



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

E3 FORM – Sports Research Project

APPLICATION FOR ETHICAL APPROVAL – BA level

CAIS AM GYMERADWYAETH MOESEGOL – Lefel BA

Mae'r ffurflen hon i'w chwblhau gan bob BA myfyrwr. Rhaid i bob ffurflen gael ei ystyried gan diwtor y modiwl. Dylai un copi o'r ffurflen yn cael ei roi ar y ffeiliau Gyfadran ac un copi cadw ar y ffeil myfyrwr.

This form is to be completed by all BA students conducting research, projects or productions. This form should be completed by the student. All forms must be considered by the Module tutor. A copy of the form must be kept centrally and on the student file.

ADRAN 1 – MANYLION MYFYRIWR

SECTION 1 - STUDENT DETAILS

Enw Llawn Full Name	Martene Morgan		
Ysgol/Cyfadran/ School/Faculty	University of Trinity Saint David	Rhif Myfyrwr Student Number	1707525
Cydlynnydd prosiect / Tiwtor Module Tutor/ Programme Co-ordinator	Mark Napieralla and Andrew Thomas	Enw'r Gradd Name of Degree	Sport development and management

Teitl dangosol yr Traethawd Hir:

Indicative Title of Dissertation:

Evaluating the barriers and challenges girls face when participating in sport

ADRAN 2 – MANYLION CYFRANOGWYR / CYNULLEIDFA

SECTION 2 - PARTICIPANT / AUDIENCE DETAILS

Pwy yw'r cyfranogwyr arfaethedig?	Who are the intended participants?	Ydw / Yes	Na / No
Myfyrwyr / staff Y Drindod Dewi Sant	Students / staff of Trinity Saint David	Yes	
Oedolion (dros oed 16 ac yn gymwys i gydsynio)	Adults (over the age of 16 and competent to give consent)	Yes	
Plant a phobl ifanc dan oed	Children / legal minors		No
Cleifion neu gleientiaid gweithwyr proffesiynol	Patients or clients of professionals		No

Rhywun sy'n cael ei gadw yn y ddalfa neu y mae'r llys wedi cymryd cyfrifoldeb amdano	Anyone in custodial care or for whom the court has assumed responsibility		No
Aelod o unrhyw sefydliad lle mae'n bosibl bod angen i unigolyn arall hefyd gydsynio.	A member of any organisation where another individual may also need to give consent.		No
Eraill: Nodwch: / Others: please identify:			

Nifer, Oed a Ffynhonnell y Cyfranogwyr Rhowch fanylion yr demograffeg y cyfranogwyr / gynulleidfa.		Participant / Audience Number and Age Provide details of the demographics of the participants / audience.	
Nifer o Gyfranogwyr / yn y Gynulleidfa	Participant/ number	Audience	7 - focus group 7 - questionnaires
Grŵp oedran y Cyfranogwyr/y Gynulleidfa	Participant/ group	Audience age	25 - 40

ADRAN 3 – GWEITHGAREDD YMCHWIL

SECTION 3 – RESEARCH ACTIVITY

1.	Ydy'r prosiect yn cynnwys:	Does the project include:	Ydy / Yes	Nac ydy/No
	Defnyddio holiadur neu offeryn ymchwil tebyg	Use of questionnaire or similar research instrument	Yes	
	Defnyddio prawf ysgrifenedig neu gyfrifiadurol	Use of written or computerised test		No
	Cyfweliad (cysylltwch gwestiynau posibl)	Interview (attach provisional questions)	Yes	
	Dyddiaduron	Diaries		No
	Arsylwi ar gyfranogwyr a hwythau'n ymwybodol o hynny	Participant observation with their knowledge		N/A
	Arsylwi ar gyfranogwyr a hwythau ddim yn ymwybodol o hynny	Participant observation without their knowledge		N/A
	Recordio fideo neu sain	Video or audio-taping	Yes	
	Mynediad i wybodaeth bersonol neu gyfrinachol heb gydsyniad penodol y cyfranogwyr	Access to personal or confidential information without the participants specific consent		No
	Defnyddio unrhyw gwestiynau, ysgogiadau prawf, cyflwyniad y gallai rhai cyfranogwyr eu profi fel rhywbeth sy'n achosi niwed / tramgwydd corfforol, meddyliol neu emosiynol	Administration of any questions, test stimuli, presentation that may be experienced as physically, mentally or emotionally harmful / offensive		No
	Cyflawni unrhyw weithredoedd allai achosi embaras neu effeithio ar hunan-barch	Performance of any acts which may cause embarrassment or affect self-esteem		No

Ymchwilio i gyfranogwyr sy'n ymwneud â gweithgareddau anghyfreithlon	Investigation of participants involved in illegal activities		No
Gweithdrefnau lle defnyddir twyll	Procedures that involve deception		No
Gweini unrhyw sylwedd, cyfrwng neu blasebo	Administration of any substance, agent or placebo		No
Dull arall o gasglu data neu fformat cyflwyno (esboniwch)	Other method of data collection or presentation format (please explain)		No

2. Restrú eich dull o gasglu data	List your method of data collection:
Focus group with audiotaping, questionnaire	

3. Risg Posibl: (corfforol, seicolegol, cyfreithiol, cymdeithasol neu economaidd)	Potential Risk: (physical, psychological, legal, social or economic)		
A oes unrhyw risg bosibl i:	Is there any potential risk to:	Ydw / Yes	Na / No
A Cyfranogwyr?	Participants?		No
B Ymchwilydd?	Researcher?	Yes	
C BrifYsgol/Cyfadrn?	University?	Yes	

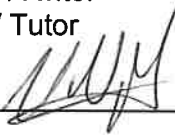
4. Rheoli Risg: Os oes, beth yw'r risg a sut y bydd yn cael ei reoli?	Management of Risk: If yes, what is the risk and how will it be managed?
A potential risk to the researcher is psychological, due to myself being a female sports participant, the comments that are getting said in focus group might relate to past experiences. To manage this, I will need to place myself away from comments and only see the comments from a researcher's perspective and not a participant. The potential legal risk to the university will correspond with the student following the university regulations student code of conduct. If the student doesn't follow regulations and act in unacceptable behaviour then it will be reflected against the university and creates legal issues and a bad reputation.	

5.	Os ydych yn delio â phlant a / neu oedolion agored i niwed, rhaid i chi gyflwyno eich tystysgrif DBS i'ch tiwtor goruchwylio i'w cymeradwyo cyn i unrhyw gysylltiad â cyfranogwyr hyn.	If you are dealing with children and/ or vulnerable adults you must present your DBS certificate to your supervising tutor for approval before any contact with these participants.	
		Ydw / Yes	Na / No
A	Ydych chi wedi gwneud cais am dystysgrif DBS?	Have you applied for a DBS certificate?	Yes
B	A yw eich tiwtor weld a'i gadarnhau eich tystysgrif DBS?	Has your tutor seen and approved your DBS certificate?	Yes

6.	A fyddwch yn cael cydsyniad gwybodus ysgrifenedig gan eich cyfranogwyr?	Will you obtain written informed consent from your participants?		
			Ydw / Yes	Na / No
A	Os na fyddwch, pam hynny?	If no, why not?		
B	Os byddwch, sut byddwch yn sicrhau cydsyniad gwybodus?	If yes, how will you secure informed consent?	yes	
Rhowch eglurhad / Please explain: I will provide a participant information sheet and a participant consent form for the participants to provide full informed consent.				
Cynhwyswch gopi o'r ffurflen gydsynio os ydych yn defnyddio un.		Please include a copy of the consent form if you are using one.		

ADRAN 4	SECTION 4
CEFNOGWYD /APPROVED	NIS CEFNOGWYD/ NOT SUPPORTED
Datganiad Mae'r wybodaeth a gynhwysir yma yn gywir, hyd eithaf fy ngwybodaeth a'm cred. Rwyf wedi ceisio dynodi unrhyw risgiau a phroblemau sy'n gysylltiedig â'r prosiect / ymchwil neu gynhyrchiad ac rwyf yn cydnabod f'ymrwymadau innau a hawliau'r cyfranogwyr.	Declaration The information contained herein is, to the best of my knowledge and belief, accurate. I have attempted to identify any risks and issues related to the project/research or production and acknowledge my obligations and the rights of the participants.

Llofnodau Dylai'r ffurflen hon gael ei chwblhau a'i llofnodi gan y myfyriwr a'r Cydlynnydd y prosiect /Twitor	Signatures This form should be completed and signed by the student and the Module tutor/Programme Co-ordinator.
---	---

Myfyriwr / Student 	Dyddiad: / Date: 28/1/2020
Cydlynnydd y prosiect /Twitor Project co-ordinator / Tutor 	Dyddiad: / Date: 29/1/2020
Sefydliad / Organisation 	Dyddiad: / Date: 30/1/2020



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

CWESTIYNAU CYFWELIAD SAMPL

SAMPLE FOCUS GROUP QUESTIONS

TEITL Y PROSIECT: / PROJECT TITLE:

Evaluating the barriers and challenges girls face when participating in sport

1	Why do girls at ks4 drop out of sport?
2	What reasons have they told you for not wanting to take part?
3	What has worked in past years to encourage them to take part?
4	What has been your most successful girls project?
5	What sports do you most commonly offer in your sports clubs?
6	Are there any sports that you've noticed to be most popular with girls?
7	Evidence from a recent journal showed that dance, gymnastics and football have the highest preference from girls in Wales, do you offer these clubs?
8	Do you think parental support is important for children to take part in sport?
9	What plan could you offer in the future to engage girls to take part in schools and communities?
10	Do you think PE teachers' structure their lessons around improving participation and enjoyment for girls?

ENW A CHYFEIRIAD YR YMCHWILYDD

NAME & ADDRESS OF RESEARCHER

Martene Morgan
126 Ravenshill road Gendres



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

CWESTIYNAU CYFWELIAD SAMPL

SAMPLE QUESTIONNAIRE

TEITL Y PROSIECT: / PROJECT TITLE:

Evaluating the barriers and challenges girls face when participating in sport

1	How long have you been teaching/coaching sport?
2	Have you noticed a decrease in female participation in ks3 and ks4 girls in the last 3 years?
3	Have you coached/ been involved with female only clubs?
4	What do you think is most important for girls within taking part in sport?
5	In your opinion, what are some barriers girls face when taking part within sport?
6	Do you think sport teaching staff has an impact on girls' experience in PE/ sport clubs?
7	Do lunchtime or after school sports club receive more attendance from all ks3 and ks4 pupils?
8	Do lunchtime or after school sports club receive more attendance from girls in ks3 and ks4?
9	A study in 2016, stated that high parental and peer role model encouragement made a significant impact to adolescent girls' physical activity, do you agree?
10	Do you think stereotyping in ks3 and ks4 school sport still exists?
11	Is there sufficient funding provided for this target group?

ENW A CHYFEIRIAD YR YMCHWILYDD

NAME & ADDRESS OF RESEARCHER

Martene Morgan
126 Lawenhill road Gendros



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Name of Researcher: *Martene*

Please initial box

1. I confirm that I have read and understand the information sheet dated *6/1/20* for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

4. I understand that my name will not appear in any reports, articles or presentations.

5. I agree to take part in the above study.

Stephanie Edwards

Name of Participant

6.1.20

Date

S Edwards

Signature

Martene Morgan

Researcher

6.1.20

Date

nmorgan

Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: My home address



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Name of Researcher: *Martene*

Please initial box

1. I confirm that I have read and understand the information sheet dated *6/1/20* for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

☐

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

☐

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

☐

4. I understand that my name will not appear in any reports, articles or presentations.

☐

5. I agree to take part in the above study.

☐

Michelle Hall
Name of Participant

13/01/2020
Date

M Hall
Signature

Martene Morgan
Researcher

6/1/2020
Date

Morgan
Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: My home address



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Name of Researcher: *Martene*

Please initial box

1. I confirm that I have read and understand the information sheet dated *6/1/20* for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

☐

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

☐

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

☐

4. I understand that my name will not appear in any reports, articles or presentations.

☐

5. I agree to take part in the above study.

☐

MARK NAPIELACH

Name of Participant

28/1/2020

Date

[Signature]

Signature

Martene Morgan
Researcher

28/1/2020

Date

[Signature]

Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: My home address



Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Name of Researcher: *Martene*

Please initial box

1. I confirm that I have read and understand the information sheet dated *6/1/20* for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

☒

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

☒

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

☒

4. I understand that my name will not appear in any reports, articles or presentations.

☒

5. I agree to take part in the above study.

☒

Michelle Lewis
Name of Participant

30/01/2020
Date

M. Lewis
Signature

Martene Morgan
Researcher

28/1/2020
Date

Morgan
Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: My home address



Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Name of Researcher: *Martene*

Please initial box

1. I confirm that I have read and understand the information sheet dated *6/1/20* for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

☒

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

☒

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

☒

4. I understand that my name will not appear in any reports, articles or presentations.

☒

5. I agree to take part in the above study.

☒

Carwyn Evans
Name of Participant

30/1/2020
Date

C. Evans
Signature

Martene Morgan
Researcher

30/1/2020
Date

Morgan
Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: My home address



Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOGIAD

PARTICIPATION CONSENT FORM

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Name of Researcher: *Martene*

Please initial box

1. I confirm that I have read and understand the information sheet dated _____ for the above study. I have had the opportunity to consider the information, ask questions and have had these answered satisfactorily.

☒

2. I understand that my participation is voluntary and that I am free to withdraw at any time, without giving any reason.

☒

3. I understand that any information given by me may be used in future reports, articles or presentations by the research team.

☒

4. I understand that my name will not appear in any reports, articles or presentations.

☒

5. I agree to take part in the above study.

☒

Sharon Walters
Name of Participant

30th January 2020
Date

S L Walters
Signature

Martene Morgan
Researcher

28/1/2020
Date

Morgan
Signature

You may decline to participate in this study. You may end your participation in this study at any time. If you decide to remain anonymous, maintaining your anonymity will be a priority and every practical precaution will be taken to disguise your identity. If you prefer anonymity, there will not be any identifying information on audiotapes or transcripts of this or any interview. No-one will hear any audiotapes or see any transcripts without your prior consent. All materials generated from this or any interview will remain confidential.

When completed, please return in the envelope provided (if applicable). One copy will be given to the participant and the original to be kept in the file of the research team at: My home address



PRIFYSGOL CYMRU

Y Drindod Dewi Sant

UNIVERSITY OF WALES

Trinity Saint David

Cyfranogwr Rhif Adnabod:
Participant Identification Number:

FFURFLEN GANIATÂD CYFRANOIAD

SAMPLE PARTICIPANT INFORMATION SHEET

TEITL Y PROSIECT: / PROJECT TITLE: *Evaluating the barriers and challenges girls face when participating in sport*

Dear Participant:

My name is Martene Morgan and I am studying in the University of Trinity Saint David. I would like to invite you to participate in my research project. This project will provide a new insight into female participation barriers and aims to overcome these barriers and find solutions.

*Attached to this letter is a short questionnaire developed by myself which will assess the sports development officers' views on female participation. I believe your opinions will be extremely helpful to me.

Through your participation in the questionnaire and interviews, I hope to ascertain that there is a solution to the challenges and barriers that ks3 and ks4 girls are currently facing.

All questionnaires will be kept strictly confidential to the researchers involved and at **NO** time will individual questionnaires be released to the general public. This gives you a chance to express your views on your programme a confidential and anonymous forum and still be able to make a difference. Your participation in this study is completely voluntary so you can withdraw from the questionnaire at any stage.

Our questionnaire should take about 10 minutes to complete, but there is no time constraint. There are also no right or wrong answers. As this is a new project, your feedback is also important to us and we would be much obliged if you could also complete the feedback sheet along with the questionnaire. We understand that your time is at a premium, but your opinions are very valuable to us.

After careful and precise analysis of the data obtained from this questionnaire, I will be happy to provide you with a copy of the findings at your request. The results of this questionnaire will hopefully enhance my understanding of barriers that girls are facing and will be stored within my project and on an online summaries copy. The results of the research will be fed back to Mark Napieralla and Michelle Hall.

We thank you in advance for your time and participation. If any questions do arise, feel free to contact me at your convenience.