

BECOMING A MIDWIFE

Academic and
Employability Skills
(BMSW4001_LON)
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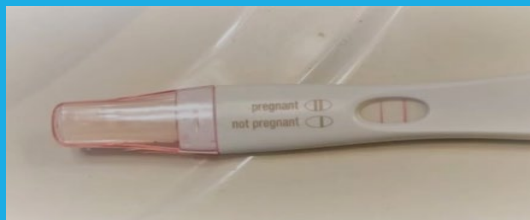
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UNIVERSITY OF WALES
Trinity Saint David

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THE PASSION TO HELP GIVE LIFE

Midwives are a qualified health team to help women in their most important and delicate process; start a new life, in addition to being their main support from the beginning of pregnancy to delivery and subsequent postpartum.

Midwife | Health Careers



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SKILLS & QUALITIES OF A MIDWIFE

***MEDICAL SKILLS**

THEY MUST BE ABLE TO MONITOR THE PREGNANT WOMAN FROM TAKING OF VITAL SIGNS TO DETECTION OF ANY ANOMALY IN THE BABY'S DEVELOPMENT, HOWEVER THEY CAN'T PRESCRIBE MEDICATION IF THEY AREN'T CERTIFIED TO DO SO.

***GOOD COMMUNICATION SKILLS**

AN IMPORTANT POINT IS GOOD COMMUNICATION BOTH WITH THE NEW PARENTS, WHO SHOULD BE HELPED WITH THEIR CONCERNS WHILE TEACHING ABOUT PREGNANCY AND CHILDBIRTH, AS WELL AS WITH THE MEDICAL STAFF IN CASE OF AN EMERGENCY.

***Flexibility**

BECAUSE BABIES ARE BORN AT ANY TIME AND ON ANY DAY THEY CANNOT HAVE A FIXED SCHEDULE; THEY MUST ALSO BE FLEXIBLE WITH THE NEEDS OF NEW PARENTS.

***Keeping Cool in Emergencies**

IN TIME OF EMERGENCY, THEY SHOULD KEEP CALM AND TRANQUILIZE THE PARENTS IN A TIMELY WAY, AS WELL AS THEY SHOULD MANAGE THEIR OWN STRESS, PREVENTING IT FROM INTERFERING WITH THEIR CAPACITY TO ACTION

*** FAST THINKING**

THEY MUST MAKE QUICK AND ACCURATE DECISIONS IN EMERGENCIES BECAUSE IN A FEW SECONDS A SITUATION CAN BECOME COMPLICATED TO THE POINT OF BEING DEADLY.

Andrews (2017) was a useful source of information.



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HUMAN FACTOR

The midwife is not only a medical support during pregnancy, she is also an emotional support for the parents in cases where the birth or the formation of the baby does not come to a successful conclusion, for which she must have a good level of empathy with the feelings of the other people.

OPPORTUNITIES

- ❖ Midwifery is a universal career, that due to its importance and necessity can be carried out anywhere in the world.
- ❖ A diverse professional career, that has great success and acceptance in the health sector and society.
- ❖ Salaries that are evaluated by public bodies and can be increased with the level of experience acquired over time.
- ❖ Additional studies, that allow promotion to higher positions, in addition to allowing to perform as teachers with the new midwives.

Midwife/HealthCareers

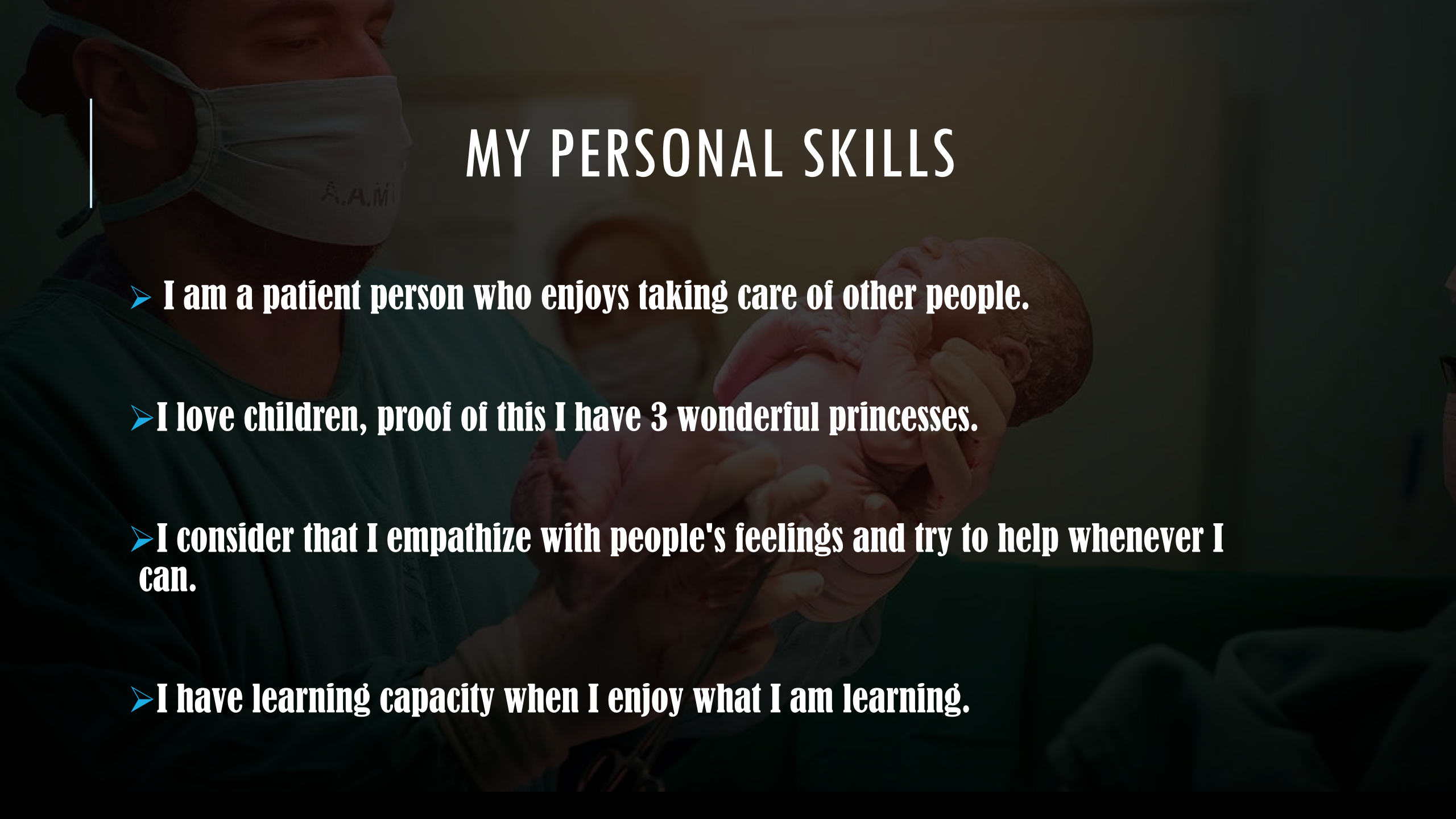
(NATIONAL HEALTH SERVICES, N/A)



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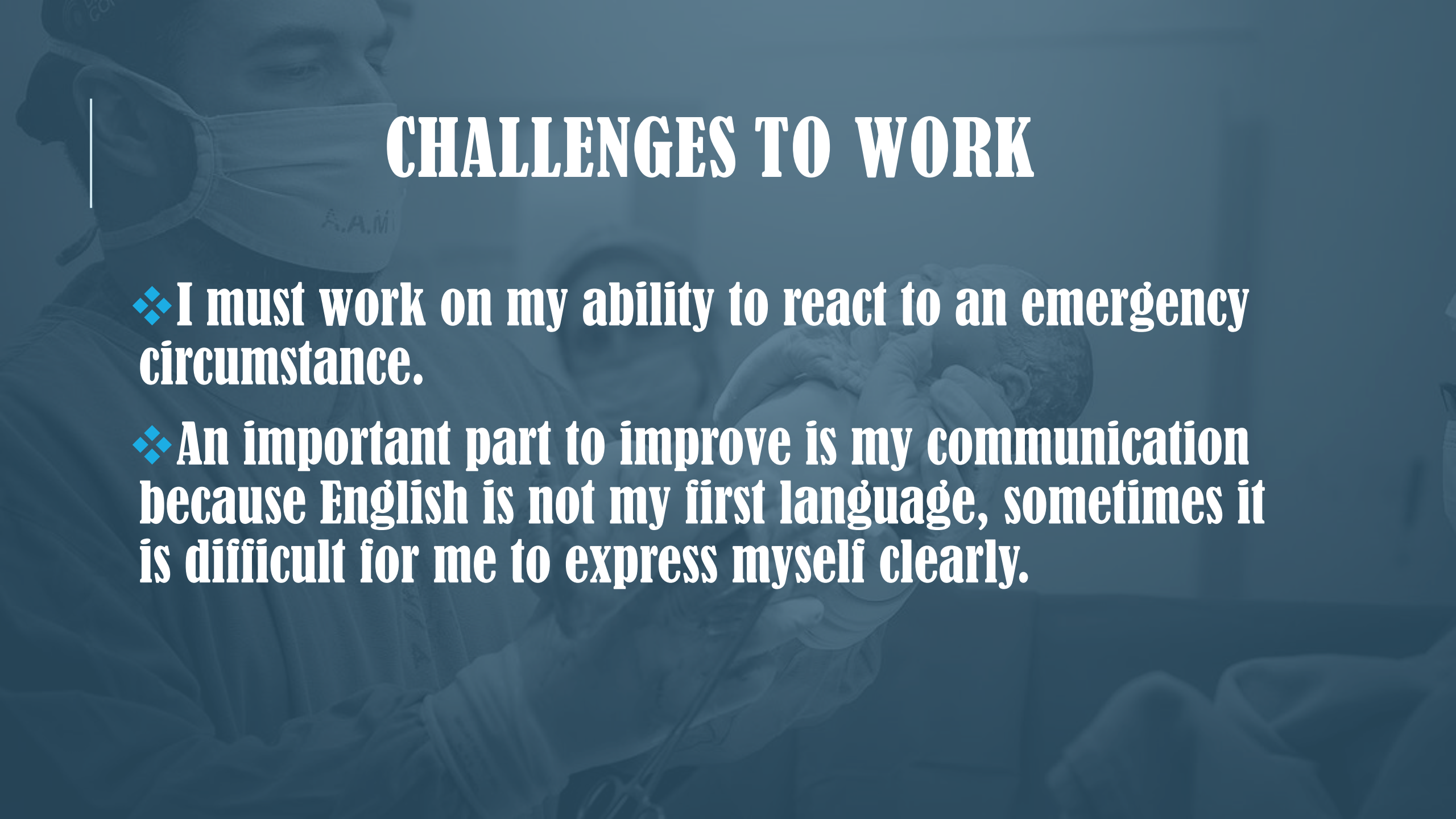


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A healthcare worker, likely a nurse or doctor, is shown in profile, wearing a white surgical mask and blue gloves. They are gently holding a newborn baby. The background is slightly blurred, showing another person in a mask. The overall tone is professional and caring.

MY PERSONAL SKILLS

- **I am a patient person who enjoys taking care of other people.**
- **I love children, proof of this I have 3 wonderful princesses.**
- **I consider that I empathize with people's feelings and try to help whenever I can.**
- **I have learning capacity when I enjoy what I am learning.**



CHALLENGES TO WORK

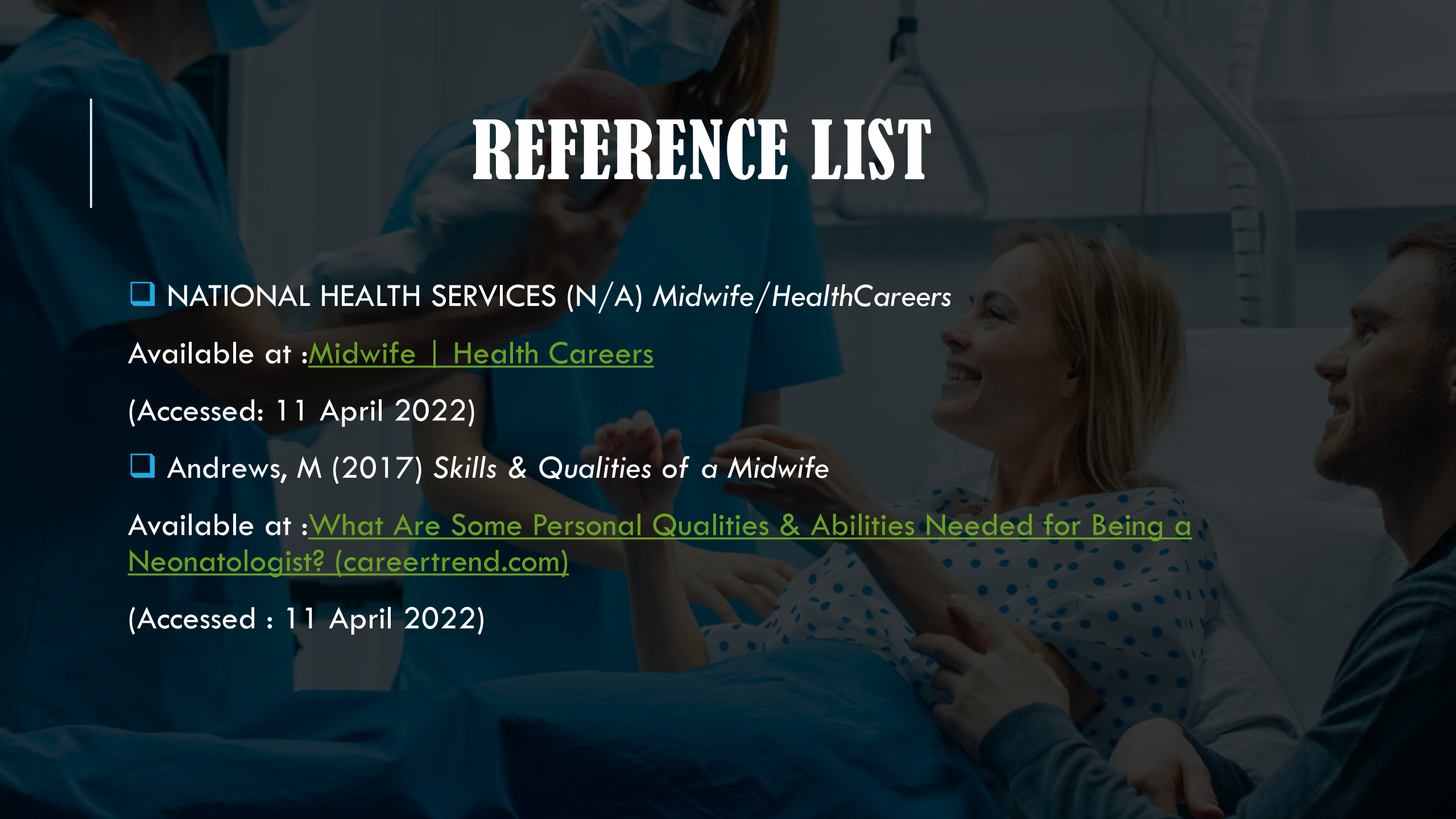
- ❖ I must work on my ability to react to an emergency circumstance.
- ❖ An important part to improve is my communication because English is not my first language, sometimes it is difficult for me to express myself clearly.

A CAREER IN MIDWIFERY VIDEO PRESENTATION

<https://youtu.be/tvzUbYRwcTk>



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A woman in a hospital bed holding a newborn baby, with a partner and medical staff present.

REFERENCE LIST

❑ NATIONAL HEALTH SERVICES (N/A) *Midwife/HealthCareers*

Available at : [Midwife | Health Careers](#)

(Accessed: 11 April 2022)

❑ Andrews, M (2017) *Skills & Qualities of a Midwife*

Available at : [What Are Some Personal Qualities & Abilities Needed for Being a Neonatologist? \(careertrend.com\)](#)

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