

Combining It All: A Visionary Fusion of Joyful Dance Music and Healing Elements

By Rimini Muschamp

Prior to joining Tileyard Education, my life revolved around the vibrant music scene in Ibiza. I immersed myself in working with talented musicians and DJs, curating ecstatic dance events and conscious raves. My purpose was clear: to utilize music as a transformative tool, enabling individuals to release stagnant emotions trapped within their bodies and attain a state of euphoria. By transcending old mental patterns that lead to stagnation and depression, not only could I help individuals find happiness, but I could also foster a sense of joy within a community. Our collective goal was to celebrate life and dance together.

This vision has burned brightly within me for quite some time and ultimately propelled me to embark on a journey with TYE. I aimed to empower myself and develop my own production skills, equipping me to create music that embodies this transformative experience.

Music possesses a unique ability to cultivate culture and unite people from diverse backgrounds. It has the power to forge connections, bring joy, and leave a lasting impact. Recognizing this inherent strength, I believe it is a natural progression to amplify music's influence even further. By incorporating subtle tones and frequencies, we can go beyond mere entertainment, creating an immersive and healing experience. Through this approach, we offer an opportunity to heal mental and emotional barriers while simultaneously revitalizing the physical body. (Kemper and Danhauer, 2005)

It is from my firsthand experiences and unwavering passion to empower others that my concept for my final project has emerged and ultimately combines elements of each of my assignment projects over the last year. The first one being my essay on the power of music, in which I explored how the kick drum in dance music creates an instinctive physiological response within the listener propelling people to move / dance and my instrument project that explored ways to amplify healing tones and create a binaural impact.

So, this final project is the synthesis of my 360 musical explorations over the last year with TYE.

MY VISION: FUSING JOYFUL DANCE MUSIC AND HEALING ELEMENTS

In this final project, my aim is to craft a collection of five vibrant house tracks accompanied by three captivating remixes. The core idea behind this endeavour is to bridge the gap between mainstream dance music and music that resonates with listeners on a profound subconscious and frequency level.

The five dance tracks will exude high energy, embodying a playful and empowering spirit. From these tracks, I will carefully select three songs to undergo a transformative remix process, integrating healing tones and frequencies without compromising the essence of their danceability. Furthermore, I intend to explore the possibility of mixing the remixes using Dolby Atmos technology, immersing the listener in a three-dimensional soundscape that embraces the healing elements.

The plan for the dance tracks involves releasing them as singles, with myself as the featured artist. Additionally, I am considering the release of the remixes under a pseudonym, as they possess a distinct image and branding. This differentiation allows for a broader reach and engagement with different types of audiences. However, I am still contemplating whether to release the project under one artist name, as it could foster a unifying experience, demonstrating that one can embrace both the coolness of dance and house music while also embracing a more spiritually inclined perspective.

Living in Los Angeles has deeply inspired me to support and empower individuals in their pursuit of true fulfilment. I have often witnessed people passing judgment on others, labelling them as either mainstream and "unconscious" or as "hippies." What excites me about this project is that it will serve as an amalgamation of both these groups. It will celebrate popular culture while delving into the profound aspects of sound, resonance, healing, and the transformative powers found in nature and alternative music styles.

By creating a project that is not only fun and cool but also extends an invitation to explore the healing potential of music, I aspire to make this aspect of the community more accessible to everyday people. Listeners can choose to delve deeper into the transformative elements or simply enjoy the songs and remixes, finding upliftment through the release of endorphins.

MY MOTIVATION: BRIDGING THE GAP BETWEEN HEALING MUSIC AND MAINSTREAM APPEAL

The driving force behind my decision to undertake this final project lies in my desire to bridge the divide between the communities benefiting from the healing potential of music and the wider audience of mainstream music consumers. It is my belief that everyone should have access to music that not only provides enjoyment but also empowers, nurtures, and nourishes both on a physical and frequency level. As human beings resonating with our surroundings, our bodies possess a remarkable sensitivity to vibrational tones and frequencies. Throughout history, our communities **recognised** and embraced the healing power of music. My aim is to reintroduce a way of experiencing music that not only brings joy and releases endorphins but also activates healing within the body. (Germer, 2011)

Abundant evidence suggests that specific tunings and wavelengths, including the renowned Schumann Resonance, have a profound impact on mental well-being and the physiological wellness of our cellular structures. (Cherry, 2003)

As a coach, healer, artist, musician, and producer, this project represents the convergence of all my interests, passions, skills, and tools. It allows me to incorporate elements from my daily life and fully express my deepest passions. On a personal level, I have faced and overcome challenges such as anxiety, depression, and even life-threatening situations. Throughout my journey, I have encountered paralysis and found myself disillusioned by mainstream healthcare. This propelled me to explore alternative avenues in pursuit of well-being, reshaping my perspective on life.

By embarking on this project, I aspire to offer a harmonious blend of healing and mainstream appeal, drawing from my own transformative experiences and **utilising** music as a powerful tool for holistic well-being.

MEASURING SUCCESS: BENCHMARKS AND EVALUATION

The success of this project will be gauged through various benchmarks and evaluation methods. Firstly, I will seek feedback from my peers to assess the quality of the music produced. Additionally, I plan to have my DJ friends play the tracks in live settings to observe the crowd's response, which will provide valuable insights.

One important aspect of measuring success will involve securing music signings. I aspire to have the tracks signed by reputable labels, indicating industry recognition and validation of the project's quality and appeal.

To further evaluate the remix versions, I will arrange special listening sessions in a Dolby Atmos environment. This immersive experience will enable me to invite individuals and interview them to gather their feedback and impressions. Their input will serve as a valuable measure of the effectiveness and impact of the healing elements incorporated into the remixes.

In terms of production quality, I will meticulously compare the overall production, vocal production, and the catchiness and danceability of the hooks. This analysis will allow me to assess the level of craftsmanship and determine if the desired objectives have been met.

As time permits, I will assess the success of the initial single releases and their impact on the wider dance community. This will involve analysing factors such as streaming numbers, engagement on social media platforms, and feedback from listeners. These indicators will provide insights into the project's reach and reception within the target audience.

By employing these evaluation methods and monitoring the benchmarks for success, I will have a comprehensive understanding of the project's accomplishments, enabling me to refine and improve future endeavours.

APPROACHING THE PROJECT: STRATEGIES AND RESEARCH

Since participating in the writing camp in Copenhagen with TYE, my intended approach for this project has undergone a shift due to the significant interest generated by a dance track I created during that time. Initially, I had planned to create a concept album that would take listeners on an empowering journey, embedding healing tones throughout all the tracks. However, in order to **maximise** the project's reach and leverage the support I am receiving, I have adjusted my approach slightly.

Now, my focus will be on creating dance track bangers and releasing them as singles. **Utilising** this platform, I will then proceed to create healing remixes, enabling me to reach a wider audience with music they already love and are familiar with, while offering an alternative way to experience the intentional blend of fun and healing elements.

To inform my approach, I will conduct extensive research studying artists like Riton, Lizzo, INJI, Iniko, Green Tea Peng, David Zowie, Kah-Lo, Soaky Siren and then Dave Lee - who releases his music under various pseudonyms and examining their strategies. Additionally, I will analyse timeless anthems that have stood the test of time to identify the key elements that contributed to their enduring popularity.

Collaboration with Dolby Atmos producers in the TileYard community will be crucial to ensure the remixes are mixed effectively for the Dolby Atmos system. Furthermore, I will delve into resources such as the website below to explore ways to produce and write music that embodies the healing capacities I mentioned earlier.

Perez, A. (2020). 7 Ways Sound Healing and Vibration Enhance Your Music. *Los Angeles and Online*. <https://iconcollective.edu/how-sound-healing-and-vibration-enhance-your-music/>

Returning to Copenhagen to work with the writers and engineers from the previous trip will be a priority, given the significant interest received for the music created during that time.

To establish current best practices in popular writing and production, I will conduct interviews with mainstream artists, producers, and individuals involved in creating music for the conscious community. These interviews will provide valuable insights into developing healing music while ensuring it enhances the track's greatness rather than detracting from it whilst ensuring that their inclusion maintains the integrity of the healing frequencies.

Staying up to date with the latest releases and closely monitoring the progress of DJs and dance music producers such as Riton, Will Clark, Walker and Royce, and Option 4 will keep me in touch with the evolving trends and dynamics of the industry.

Considering the positive feedback received for my initial track, "Options," from both the Tileyard community and industry connections, I will pitch the additional dance tracks to DJs with existing platforms, aiming to leverage their reach for maximum exposure and mutual benefits in terms of music and potential income.

To support the release and vision of reaching people far and wide I will devise a comprehensive marketing plan for these releases. Utilising services like Instagram AI and the music marketing platform Unheard, which utilise algorithms and listener profiles, I will target potential listeners and playlists to raise awareness and ensure the music reaches as many people as possible.

Exploring the possibility of utilising a voting system within my community to guide the selection of three songs for remixing will provide valuable feedback on which tracks resonate most with listeners. In case of an equal tie across all five songs, I will personally choose two or three to remix initially, with the intention of revisiting the remaining tracks at a later stage after completing this project.

I will delve into the topic of creating "consent" in healing music production. It is crucial for listeners to be aware of the ethical implications when engaging with songs that contain embedded healing codes, ensuring that they genuinely desire and consent to having that transformative experience.

Throughout my exploration, I will examine the ethical dimensions of incorporating healing codes into music. It is essential to respect the autonomy and agency of listeners, allowing them to make informed choices about the kind of experiences they seek through music.

By infusing healing codes within songs, we can provide listeners with the opportunity to engage in a transformative and healing journey. However, it is important to prioritise consent and ensure that individuals are fully aware of the embedded codes and willingly choose to participate in this experience.

As an artist and producer, it is my responsibility to create music that not only entertains but also respects the well-being and boundaries of the listeners. I believe in empowering individuals to make conscious decisions about the type of music they engage with and the potential effects it may have on their mental, emotional, and physical states.

Throughout my project, I will explore various methods and approaches to creating consent in music. This includes providing clear and transparent information about the presence of healing codes, offering listeners the option to opt-in or opt-out of experiencing those specific frequencies and tones.

Furthermore, I will discuss the importance of fostering an environment of trust and open communication between artists, producers, and listeners. This can be achieved through comprehensive and accessible information about the intentions and effects of the music, as well as providing platforms for feedback and dialogue.

In conclusion, my project will explore the concept of consent in music production, particularly when it comes to embedding healing codes within songs. By discussing the ethical implications, methods of creating consent, and the importance of transparency and communication, I aim to contribute to a greater understanding of how music can be both transformative and respectful of individual boundaries.

ALTERNATIVE APPROACHES CONSIDERED AND REASONS FOR DECISION

Initially, my concept revolved around creating an entire album that would incorporate various healing modalities, such as conscious language, the use of major scales, specifically 432 tuning, and embedding healing terms and frequencies within the music.

While I still recognise the value in this concept, the overwhelming support, excitement, and interest generated by the "Options" track have led me to reconsider my approach. I now believe that it would better serve my vision to pivot and utilise the platform created through collaborations with major DJs and artists within the mainstream music industry. By leveraging this access to fans, I can introduce remixes that incorporate the healing capacities I described earlier.

Moreover, by entering the industry through the mainstream structure, I can build an online audience and subsequently introduce my ideas and empowerment techniques within the very community I aim to reach. This approach presents a greater opportunity to reach a larger audience who may be unfamiliar with concepts like 432 tuning or the variety of empowerment techniques I employ in my coaching practice. By providing them with what they want while also delivering what they may not yet know they need, I can have a more direct and meaningful impact on youth culture, potentially expanding their horizons and empowering them in ways they may not have previously considered.

THE TIMELINE FOR MY PROJECT

TimeLine for Final Project				
Month	Week 1	Week 2	Week 3	Week 4
May	- Define the concept and theme of the EP - Brainstorm and gather ideas for songs - Collaborate with songwriters, if necessary	- Select 5 original songs for the EP - Finalize the lyrics for each song - Develop melodies and harmonies	- Create rough demos of the selected original songs - Determine the overall sound and style of the EP - Plan the recording sessions and set a budget	- Prepare for the upcoming recording sessions - Rehearse and fine-tune the selected original songs
June	Week 1-2: - Book studio time and hire an engineer - Set up and soundcheck the instruments - Begin recording the basic tracks (drums, bass, rhythm guitar) for the original songs		Week 3-4: - Overdub additional instruments and vocals for the original songs - Experiment with different sounds and textures - Perform any necessary edits and comping - Begin Remix Selection Process	
July	- Send the recorded tracks of the original songs to a mixing engineer - Collaborate with the engineer to achieve the desired sound - Balance the levels, EQ, and apply effects to each track of the original songs	- Review and approve the final mix of the original songs - Send the final mix to a mastering engineer - Mastering engineer enhances the overall sonic quality of the original songs - Begin the remixing process for the selected tracks (collaborate with healing remixers if necessary)	- Apply compression, equalisation, and other mastering techniques to the original songs - Create a cohesive sound for the entire original songs of the EP - Review and approve the final master of the original songs	- Review and approve the final remixes ready and send to mix / master engineer - Begin Reach out for pitch and placements.

TO CONCLUDE

In conclusion, this final project represents the culmination of my journey at Tileyard Education, combining my passions for music, healing, and empowerment. It has been shaped by my experiences in the vibrant music scene of Ibiza and my unwavering dedication to **utilising** music as a transformative tool.

My vision for this project is to fuse joyful dance music with healing elements, bridging the gap between mainstream appeal and the profound impact of sound frequencies on our well-being. By creating a collection of vibrant house tracks accompanied by transformative remixes, I aim to offer a unique and immersive experience that goes beyond mere entertainment.

The success of this project will be measured through various benchmarks, including industry recognition, audience engagement, and feedback from listeners. I will strive to secure music signings with reputable labels, explore the possibilities of Dolby Atmos technology, and gather valuable insights from listening sessions in immersive environments.

Throughout this endeavour, I will conduct extensive research, collaborate with industry professionals, and stay attuned to the evolving trends in the dance music scene. By leveraging the support and interest generated by my initial track, "Options," I will reach out to DJs and **utilise** targeted marketing strategies to **maximise** exposure and engagement.

While alternative approaches, such as creating an entire album focused on healing modalities, were considered, the overwhelming response to the "Options" track led me to pivot towards collaborations with major DJs and artists within the mainstream industry. This approach will allow me to reach a wider audience and introduce them to the transformative power of healing frequencies and empowerment techniques.

Ultimately, this project represents the convergence of all my interests, skills, and tools, aiming to offer a harmonious blend of fun and healing elements in music. By empowering individuals and fostering a sense of joy within the community, I aspire to make the healing potential of music more accessible to everyone. Through this project, I hope to leave a lasting impact and contribute to the ongoing evolution of dance music and its transformative capabilities.

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