



Reflective – Reflexive Practice

**Personal
Development &
Professional
Profile
Week 9**

Aims



Check in



Reflective Activity – Postcards



Q &A

Promotional Video – Next Week

Reflective Activity: Postcards

Choose one postcard that reflects your NOW.

Choose one postcard that reflects HOPE

- ☐ 10 minutes of reflective writing

- ☐ Sharing







