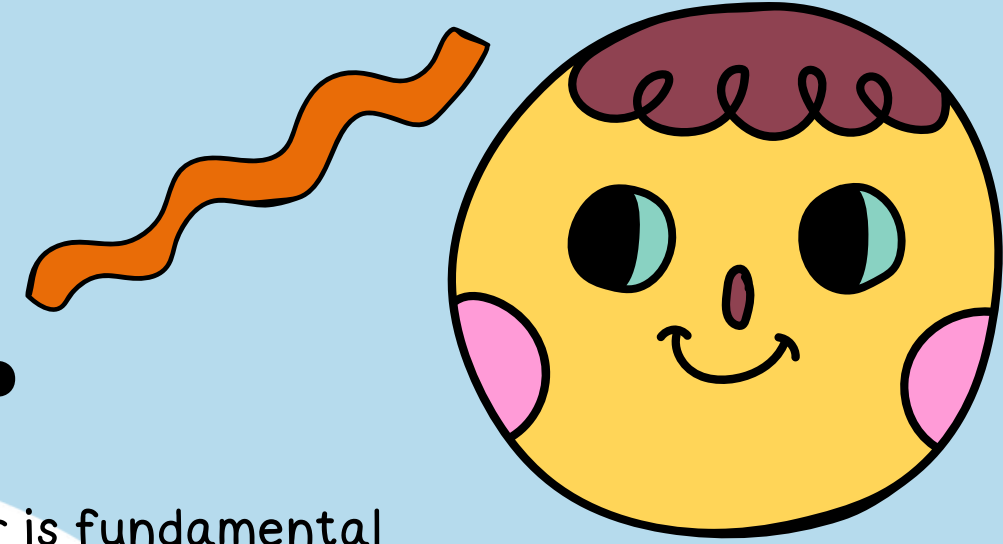
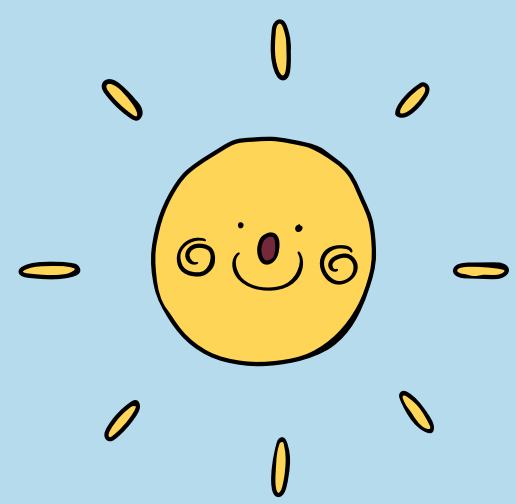


Encouraging Sisu in Early Years settings.



Caregivers and educators in early years childhood settings can promote social interaction and mutual understanding by using the following approaches:

- Model positive behaviour to show children how to interact kindly and respectfully with others.
- Support children in expressing their emotions and communicating during interactions.
- Use clear visual cues and prompts to help children understand routines, transitions, and what is coming next, reducing uncertainty and anxiety.
- Setting clear expectations with age- appropriate rules to ensure children understand what is acceptable behaviour.
- to ensure a supportive environment with consistent routines to ensure the children feel safe and secure (Cost Compass, no date).

Fostering positive behaviour is fundamental to children's development.

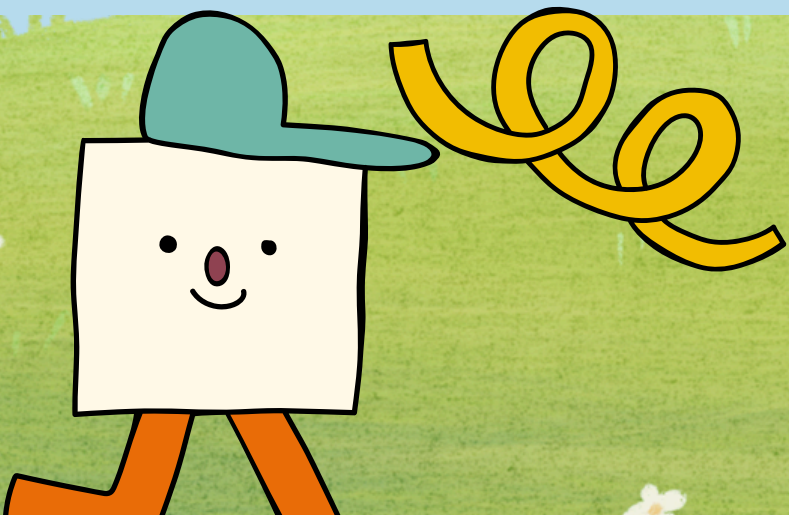
When children in an early years setting experience interaction and build relationships, it helps build positive relationships later on in life. When the practitioners promote a kind, patient and nurturing environment for children, it ensures the children feel safe and valued which helps encourage them to show kindness to others and develop patience (Care Learning, 2025).

A supportive early years environment is created by consistent routines to promote children's sense of security, confident

and safety. In Finland the Sisu programme supports children to build inner strength, positive behaviour and resilience. Learning is taught by the child's readiness and stage of development rather than strict academic subjects. there is also a focus on hand-on experience with frequent outdoor play and exploration of the natural environment

Sisu believes children in the early years setting learn for life and not for school (info FINE, 2020).

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REFERENCE LIST

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