

ECEY4011/C

Profiadau cynnar a datblygiad gydol oes Early experiences and lifelong development

Cyflwyniad y Modiwl

Module Introduction

Deilliannau dysgu

Learning outcomes

Erbyn diwedd y modiwl hwn byddwch yn gallu:

- Deall damcaniaethau allweddol datblygiad plant.
- Esbonio patrymau datblygiad plant.
- Adnabod ffactorau sy'n dylanwadu ar ddatblygiad.
- Trafod rôl oedolion wrth gefnogi datblygiad.
- Cymhwyso damcaniaeth i ymarfer.

By the end of today's session you will:

- Understand the purpose of the module
- Understand the assessment requirements
- Explore the key themes covered within the module
- Begin planning your scrapbook assignment

Trosolwg y modiwl

Module overview

Drwy gydol y modiwl hwn byddwn yn archwilio:

Sesiwn 2

- Y 1000 Diwrnod Cyntaf

Sesiwn 3

- Datblygiad Plant a Datblygiad Cyfannol

Sesiwn 4

- Ffactorau sy'n Effeithio ar Ddatblygiad

Sesiwn 5

- Ymyriadau a Rôl yr Oedolyn

Throughout this module we will explore:

Session 2

- The First 1000 Days

Session 3

- Child Development and Holistic Development

Session 4

- Factors Affecting Development

Session 5

- Interventions and the Role of the Adult

Trosolwg yr asesiad

Assessment overview

Llyfr lloffion digidol

- Cyfwerth i 3,000 o eiriau
- 100% y farc modiwl
- Aseiniad unigol

Digital Scrapbook

- Equivalent to 3,000 words
- 100% of module mark
- Individual assignment

Dyddiad cyflwyno

Submission date

Turnitin

29/11/2026

23:59

Beth yw llyfr lloffion digidol?

What is a digital scrapbook?

Mae llyfr torri digidol yn cyfuno:

- Ysgrifennu academiaidd
- Delweddau
- Diagramau
- Graffeg wybodaeth
- Trafodaeth feirniadol
- Tystiolaeth ymchwil

Dylai fod yn ddeniadol yn weledol, wrth barhau i fod yn academiaidd.

A digital scrapbook combines:

- Academic writing
- Images
- Diagrams
- Infographics
- Critical discussion
- Research evidence

It should be visually engaging whilst remaining academic.

Beth I osgoi

What to avoid

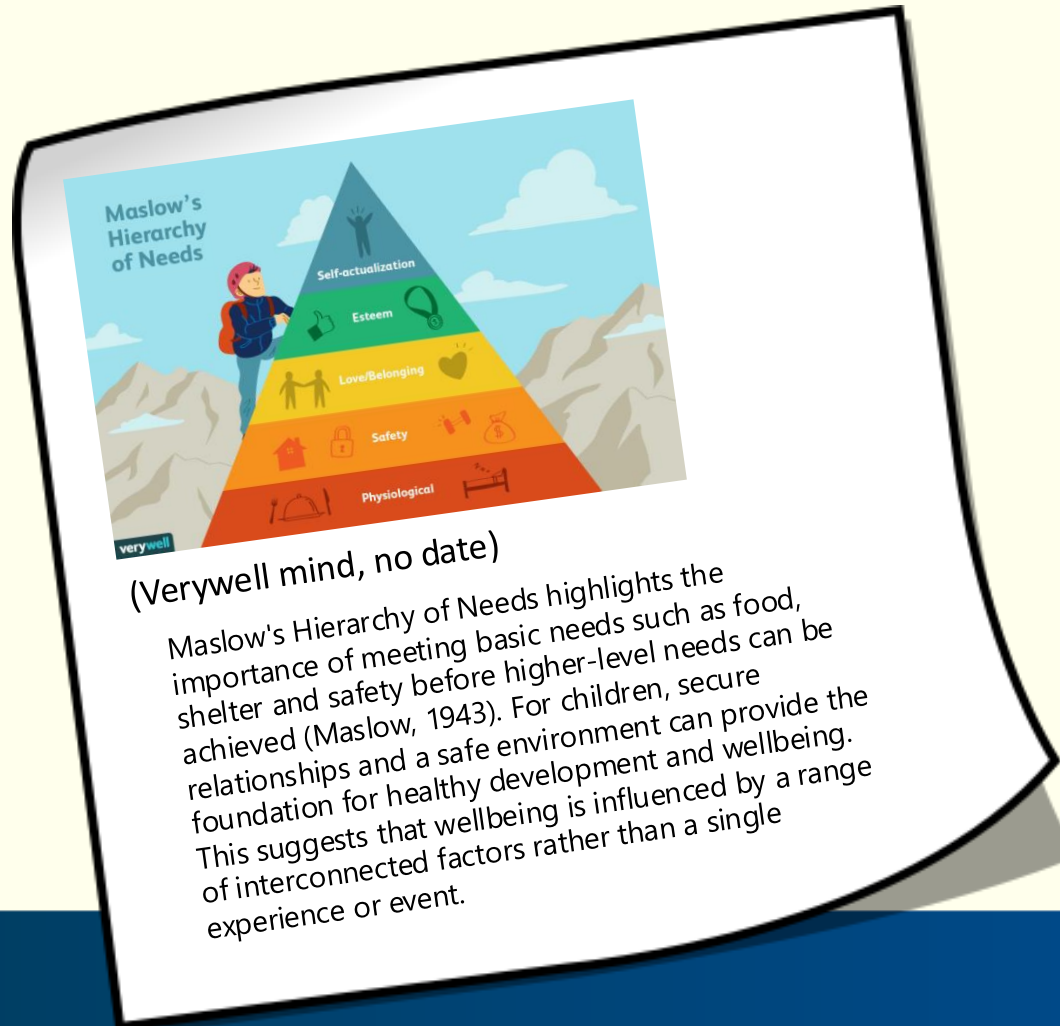
- Blociau mawr o destun
- Copïo a gludo gwybodaeth
- Gormod o ffontiau a lliwiau
- Delweddau heb esboniad
- Diffyg cyfeiriadau
- Disgrifio yn hytrach na dadansoddi
- Large blocks of text
- Copying and pasting information
- Too many fonts and colours
- Images without explanation
- Lack of references
- Describing rather than analysing

Llyfr llofion neu bentwr sbwriel? Scrapbook o'r scrapheap?



Llyfr llofion neu bentwr sbwriel?

Scrapbook o'r scrapheap?



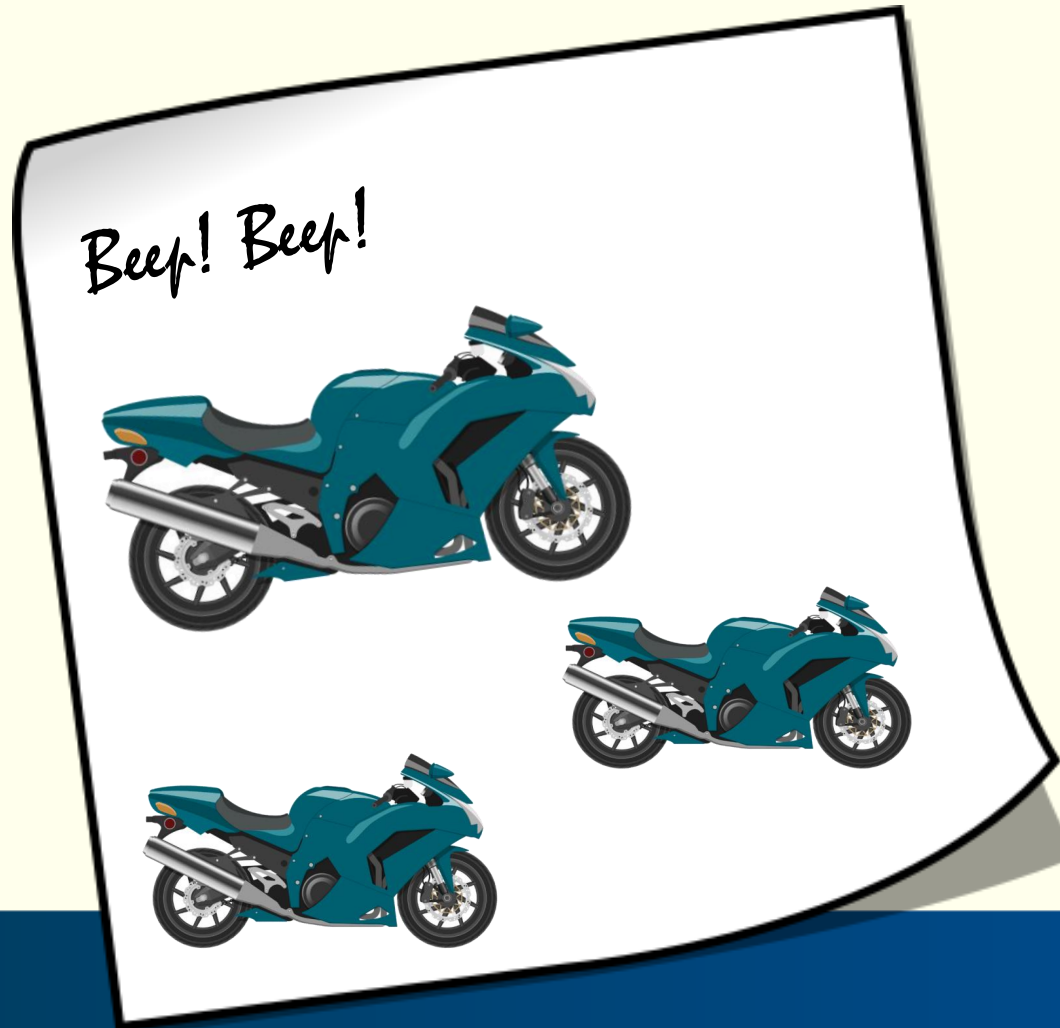
Llyfr llofion neu bentwr sbwriel?

Scrapbook o'r scrapheap?

The first 1000 Days

The first 1,000 days, spanning from conception to a child's second birthday, are widely recognised as a crucial period for development. This stage is characterised by rapid brain development and provides the foundation for physical health, cognitive development, emotional wellbeing, and future life outcomes. Positive early experiences and supportive relationships during this period can promote healthy development and lifelong wellbeing (The First 1000 Days Movement, n.d.).

Llyfr llofion neu bentwr sbwriel?
Scrapbook o'r scrapheap?



Llyfr llofion neu bentwr sbwriel? Scrapbook o'r scrapheap?

The First 1000 Days

The first 1,000 days, spanning from conception to a child's second birthday, are widely recognised as a crucial period for development. This stage is characterised by rapid brain development and provides the foundation for physical health, cognitive development, emotional wellbeing, and future life outcomes. Positive early experiences and supportive relationships during this period can promote healthy development and lifelong wellbeing (The First 1000 Days Movement, n.d.).



(The first 1000 days movement, no date)

I creu eich llyfr lloffion gallwch defnyddio:

To create your scrapbook you can use:

- Pwerbwynt
 - Word
 - Canva
 - Sway
- Powerpoint
 - Word
 - Canva
 - Sway

Disgrifiad o'r dasg

Task description

- **TEITL:** Llyfr Llofion digidol (cyfateb i 3,000 o eiriau)
- Beth yw'r 1000 diwrnod cyntaf a pham eu bod yn bwysig?
- Beth mae datblygiad cyfannol yn ei olygu? – Maslow; crëwch eich graffig eich hun
- Dewiswch un ffactor a allai effeithio ar ddatblygiad, e.e. diffyg maeth, mynediad at ofal iechyd, tlodi
- Esboniwch sut y byddai hyn yn effeithio ar ddatblygiad corfforol, gwybyddol ac emosiynol
- Cysylltiadau â damcaniaethau drwyddo draw
- Ymyriadau posibl – 2-3 o ddatrysiadau

- **TITLE:** Digital scrapbook (equivalent to 3,000 words) 100%
- What are the first 1000 days and why are they important?
- What does holistic development mean?- Maslow, create their own graphic
- Choose one factor that may impact development e.g. malnutrition, access to healthcare, poverty
- Explain how this would impact physical, cognitive and emotional development
- Links to theory throughout
- Possible interventions- 2-3 solutions

Strwythur aseiniad awgrymedig

Suggested assignment structure

- Cyflwyniad
 - Beth yw'r 1000 diwrnod cyntaf
 - Datlygiad holistaidd
 - Ffactor dewiswyd
 - Datblygiad corfforol
 - Datblygiad gwybyddol
 - Datblygiad emosiynol
 - Ymyriadau
 - Casgliad
- Introduction
 - The First 1000 Days
 - Holistic Development
 - Chosen Factor
 - Physical Development
 - Cognitive Development
 - Emotional Development
 - Interventions & Solutions
 - Conclusion

Clawr

Cover page

- Teitl yr aseiniad
 - Enw a rhif myfyriwr
 - Cod y modiwl
 - Delwedd neu graffig addas sy'n ymwneud â datblygiad plant
- Assignment title
 - Student name and number
 - Module code
 - An appropriate image or graphic relating to child development

Cynnwys

Contents

- Penawdau'r adrannau a rhifau tudalennau
- Section headings and page numbers

Cyflwyniad

Introduction

Dylid cyflwyno:

- Pwrpas y llyfr lloffion
- Trosolwg byr o'r adrannau sydd wedi'u cynnwys

Introduce:

- The purpose of the scrapbook
- Brief outline of sections included

Beth yw'r 1000 diwrnod cyntaf ac pam maent yn bwysig?

What are the first 1000 days and why are they important?

- Diffiniad o'r 1,000 diwrnod cyntaf
 - Pwysigrwydd y cyfnod datblygiadol hwn
 - Ei ddylanwad ar ganlyniadau drwy gydol oes
 - Yr effaith ar iechyd, dysgu a lles
- Definition of the first 1000 days
 - Importance of this developmental period
 - Influence on lifelong outcomes
 - Impact on health, learning and wellbeing

Deall datblygiad holistaidd

Understanding holistic development

- Beth yw ystyr datblygiad cyfannol
 - Datblygiad corfforol
 - Datblygiad gwybyddol
 - Datblygiad emosiynol
 - Datblygiad cymdeithasol
- What holistic development means
 - Physical development
 - Cognitive development
 - Emotional development
 - Social development

Ffactor sy'n effeithio datblygiad

Factors affecting development

Dewiswch UN:

- Tlodi
- Diffyg maeth
- Ansicrwydd tai
- Mynediad at ofal iechyd
- Iechyd meddwl rhieni
- Profiadau Niweidiol yn ystod Plentyndod (ACEs)
- Cam-drin domestig
- Tlodi digidol

Eglurwch:

- Beth yw'r ffactor
- Pam ei fod yn broblem

Choose ONE:

- Poverty
- Malnutrition
- Housing insecurity
- Access to healthcare
- Parental mental health
- Adverse Childhood Experiences (ACEs)
- Domestic abuse
- Digital poverty

Explain:

- What the factor is
- Why it is an issue

Effaith ar datblygiad

Impact on development

- Corfforol
- Gwybyddol
- Emosiynol
- Physical
- Cognitive
- Emotional

Ymyriadau posib

Possible interventions

- Trafodwch 2-3 ymyriad a allai leihau effaith eich ffactor dewisol.

Enghreifftiau;

- Dechrau'n Deg
- Gwasanaethau cymorth i deuluoedd
- Cefnogaeth ymwelwyr iechyd
- Rhaglenni magu plant
- Addysg y blynyddoedd cynnar
- Mentrau cymorth cymunedol
- Cynlluniau cymorth ariannol
- Rhaglenni bwyd
- Darpariaeth gofal iechyd wedi'i thargedu

- Discuss 2-3 interventions that could reduce the impact of your chosen factor.

Examples;

- Flying Start
- Family support services
- Health visitor support
- Parenting programmes
- Early years education
- Community support initiatives
- Financial support schemes
- Food programmes
- Targeted healthcare provision

Casgliad

Conclusion

- Crynhowch:
- Pam mae'r 1,000 diwrnod cyntaf yn bwysig
- Pwysigrwydd datblygiad cyfannol
- Effaith y ffactor a ddewiswyd
- Gwerth ymyrraeth a chymorth
- **Ni ddylid cyflwyno unrhyw wybodaeth newydd yn yr adran hon.**

Summarize:

- Why the first 1000 days matter
- Importance of holistic development
- Impact of the chosen factor
- Value of intervention and support
- **No new information should be introduced here.**

Rhestr cyfeirnod

Reference list

- Rhestr gyfeiriadau lawn yn unol â system Harvard
- Nid yw'r rhestr gyfeiriadau yn rhan o'r cyfrif geiriau
- Full reference list in Harvard format
- Not included in word count

Defnyddio Deallusrwydd Artiffisial Cynhyrchiol mewn Asesiadau

YMCHWIL	Ar gyfer yr asesiad hwn, gallwch chi ddefnyddio Deallusrwydd Artiffisial Cynhyrchiol i'ch cefnogi mewn ymchwil a dadansoddi data. •Gallwch ddefnyddio AI i ddod o hyd i ffynonellau cyfredol (e-lyfrau, erthyglau cyfnodolion, gwefannau), wedi'u dyddio rhwng 2016 a 2026; •Gallwch ofyn AI i gynhoi'r ffynonellau rydych chi wedi'u darganfod. Mae hyn er mwyn gwirio bod y ffynhonnell yn addas ar gyfer eich aseiniad. Ni ddylid trosglwyddo'r crynodeb i'ch gwaith (llên-ladrad yw hwn).	Gallwch ☒ Na allwch ☐
PRAWF DDARLLEN	Ar gyfer yr asesiad hwn, gallwch chi ddefnyddio Deallusrwydd Artiffisial Cynhyrchiol i wirio eich testun/creadigaeth eich hun am wallau gramadegol a chystrawennol, gan gynnwys cael awgrymiadau i arall eirio eich gwaith. •Gallwch ofyn i AI i helpu i brawfddarlennu eich gwaith. •Peidiwch â defnyddio unrhyw eiriad a awgrymir gan AI (llên-ladrad yw hwn).	Gallwch ☒ Na allwch ☐
CREADIGOL	Ar gyfer yr asesiad hwn, gallwch chi ddefnyddio Deallusrwydd Artiffisial Cynhyrchiol i greu deunyddiau creadigol, megis delweddau. •Gallwch ofyn i AI eich helpu i greu adnoddau ar gyfer eich gwaith. •Os byddwch yn dewis cyflwyno Rhan 2 fel cyflwyniad PowerPoint, gallwch ddefnyddio AI i gynorthwyo gyda chreu eich sleidiau.	Gallwch ☒ Na allwch ☐

Use of Generative AI in Assessment

RESEARCH	For this assessment, you can use Generative AI to support you in research and data analysis. •You can use AI to find current sources (e-books, journal articles, webpages), dated between 2017 and 2027; •You can ask AI to summarise the sources that you have found. This is to check that the source is suitable for your assignment. The summary must not be pasted into your work (this is plagiarism).	Yes ☒ No ☐
PROOFREADING	For this assessment, you can use Generative AI to check your own text/creation for grammatical and syntactical mistakes, including getting suggestions to rephrase your work. •You can ask AI to help proofread your submission. •You must not use any wording that is suggested by AI (this is plagiarism).	Yes ☒ No ☐
CREATIVE	For this assessment, you can use Generative AI to create creative materials, such as images.	Yes ☒ No ☐

Cynllun marcio

Marking scheme

1.Ymgysylltu a llenyddiaeth

Dangos ymgysylltiad ag ystod berthnasol ac addas o lenyddiaeth, gan gynnwys:

- Llyfrau academiaidd ac erthyglau cyfnodolion
- Polisi ac arweiniad y llywodraeth
- Deddfwriaeth lle bo'n briodol

10

1.Engagement with literature

- Demonstrate engagement with a relevant and appropriate range of literature, including:
- Academic books and journal articles
- Government policy and guidance
- Legislation where appropriate

10

2.Gwybodaeth a Dealltwriaeth

2.Knowledge and Understanding

- Esbonio'n glir y cysyniad o'r 1,000 diwrnod cyntaf
 - Dangos dealltwriaeth o ddatblygiad cyfannol
 - Esbonio Hierarchaeth Anghenion Maslow a damcaniaethau perthnasol eraill
 - Trafod yn gywir y ffactor a ddewiswyd sy'n effeithio ar ddatblygiad
 - Cysylltu safbwyntiau damcaniaethol drwy gydol y llyfr sgrap
- Clearly explain the concept of the first 1000 days
 - Demonstrate understanding of holistic development
 - Explain Maslow's Hierarchy of Needs and other relevant theories
 - Accurately discuss their chosen factor impacting development
 - Link theoretical perspectives throughout the scrapbook

30

30

3.Sgiliau gwybyddol a deallusol

3.Cognitive and Intellectual skills

- Dadansoddi'n feirniadol effaith un ffactor a ddewiswyd ar ddatblygiad plant
- Dadansoddi sut mae'r ffactor yn dylanwadu ar ddatblygiad
- Ystyried effeithiau tymor byr a thymor hir
- Gwerthuso'r goblygiadau i blant a theuluoedd
- Gwneud cysylltiadau rhwng damcaniaeth, ymchwil ac ymarfer
- Critically analyse the impact of one chosen factor on child development
- Analyse how the factor influences development
- Consider short and long-term effects
- Evaluate implications for children and families
- Make connections between theory, research and practice

30

30

4.Sgiliau Cymhwyso ymarferol

4.Practical skills

- Cynhwyswch syniadau a chyfleoedd ar gyfer cymhwyso damcaniaeth i ymarfer.
- Cynigiwch 2-3 o ymyriadau addas
- Esboniwch sut mae ymyriadau yn cefnogi plant a theuluoedd
- Cysylltwch yr ymyriadau â damcaniaeth datblygiad
- Trafodwch rôl gweithwyr proffesiynol wrth gefnogi canlyniadau cadarnhaol
- Ystyriwch gryfderau a chyfyngiadau'r ymyriadau

20

- Include ideas and opportunities for the application of theory to practice.
- Propose 2-3 suitable interventions
- Explain how interventions support children and families
- Link interventions to developmental theory
- Discuss the role of professionals in supporting positive outcomes
- Consider strengths and limitations of interventions

20

5.Sgiliau Trosglwyddadwy

5. Transferable skills

- Sgiliau ysgrifennu a defnyddio dull creadigol – gan gynnwys delweddu, fideo a chyfryngau digidol – i greu eich llyfr lloffion.

Dylai'r llyfr lloffion fod:

- Yn ddeniadol ac yn ennyn diddordeb
- Hawdd llywio drwyddo
- Yn gydlynol yn weledol
- Wedi'i ysgrifennu mewn arddull academaidd briodol

10

- Written skills and the use of a creative approach including images, video, digital media to create your scrapbook.

The scrapbook should be:

- Engaging
- Easy to navigate
- Visually coherent
- Written in an appropriate academic style

10

Amgylchiadau Esgusodol (EC)

Extenuating Circumstances (EC)

- Digwyddiadau tu allan o'ch rheolaeth
- Gweithred swyddogol
- Tystiolaeth
- Cwblhau ffurflen SC01 (MyTSD)
- Cysylltu gyda'r Swyddfa Academaidd.
- Events out of your control
- Official procedure
- Evidence
- Complete form SC01 (MyTSD)
- Liaise with Academic Office.

Cyflwyniadau Hwyr

Late Submissions

- Cyflwyno o fewn 7 diwrnod gwaith – dim EC – wedi'i gapio ar 40%
- Cyflwyno ar ôl 7 diwrnod gwaith – dim EC – ni chaniateir i staff eich asesu.
- Present within 7 working days – no EC – capped at 40%
- Present after 7 working days – no EC – staff not permitted to assess.

Materion TGCh?

ICT issues?

Desg Gymorth TG

- ITServiceDesk@uwtsd.ac.uk
- 0300 500 5055

Moodle

- moodle@uwtsd.ac.uk

IT Service Desk

- ITServiceDesk@uwtsd.ac.uk
- 0300 500 5055

Moodle

- moodle@uwtsd.ac.uk

Beth yw'r 1000 diwrnod cyntaf?

What are the First 1000 days?

- Beth mae'r term hwn yn ei olygu?
- Pam gallai fod yn bwysig?
- Beth sy'n digwydd yn ystod y cyfnod hwn?
- What does this term mean?
- Why might it be important?
- What happens during this period?

Beth yw datblygiad holistaidd?

What is holistic development?

Meysydd datblygiad:

- Corfforol
- Gwybyddol
- Emosiynol
- Cymdeithasol
- Iaith

Areas of development:

- Physical
- Cognitive
- Emotional
- Social
- Language

Dewis factor

Choosing your factor

Ffactorau posibl:

- Tlodi
- Diffyg maeth
- Mynediad at ofal iechyd
- Ansefydlogrwydd tai
- Cam-drin domestig
- Iechyd meddwl rhieni
- Profiadau Niweidiol yn ystod Plentyndod (ACEs)
- Tlodi digidol

Possible factors:

- Poverty
- Malnutrition
- Access to Healthcare
- Housing Insecurity
- Domestic Abuse
- Parental Mental Health
- ACEs
- Digital Poverty

Defnyddio damcaniaethau

Using theory

Damcaniaethau a allai gefnogi trafodaeth:

- Bowlby
- Ainsworth
- Piaget
- Vygotsky
- Bronfenbrenner
- Maslow

Theories that may support discussion:

- Bowlby
- Ainsworth
- Piaget
- Vygotsky
- Bronfenbrenner
- Maslow

Rhestr cyfeirnod

Reference list

- The First 1000 Days Movement (n.d.) *First 1000 Days*. Available at: <https://www.first1000days.ie> (Accessed: 9 October 2026).
- The First 1000 Days Movement (n.d.) *Why the First 1000 Days Matter*. Available at: <https://www.first1000days.ie> (Accessed: 9 October 2026).
- Maslow, A.H. (1943) *A theory of human motivation*. *Psychological Review*, 50(4), pp. 370-396.
- Verywell Mind (n.d.) *Maslow's Hierarchy of Needs*. Available at: <https://www.verywellmind.com/what-is-maslows-hierarchy-of-needs-4136760> (Accessed: 9 October 2026).