

# **BMSW4001: Academic and Employability Skills**

## Task 1: Individual Presentation Assessment

**Name : Nuro Aligas**

**Student Number: 2131283**

# Lecture : Peter Allen



# Introduction

- Employability skills related to social working profession.
- Application of SWOT framework.
- Personal Development Plan for improving key skills.



# Overview of the intended career

- Selected career option- social work.
- Meeting the basic requirements of individuals.
- Serving the community people.
- Collaboration with service users, family members and the communities.
- Enhancement of collective wellbeing (Marc *et al.*, 2019).



# Personal SWOT analysis

## Strengths

- Verbal communication skills
- Writing skills
- Time management skills
- Interpersonal skills
- Team working capabilities
- Analytical competencies
- Collaboration potentials
- Work experience working for the Nhs for 6 years



## Weaknesses

- Inadequate stress management.
- Poor conflict handling.
- Lack of problem-solving skills.

# Personal SWOT analysis (Contd)

## Opportunities

- Significant opportunity in social work.
- Significant requirement in social working profession.
- Career growth prospects.
- Application of information technology (IT).
- Network with social workers.

## Threats

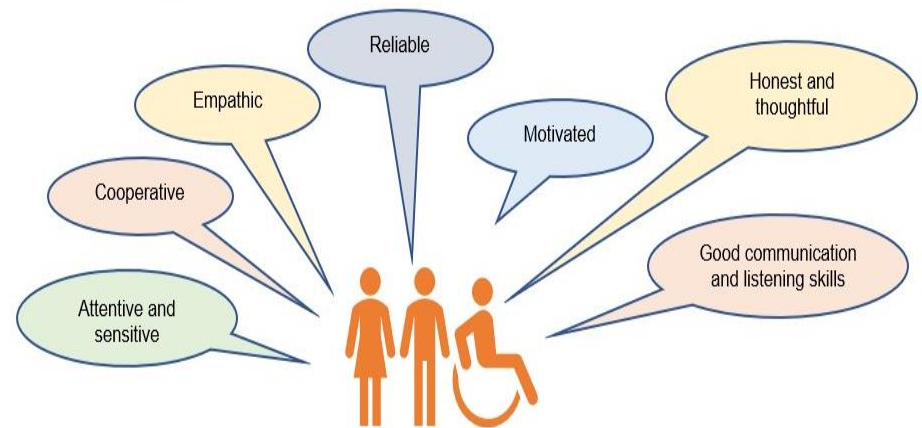
- High level of competition.
- Uncertain economic scenario of Covid-19 pandemic (Kuzmina *et al.*, 2021).
- Lack of prior work experience as a social worker.



# Employability skills relevant for a social worker

- Verbal communication skills.
- Non-verbal communication skills.
- Team working skills.
- Interpersonal skills (Koprowska, 2020).
- Analytical skills.
- Time management skills.
- Collaboration skills (Forrester *et al.*, 2019).

What makes a good social worker?



# Skills needed to be improved

- Stress management,
- Serious decision making
- Problem-solving skills  
(Dimitrova, 2018).



# Personal Development Plan

| Specific                   | Measurable                                                        | Attainable                                                                  | Relevant                                                       | Time-bound |
|----------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------------------|----------------------------------------------------------------|------------|
| Stress management skills   | Successful completion of tasks within stipulated schedule.        | Practicing meditation, yoga, regular physical exercise.                     | Coping up with workload pressure, accurate execution of tasks. | 6 months   |
| Conflict management skills | Resolving conflicts in the context of group work.                 | Interpersonal communication, transparency and trust among the team members. | Successful attainment of group objectives as a social worker.  | 4 months   |
| Problem-solving skills     | To solve critical problems and coping up with complex situations. | Going through social work case studies related to conflicts and challenges. | Enhancing effectiveness as a social worker.                    | 5 months.  |

# Conclusion

- Reflection of existing employability skills.
- Analysis of skills to be developed.
- Application of relevant frameworks.



# References

- Dimitrova, Y.M., (2018). PROFESSIONAL OBLIGATIONS AND RESPONSIBILITIES OF THE SOCIAL WORKER. *KNOWLEDGE-International Journal*, 28(6), pp.2075-2078.
- Forrester, D., Westlake, D., Killian, M., Antonopolou, V., McCann, M., Thurnham, A., Thomas, R., Waits, C., Whittaker, C. and Hutchison, D., (2019). What is the relationship between worker skills and outcomes for families in child and family social work?. *The British Journal of Social Work*, 49(8), pp.2148-2167.
- Koprowska, J., (2020). *Communication and interpersonal skills in social work*. Sage.
- Kuzmina, M., Kuzmin, V., Mosaiev, Y., Karpenko, N. and Tarasenko, K., (2021). Forecasting Career-And Competence Indicators of a Social Worker in the Context of Digital Transformations of the Society. In *SHS Web of Conferences* (Vol. 100, p. 04005). EDP Sciences.
- Marc, C., Dimeny, J.M. and Bacter, C., (2019). The social worker-client relationship: Difficulties and solutions. *Bulletin of the Transilvania University of Braşov. Series VII: Social Sciences• Law*, pp.377-386.

