

Module Name: Learning in the Digital Era

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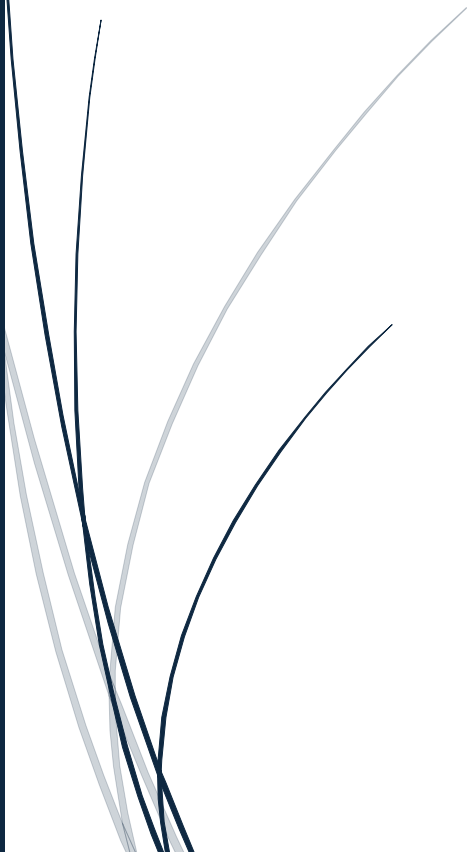
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UNIVERSITY OF WALES TRINITY SAINT DAVID
LONDON CAMPUS

Assignment 2



Learning in the Digital Era

Table of Contents

Introduction	2 Main Body
..... Error! Bookmark not defined.	
Conclusion	12 References
.....	12

Introduction

The goal of this power point is to encourage independence, critical thinking and skills that guide us towards higher education. This is an example that writing and important terminology and academic analysis; There are some basic and technical resources that help us develop skills and be able to deepen our understanding and writing. It affects skills as it relates to the employability of a better life building and a prosperous future. I admit that: I didn't know that there are different ways, and correct ways, to develop writing, a thought, this portfolio, will answer questions that will serve as examples, you can learn about development, professional growth through scientifically proven techniques.

Strengths

Slide 1



Handlers: Being able to communicate effectively is essential — both in your personal life and in short, first do all trainings available as each of them will make your mind, heart and body to practice more because nothing better than practicing with an external and independent source. But the very first step, the critical one, is your commitment to developing these skills you have outlined.

Slide 2

***What Are
Problem-Solving
Skills?
(Definition,
Examples, And
How To List On A
Resume)***

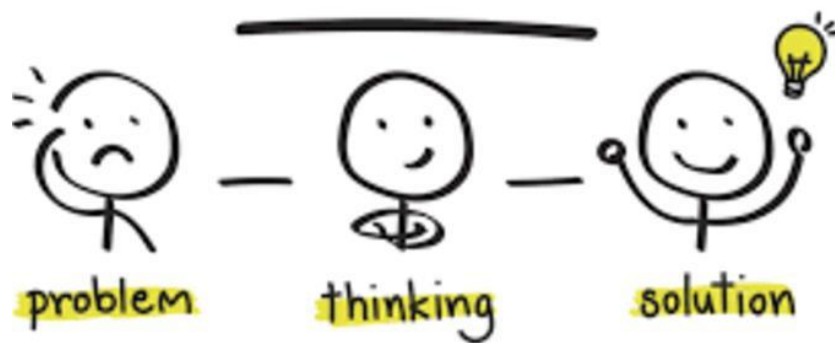


Teamwork and Problem Solving

When there is a problem, what is important is how we are going to solve it and not who started it: we all have problems at work or in our daily life and we cannot look for the one responsible, what we have to do is work to find how to solve that problem. It is very harmful to stick to problems, walk it, sleep with it or insist on that problem. Next we need to reason in order to operate the solution

Slide 3

CREATIVITY



CREATIVITY New ideas and forms of thinking change everything—multiple projects can receive reinvigoration and second chances from just a little creative problem-solving. It fosters individual well-being and potential positive consequences in school and career. 1 In addition, teaching creativity can inspire, stimulate brain activity, promote emotional development and engage the disengaged. 4 Additionally, exposure to various influences and social interactions can further enhance an individual's openness to creative thinking, leading to more creative problem solving.

Weaknesses

Slide 4



Time Management: Poor prioritization can result in late submissions and stress. Doing now what I couldn't put off until later. The meditation or breathing system. I need to train this. It's all this compulsiveness that annoys me a lot. Many universities train on the several steps to beat this compulsiveness. One is, divide and conquer and give it a shot. This is perhaps the easiest. If I have a very big thing, I can break it into smaller ones.

Slide 5



For a diagnosis: Overthinking: An inclination on analyzing things too much does not lead to any decision or action.

Without that controlled emotional intelligence, you could lose it all. It is not easy that we have to control so much especially with our lives being very difficult nowadays with bills to pay, children to raise and the like and it is not easy to be able to have a high emotional control but with wisdom, understanding of academic studies which show how to achieve this emotional intelligence through proven studies it can facilitate to come to this level.

Slide 6



Delegation: Struggling to delegate tasks can lead you to feel overwhelmed, or can stifle the growth of your team.

Yes, being unable to delegate effectively can make you feel overwhelmed, hinder your effectiveness, and hamper your members' growth and development. The following are some of the common repercussions of a manager hoarding work:

Burnout and Stress: Attempting to do it all yourself without asking for help can stretch you thin

Burnout and stress the moment you attempt to do it all alone with no sense of delegation, your workload can feel like a weight on your shoulders leading burnout. This can impair your productivity, decision-making and overall well-being.

Slide 7



Imposter Syndrome: Believing that despite having done the work, you are a fraud can reduce confidence and thus performance.

You need a plan, motivation and focus should work, and you should have a plan to follow through; for instance going to workshops or training or seminars, online courses, mentoring or even attempt challenging projects. Don't focus on the destination so you don't abandon what you began, set a target of great dimensions, segment it into pieces and commence creating.

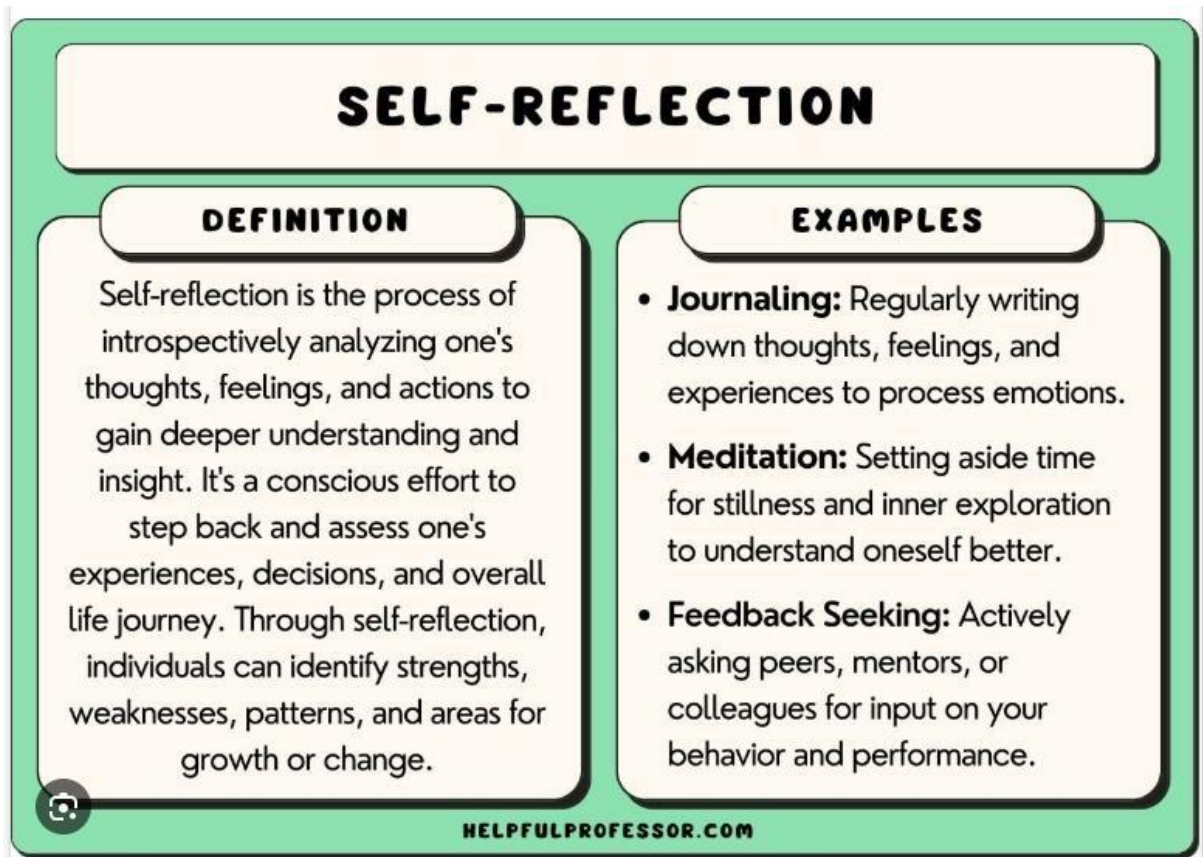
Slide 8



Inflexibility: A Resistance to Feedback may hinder growth both personally and professionally.

In fact, the ability to resist feedback is one of the biggest hurdles to achieve personal growth and professional successes. If people or organizations are dogmatic and resistant to positive criticism, it may end up producing following negative effects:

Failure to Evolve: Timing-bypassing feedback prevents individuals and organizations from evolving and improving their branching pattern.



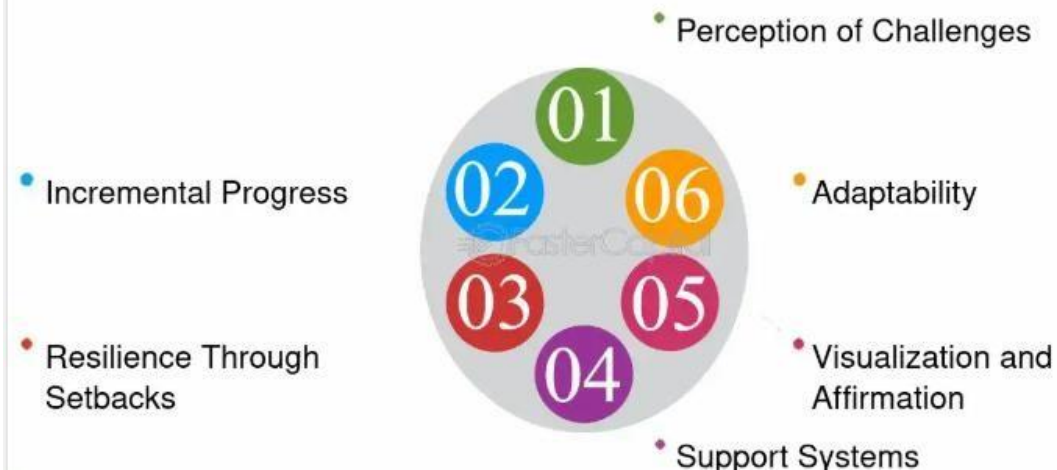
Qualities You Develop By Self Reflecting

Better Self-Understanding: Knowing your strengths and weaknesses allows you to comprehend a clearer sense of you and know who you are and what you do.

A little about me, in some companies where I was a distributor, it was certainly the best experience I have ever had, because I learned to make friends and influence people, I developed the technique of public speaking, of listening more than talking, working in a group, I learned to edify people, to be humble, I learned to minimize my time, to focus on my goals.

Slide10

The Role of Mindset in Overcoming Challenges



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Resilience: Overcoming failures and setbacks leads to improved coping with difficulties and greater strength in recovery.

Personal experiences lead to empathy skills for better comprehension of others.

I am strong, firm, confident and optimistic I try to learn and develop what I have learned I train several times I learn from mistakes I easily adapt to situations I accept new things During the course I am always focused on the speech of the teacher I try to research a lot at home After classes.

Advancement: Regular self-assessment cultivates a, process-oriented approach conducive to a lifelong practice of improvement.

Performance reviews, employee surveys, and guided self-reflection forms are such tools that can assist humans in this introspective stage where action plans are formulated.

Conclusion

To sum up, through this portfolio I am left contemplating as a whole what is academic competence, how to everything is synchronized, communication, the relationships

between problems and solutions, teamwork, all of this is part of our lives and we will always have to face these issues in order to better life in the community, academic activities and the field of computing that I chose and today I am responsible for people's comfort, the future has already begun and a lot will still come!

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