

UNIVERSITY OF WALES TRINITY SAINT DAVID

**Professional Career Development
Assignment 1**

Module: Professional Career Development

Module code: BMSW4005

Lecture:

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Professional career development

Professional development is a process that goes on throughout our lives, it is a process of learning, working, leisure and the transition to a preferred evolving future.

This means how we manage our learning, what goals we have, what we want to accomplish, what we want for our future and at least but not last is how we can reach out to our goals! This is a more important question that we have to answer truly to our selves to see where we want to be on the career ladder, as a more higher we go as more difficult will be but the satisfaction of the success will be a great award of the hard work through the entire process.

To accomplish this we need to have a strategy and create a plan based on our personal reflection. It is important to have a SWOT analysis under the hand and look at it what areas need to be improved, what we can use to do so, what is our strength to put in the first line of help.

It's really hard to judge yourself, but who knows us better than ourselves?

Once this is done we can start thinking of professional career planning and not just as a job, we have to look at it as an investment in our future.

We need to set medium-term career goals and yes, we have to meet the deadline.

Such objectives may be:

- improving the standard of service
- advanced training
- improving knowledge / in the specific field /
- good communication
- active engagement

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Actions are the smallest building block in a career plan and they must be linked to long-term goals, as their implementation will contribute to the achievement of long-term career development goals.

The long-term goals could be:

- starting a new course of study
- international training programs
- gain a new qualification

Of course, there are risks that could endanger the achievement of the planned objectives. These are those deviations that endanger the achievement of the planned objectives. The best advice is to reflect those potential threats, to look at them how they can be useful, whether they could be our ally.

SWOT analysis

medium – term planning

long-term planning

Professional competence and satisfaction

Attitude towards work is the most influential construct for professional competence, professional competence significantly influences job satisfaction, and in turn, predicts real confidence in career development.

In fact, job satisfaction is interconnected with professional competence and confidence in career development.

For the professional competence and satisfaction we have to look also at employers objectives as well, as they play also an important role here and because of this they set a job interviews to make a selection of the potential employees for the job role.

The interview can give an idea to the employers is the candidate likely to be able to perform into the job well, to participate within the organisation, is it able to get into the organisational culture?

On the other hand employees need to look not just at job position and salary they are important too but also should look for the experience they can gain, skills and any opportunity for career progression.

In fact, the most important skills an employee should have is basically - humanity:

- communication
- listening
- positive attitude

- time management
- kind and caring
- patient
- empathy
- first aid /the basic knowledge/

Reference:

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