

Report on Health, Safety, and Risk Assessment (HPMF4006)

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The purpose of this report is to research and explore the need of Health, Safety and Risk Assessment during filmmaking. As an adventure filmmaking student, health, safety and risk assessment is always important. This is because we will always have outdoor and adventurous activities, which might be dangerous to do so. Knowing more about health, safety and risk assessment can let us to have a better working environment in our studies and activities, or even on our work.

The requirements of this research are as follow:

- Understand the reason for doing health, safety and risk assessment
- Understand the flow and procedures on doing a health, safety and risk assessment
- Finished the portfolio in health, safety and risk assessment

After finishing the whole report and portfolio, I should be able to fulfill all the points above.

Before I start this module during the course, I have no idea in health, safety and risk assessment even I had been filming back during my secondary school. Me and my classmates just start filming with the script, never will us do anything related to health, safety and risk assessment. Sometimes we even put ourselves in danger without even noticing these risks. During my lectures in this course, I had learnt the importance on health, safety and risk assessment. On a filmmaking event or project, health, safety and risk assessment and keep me, the actors, the crew, or even the public in a more safety environment. Health, safety and risk assessment. For example, the risk assessment form can let us know what the potential dangers and risks on the scene or area of filming will be; the emergency plan can

let us know what should be done in case of an emergency. Although these forms and assessments might increase our workload, but they can probably give everyone a safer working environment. For myself, I have been sent with a call sheet to a filming scene as a trainee, and all the others are new to me. These can give me a better idea on what health, safety and risk assessment is about and what can be done to make filming more safety.

During my portfolio development, I had understood how health, safety and risk assessment works. I had completed various kind of health, safety and risk assessment, including:

- Outline of scenario and proposed filming;
- Production Risk Assessment;
- Emergency Plan
- Call Sheet
- Filming Methods
- Participant Fitness Review
- Location Review (recce)
- Safety Review Based on Initial Risk Assessment
- List of Control Measures
- Safety Vetting Form
- Record of Any Accident
- Manual Handling Assessment

All these assessments let me understand the flow and procedures on health, safety and risk assessment. Also, these assessments let me understand the importance on health, safety and risk assessment, as I researched quite a lot about the accidents about accidents during filming. For example, injuries on action films and even death on dangerous stunts are not a rare thing. All these accidents can be avoided by having a much more in-depth health, safety and risk assessment. More dangerous the filming is, more health, safety and risk assessment should be done. Most of the large-scale filmmaking company will do health, safety and risk assessment on their filming but most of the smaller scale one (such as secondary school productions) does not.

On the technical side, I have also understood the proper safety rules on using different equipments. We had learnt the proper ways to use the equipment such as the cameras, tripods and LED lights without injuring ourselves and the others. For example, we should set up a designated area for placing equipment and the wires and tripods on stand should be properly managed, so they won't trip anyone on the set. We had also learnt the importance of PPE (Personal Protection Equipment) during filming in dangerous environment. For example, we must wear helmets and headlights while filming in cave, and we should wear wetsuits and buoyancy aid while filming in cold rivers. These actions can prevent anyone from danger, or even risking their life.

As an outcome, I had understood the reason and importance for doing health, safety and risk assessment. Also, after finishing the portfolio, I had also understood the flow and procedures on health, safety and risk assessment. These researches and portfolio developments can help me to create a safer environment for my work and filming during my studies, or even when I come out to work in TV or film companies.

In conclusion, the health, safety and risk assessment module are really new and fun to me. I had never thought of so much can be done to make filming to become so much safer. This module also gave me an idea what to do in my further filmmaking preparations.