

1.0 AI Acknowledgement:

I confirm that I have not used any AI tools in the research and creation of this assignment. I confirm that I have not presented any AI generated materials as my own work. I confirm I have copies of my drafts, notes, and other resources I used, which I may be asked to provide in evidence.

2.0 Link to the Video

Canva: <https://canva.link/7t7gpe9ueqe5yoy>

3.0 Script

I. SMART

Specific: To develop effective academic presentation skills for university by delivering presentations with less use of notes and managing nervousness so I can recall key points.

Time-bound: I want to achieve this goal by the end of the semester, which is in December 2026.

II. Strength and weakness

I am confident when speaking in front of an audience. I enjoy delivering presentations. However, sometimes, when I get nervous about a big presentation, I tend to forget key information.

III. Key steps to achieve my goal:

1. Prepare key points or a script and practice each presentation at least twice by recording myself to observe which areas need improvement.
2. Deliver at least 3 presentations during tutorial classes to get used to presenting in class and overcome nervousness.
3. Seek feedback from my peers or lecturers on my performance, such as organisation and clarity.
4. Measure my progress by rating my delivery quality, such as how well I recall key points, my gestures, and facial expressions (CBS University of Applied Sciences, 2026), as well as my confidence level, after each practice session and presentation.

In conclusion, developing good presentation skills is important not only for academic purposes, but also for career and professional benefits, such as employability and networking. That's all from me. Thank you for listening!

4.0 Reference

CBS University of Applied Sciences. (2026, March 16). *Presenting successfully: 16 tips to improve your presentation skills and give a killer presentation.* <https://www.cbs.de/en/blog/15-effective-presentation-tips-to-improve-presentation-skills>