

BASIC DIGITAL SAFETY



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Introduction

The possibility of freedom and boundlessness in the digital world constitutes the highest level of comfort and constant availability, on the other hand, this world is filled with threats. It is crucial to protect people's digital lives, especially in the contemporary society where almost everything is connected to the internet.

Data Backup

Always save personal documents and information on a cloud or an external hard drive. This protects the data in case of losing devices, are stolen or where the hard warrants fail (Preston, 2021).



Online Privacy Matters

One must be careful with the kind of information that he/she posts on social networks. Slightly lower the security settings on social networks and make the visibility of one's details more restrictive (David, 2024). Do not disclose details such as your home address or other financial details.



Strong Password Hygiene

Without a doubt, one of the most significant foundations of creating a secure Internet lies with password creation (Point, 2016). Do not select easy joining instead select joineries that comprise upper-case and lower-case letters, numbers and other symbols. On the matter of passwords, a person should use a password manager service that creates the passwords for him or her.



Public Wi-Fi Caution

Most Public WI-FI networks are not secure and anyone using this network can easily have his or her communication intercepted. Do not open applications with privileged information or create/fund transactions through the internet on open Wi-Fi. One can use a VPN which will help secure your connection and your data.



Device Security



While using the device, ensure to use strong passwords or use fingerprint, and face ID to enhance security. Update the operating systems of the account along with the software that runs it to meet security issues (Doherty, 2021). Use reliable antivirus software to prevent and/or minimize the effects of viruses and other potentially destructive programs.



Critical Thinking and Clicking

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Continuous Learning

Keep up with the advances of technology and the possibilities of threats (Goodell and Kolodner, 2022). They amounted to \$6 trillion in losses and adhering to the best practices of reputable cybersecurity sources will help.



Beware of Phishing Attacks



Phishing scams, which are frequently aimed at deceiving people, seek to obtain certain information from them. Avoid free online offers or any mail or message that seeks to lure you into giving personal information (Smith, 2016). The messages should be checked for the authenticity of the sender and do not open links or download questionable attachments.

Conclusion

Bearing the above-discussed measures in mind, a person will notice that he or she won't easily be a victim of cybercrime and data loss or misuse. The protection of identity online is a continuous process that is subject to changes and thus should be practised continually.

References

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