

Level 5 Module Descriptors – BSc Psychology and Counselling

Module	Module Description	Recommended Core Text
Individual Differences Across the Lifespan	This module will bring together the two core GBC curriculum areas of Developmental Psychology and Individual Differences, focused around a coherent development of critical understanding of relevant theories and methodological issues across the lifespan.	Arnett, J. J. (2010). Adolescence and emerging adulthood (4th ed.). NJ: Pearson. Schaie, K., & Willis, S. L. (Eds.). (2016). Handbook of the psychology of ageing (8th ed.). London: Academic Press. Online access Chamorro-Premuzic, T. (2015). Personality and individual differences (3rd ed.). Chichester: BPS Wiley
Social Psychology: Global Perspectives	This module examines social psychology as a contemporary subject across different societies and cultures. It examines how we interact with our environment and looks at the similarities and differences that exist in our social worlds across the globe.	Baumeister, R. F., & Bushman, B. J. (2014). <i>Social psychology and human nature</i> (International edition). London: Wadsworth Cengage Learning. Available as E-book on the library system. Individual papers chosen to support this module will be referenced in the module handbook.

The Brain, Biology and Cognition	This module will bring together two core BPS curriculum topics that allows students to develop an understanding of the biopsychological systems and their role in cognitive processes. By combining these topics students will develop an understanding of how the physical structures and functions of the brain influence cognitive processes such as memory, learning, thinking, language, and the methods used to explore these processes.	Pinel, J. P. J. (2014). <i>Biopsychology</i> (8th ed.) Boston: Pearson. Also, available as E-book on the library system. AND Eysenck, M. W., & Keane, M. T. (2015). <i>Cognitive psychology: A student's handbook</i> (7th ed.). Hove: Psychology Press. Also, available as E-book on the library system.
Counselling Skills and Approaches	To further the advancement of counselling skills developed from level four and gain a critical understanding of embedded and theoretical counselling approaches that underpin a range of counselling and mental health professions today.	Jones, Smith, E. (2012). <i>Theories of Counseling and Psychotherapy. An integrative approach.</i> Thousand Oaks, California: Sage. Or Corey, G. (2013). <i>Theory and practice of counselling and psychotherapy.</i> 9th Ed. Pacific Grove, Calif: Brooks/Cole Bond, T. (2015). <i>Standards and Ethics in Counselling</i> 4th ed. Los Angeles: Sage Midwinter, R & Dickson J. (2015) <i>Embedded Counselling and Communication Skills.</i> East Sussex: Routledge. (Ebook via library system)
Research Methods II	This module will continue to introduce students to research methods, designs and analysis in psychology. Students will be considering the ethical, practical and theoretical issues in	Research Methods: Coolican, H. (2014). <i>Research methods and statistics in psychology</i> (6th ed.). London: Hodder & Stoughton.

	research and consider how to conduct strong qualitative and quantitative research studies.	SPSS: Brace, N., Kemp, R., & Snelgar, R. (2016). <i>SPSS for psychologists</i> (6th ed.). Hants: Palgrave Macmillan. OR Pallant, J. (2010). <i>The SPSS survival manual</i>. Berkshire: Open University Press Qualitative research: Smith, J. (2015). <i>Qualitative psychology: A practical guide to research methods</i> (3rd ed.). London: Sage.
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