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Module: ADAA4000

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Me, Myself and I can be found under the following link <https://youtu.be/0Yp4F-PMMsg>

The film *Me, Myself, and I* is a visual interpretation of Episode 14 “SEELE, the Throne of Souls” from the revolutionary 1995 anime titled Neon Genesis Evangelion (dir. Hideaki Anno, produced by Gainax and animated by Tatsunoko), a mecha anime set in the futuristic Tokyo-3, exploring the themes of human psychology, Christian and Jewish religious imagery, and the director’s own emotional struggles with depression through an existentialist lens. From start to finish, the series poses a series of questions - what is human morality? Who am I? How do I exist in the context of others?

The second half of Episode 14 “SEELE, the Throne of Souls” focuses on Rei, a human vessel for the soul of Lilith, and explores her seemingly cold and distant, doll-like existence. The viewer comes to realise that below the surface, Rei is a chaotic individual that fights for taking ownership of her life. She begins to create her own “self” through poetry, images, shapes and relationships she has with other people, even if against her will.



Neon Genesis Evangelion (1995) Episode 14

In my film *Me, Myself, and I*, I begin to explore what is important to me - traditional art, such as watercolour painting, in a context of digital medium. Having spent the bigger portion of my teenage years in a fine art studio, I acquired a vast range of skills that would prove helpful in my own expression. I believe mixed media is the only way to translate my own, highly complex perception of the world, into words and tangible images. I understand photography through the lens of still-life, music, poetry, performance art.

The script for *Me, Myself, and I* was created by translating the original dialogue from Episode 14 of Neon Genesis Evangelion into Polish, my first language, and voiced in collaboration with my partner in the first part, and myself towards the end. This in turn makes it more personal and meaningful, as the both of us make our use of Polish the most important thing in our everyday lives.

I feel as though I pretend to be a person most days, as though I need to prove that I fit in society, but I don't want to anymore. I want to embrace all things that make me *me*, all experiences, memories and connections, a string of numbers and DNA and colours and shapes. I am myself, and that is enough.

Bibliography:

Neon Genesis Evangelion IMDb page: <https://www.imdb.com/title/tt0112159/>

Tsang, Gabriel (2016) "Beyond 2015 : Nihilism and Existentialist Rhetoric in Neon Genesis Evangelion" [Available at <https://tsukuba.repo.nii.ac.jp/records/41801>]

Carpenter, Austin (2020) "Hand to God : Neon Genesis Evangelion's gnostic gospel of deconstruction" [Available at <https://soar.suny.edu/handle/20.500.12648/1589>]