

Digital Safety Skills



Staying Safe Online

In the year ending March 2024, according to the office for National Statistics, more than 1.02 million incidents of computer misuse occurred.

Follow these steps to help reduce online risks;

Keep your accounts secure.

Ensure that your password is strong and unique.

Avoid using personal information.

If possible use a password manager.

Keep your devices safe.

Regularly update software including apps, browsers and operating systems.

Install up to date, reputable antivirus software.

Only use safe connections.

Do not connect to public Wi-Fi whilst carrying out sensitive tasks.

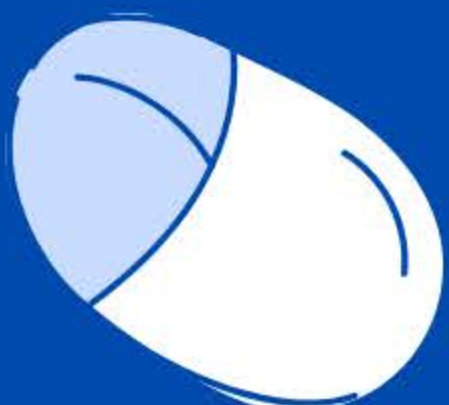
Turn off auto-connect or use a VPN when on public networks.

Be careful of what you download.

Avoid downloading apps or software that look suspicious. It may result in malware.

Be careful of what you post.

Remember: what you post on the internet will stay there forever.



Stay safe online!

