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Obesity in Community Wandsworth

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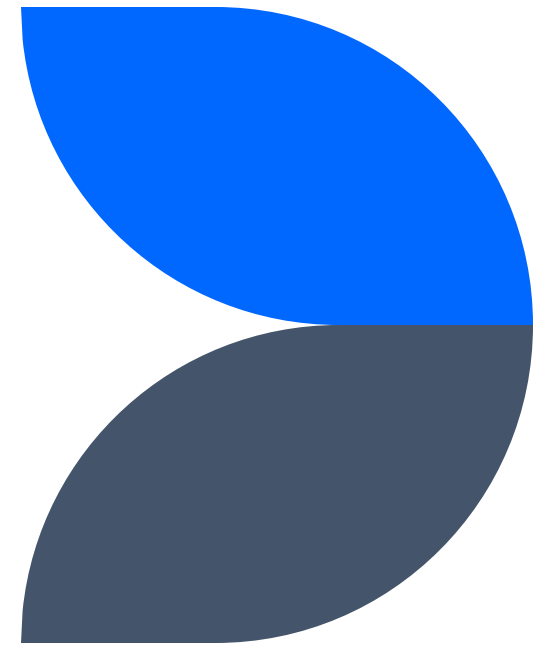
Wandsworth

- ❖ Introduction
- ❖ Demographic of Wandsworth (Variety of needs of individuals, families and groups)
- ❖ Population, religion ,ethnicity ,concept of individual and groups
- ❖ The main issues (Obesity)
- ❖ Causes, cost and mortality rate due to the health issues
- ❖ The used of digital in promoting health education
- ❖ Conclusion
- ❖ References

Community Care Development:

According to the United Nations & WHO, community development is a process wherein people of a community come together to take collective action and discover solutions to common problems.

(WHO, 2014)



Introduction

Main issues

Obesity is a rapidly growing public health problem affecting an increasing number of countries worldwide because of its prevalence, cost and health effect (NICE, 2014)

Obesity can lead and be associated with

Diabetes

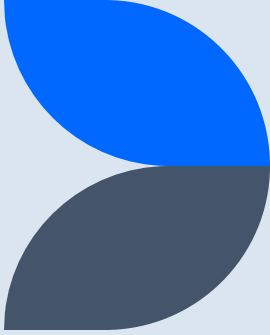
Heart
Disease

Acid Reflux
Stomach

High blood
pressure and
Sleep Apnea

Cancer

Demographic of Wandsworth



Women
58 out 100

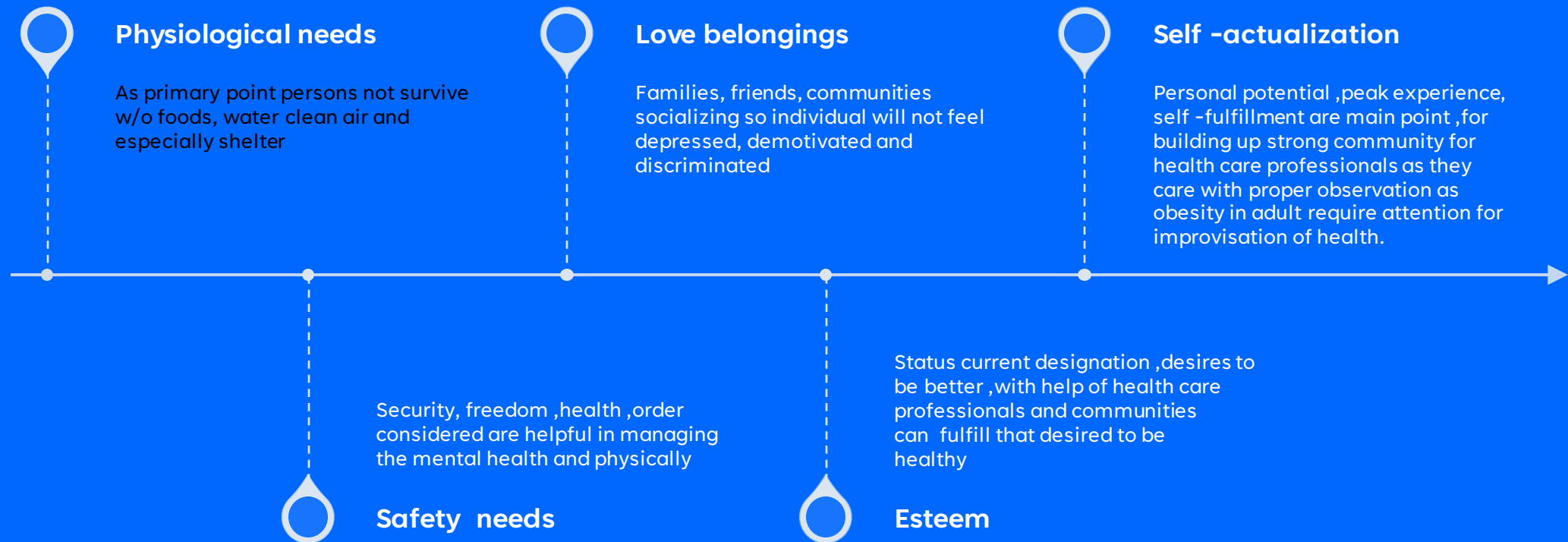
MEN
68 %

Children
1 out 5

White English
67.8 % and 10.1
Are Black & 11.6
Asian

327,506 the
Wandsworth
Population in
2021

Variety of needs of individuals, families and groups



Causes, cost and mortality rate in obesity

Causes-basically obesity is diseases which develop by overeating habit ,genetically and not physical active which leads to accumulation of fats in lipids molecule of the body which results of overweight or obesity.

Cost –the health issues NHS spends a massive gross of £6 billions annually and rising of £9.7 billion by the 2050.



Legislation and Policy

Human Rights Act 1998

Article 9-the right freedom of thought ,conscience and religion.

Article 10 –Right to freedom of protection.

Article 14-Protection from discrimination.

Equality Act 2014

Protocol that protects the person with disability ,in physically or mentally.

Protects from being treated badly because something connected with disability ,support with medical appointments or having assistance dog

How the digital Communication Use

Wandsworth Digital

Wandsworth team put together useful 'resources & Information Pack about all things in the borough.

It's a list where to get support ,help, training, funding for anything digital for community.

Volunteer offering Support

Support for charities and community organization.

Engaging community by teaching and assisting in new technology in case of emergency especially elderly.

Supply chains

Funds for available for digital work services from Wandsworth funders,

Example; Wandsworth Council-various funds incl. Grant Fund , Local fund ,Youth Opportunity Fund.

Installing free Wi fi in the communal areas of council state by Hyperoptic.



Conclusion

- ❖ The importance of the involvement of communities and nonprofit organization into a particular issues such obesity belief that improvement in public health and well- being reflected in policies in UK with the health and social care element (WHO,1998)
- ❖ *Our Health ,Our Care, Our say* was also stated by *Choosing Health* can play significant role and added communities are vital in promoting health and can be play substantial role in individual self –esteem ,mental and physical health and can reduced being felt in exclusion. (Rask, et al.,2011)

References

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