

Academic And Employability Skills

BMSW4001

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OVERVIEW

- ◆ My intended career
- ◆ SWOT analysis
- ◆ Time management
- ◆ CV writing
- ◆ PDP
- ◆ Conclusion
- ◆ References

MY INTENDED CAREER

◆ Nurse

- A nurse takes care of patients and assist to manage physical needs and treat multiple health conditions.
- Nurse can work in various places such as; Hospitals, prison, schools, care homes, ambulance and even helicopters.
- Nurses provides pre and post operation care
- Nurses are kind, caring and have excellent people skills and are great teamwork

SWOT ANALYSIS

Strenghts

- Hardworking
- Good health and Fitness
- Communication skills
- Multi linguel
- Teamworking

Weaknesses

- Overthinking
- Multitasking
- Time management

SWOT ANALYSIS

Opportunity

- ◆ Patients satisfactions
- ◆ Provide quality care
- ◆ Treat people at a lower cost

Threat

- ◆ Overworking – Long shifts
- ◆ Nurses may develop long term stress

TIME MANAGEMENT

- ◆ Good time management is planning, organising, prioritizing tasks.
- ◆ Time management is crucial, It is proven to reduce stress which is essential for healthcare professionals.
- ◆ Benefits of good time management;
 - Reach goals faster
 - Complete loads of work in less time
 - Prevents procrastination
 - Make our work and personal life easier.

CV writing

- ◆ A CV is the most important tool to find a job.
- ◆ It contains important informations about yourself such as;
 - Personal informations
 - Key skills
 - Academic skills and levels
 - Previous experiences
 - References of previous employees

PDP

- ◆ Keep my Focus on Problem-Solving to stop overthinking.
- ◆ Practice on multitasking by doing different tasks together where possible.
- ◆ planning, organising, priortizing tasks to get better at time management.

Conclusion

- ◆ Learning is life long process and should never be underestimated.
- ◆ Each individual adopt their own style, ways and mean to understand subjects and topics in the healthcare sector
- ◆ We start as a beginner and may become an expert.

Reference

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<https://targetjobs.co.uk/nurse-job-description>