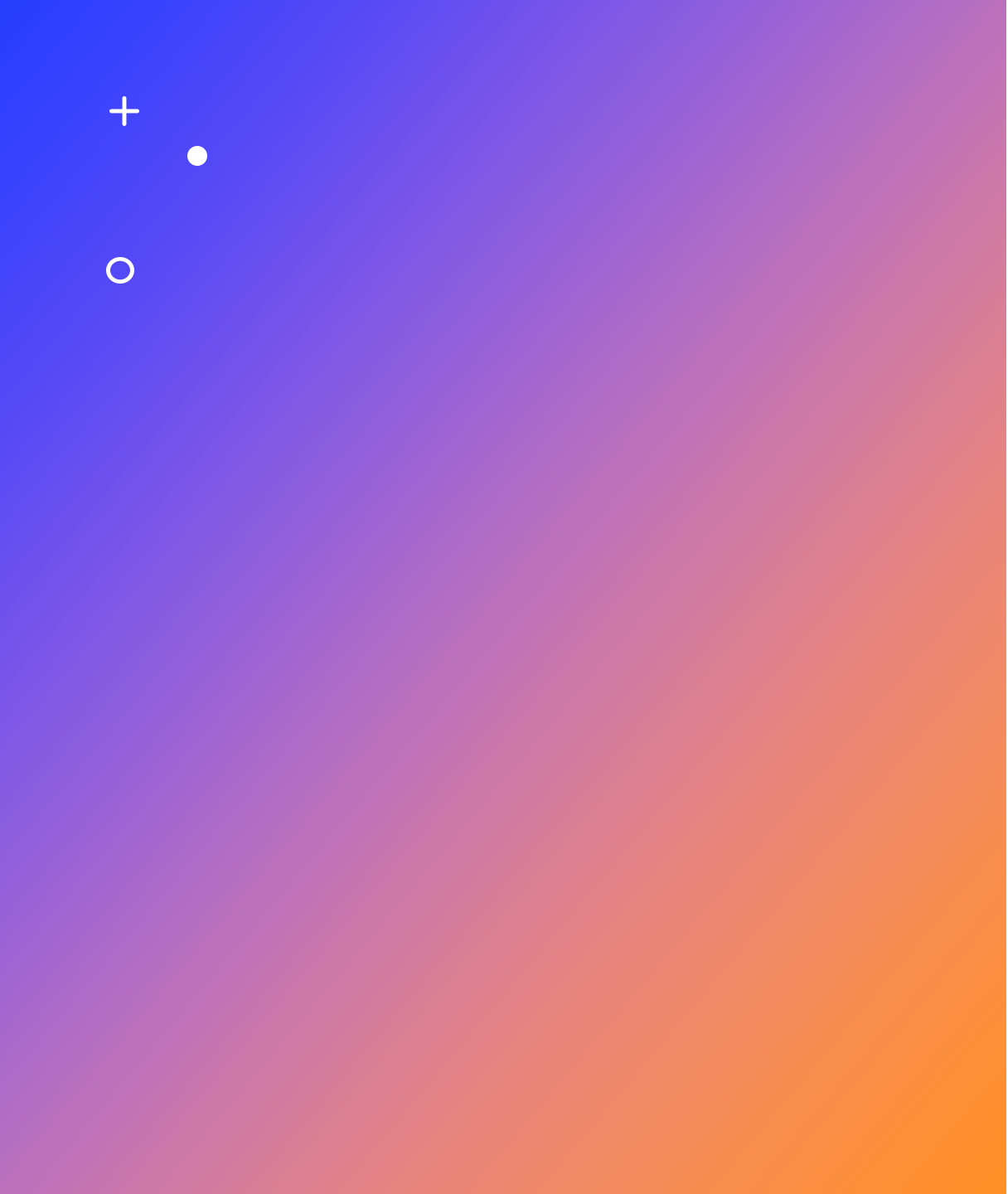
Some of the other birds I noticed in my garden.

Just look at this Beautiful Goldfinch, I just happened to be looking out of my window and it just landed right in front with of me such a beautiful bird.

+



Conserve



+

•

○

As a result of participating in the John Muir award programme, I finally concluded that I had been oblivious to the reality that I was always too busy to make opportunities to enjoy in the great outdoors. To improve our own health, we need to slow down, stop hurrying around, and instead spend some time appreciating the beauty of our natural surroundings.

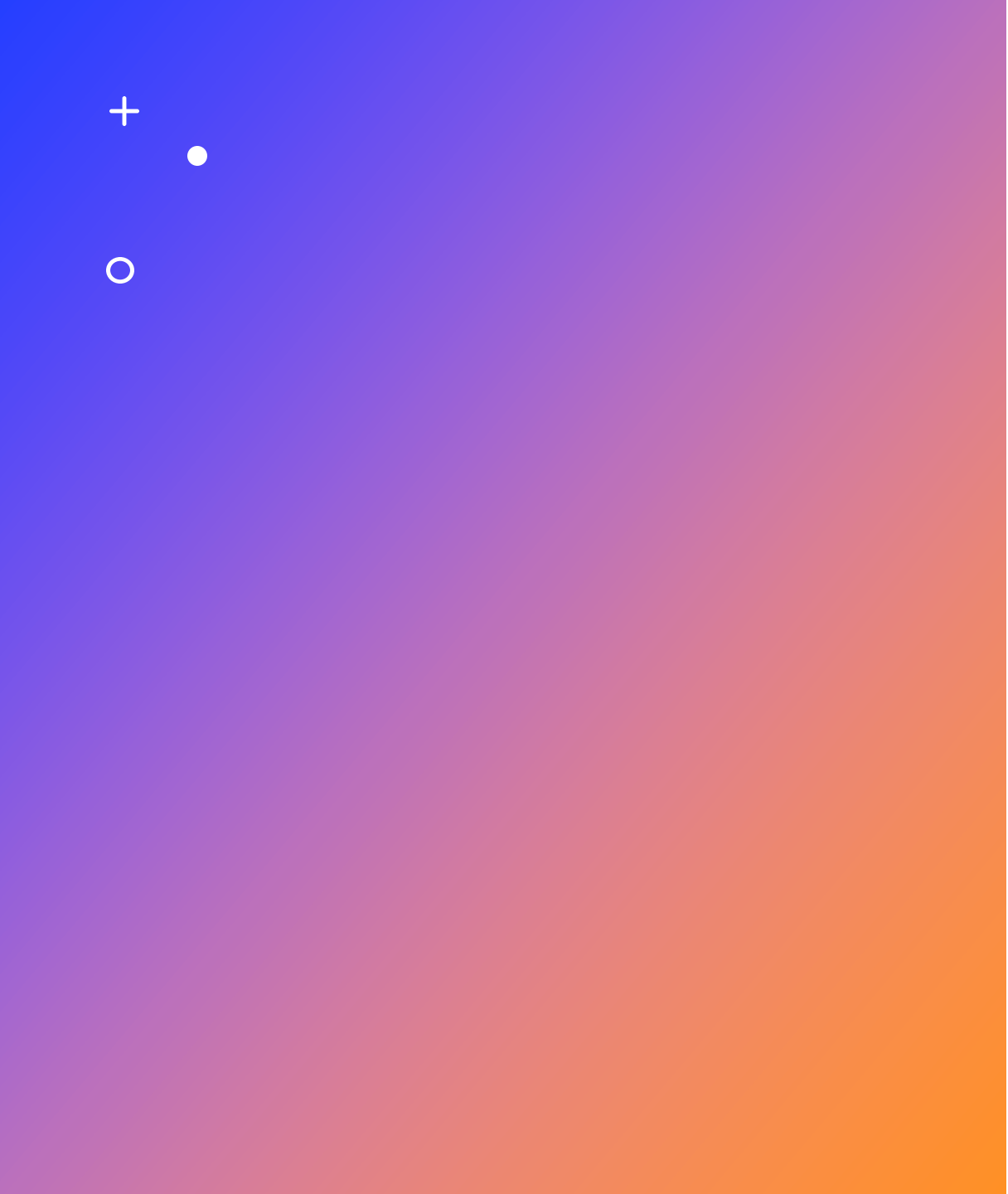


+

•

○

Refection



+

•

o

When I reflect on my time and even more so since Covid- 19 I wish I spent more time out in my garden appreciating all the nature around me, watching these birds develop from the very begin has possibly bought a new Hobbie to my life I now want to explore all around me all the time looking for birds then coming home to research trying to identifies what breed they are.

Society has changed electronic devices and social media for me has taken away the fun in learning, children do not want to go outside anymore they would rather sit inside on some device.

As a child I was never in doors but thank you to the John Muir Award I am going to spend more time outdoors and appreciate my surroundings.