

**Level: 4 Certificates in Higher Education
Health and Social Care**

Individual presentation

Assignment 1

**Academic and employability skills module
BMSW 4001**

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Introduction

- ▶ Career Path : Chosen Profession & Why
 - ▶ Academic skills
 - ▶ Employability skills
 - ▶ SWOT analysis

Systemic Family Therapist

Systematic family therapy aims to resolve any conflict and distress within the family dynamic. Overall trying to improve interactions and patterns between relatives.

Examples of circumstances:

- ▶ Child's behaviour
- ▶ Struggling with addiction
- ▶ Mental health
- ▶ Coping with loss or trauma

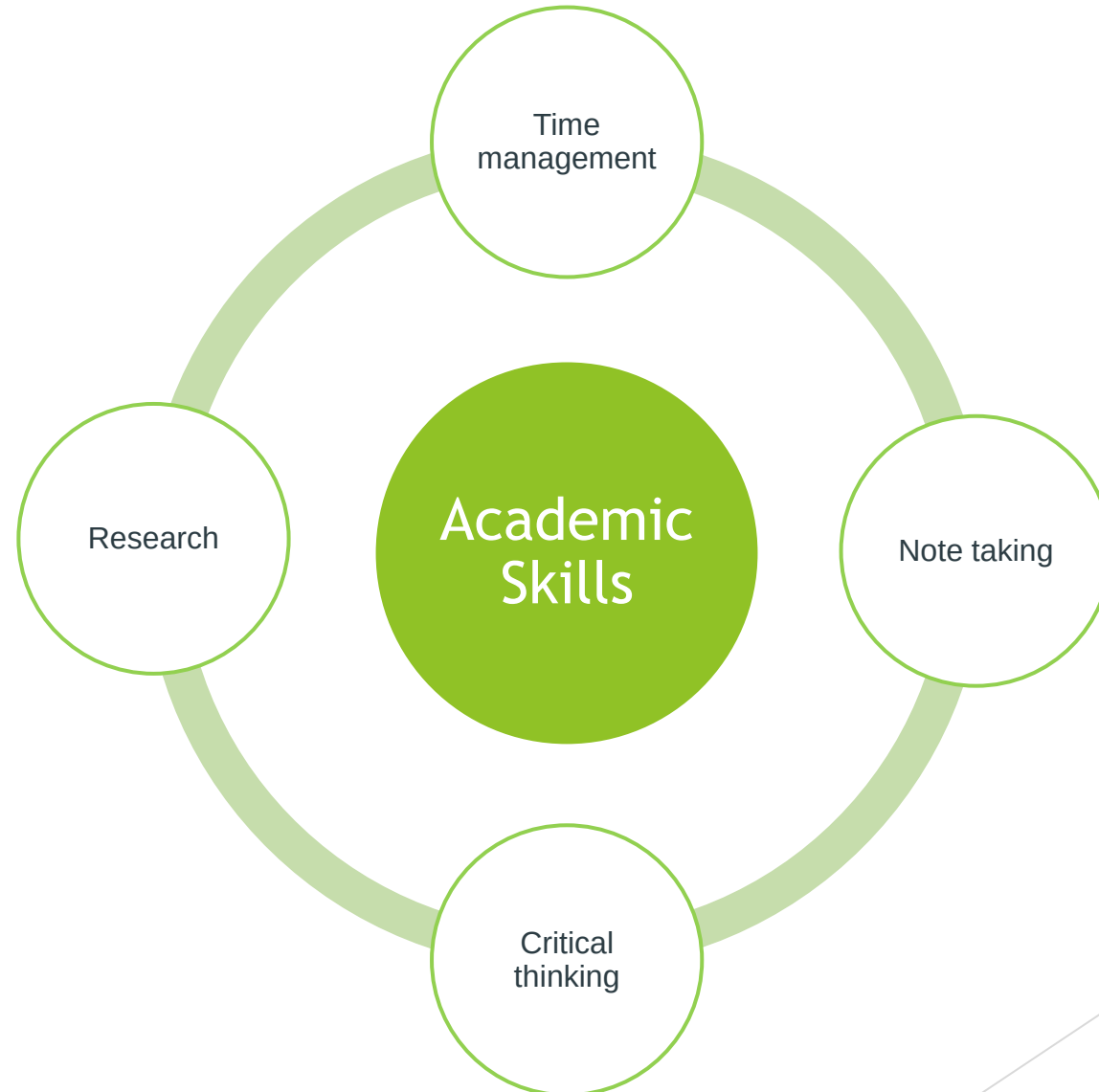


The affects of COVID-19 and the challenges families face during this pandemic

- ▶ Bereavement
- ▶ loss of income
- ▶ VAWAG
- ▶ Addiction
- ▶ Social Isolation



Academic skills



Employability Skills

These are :

- ▶ Attending- being in the presence of the client and giving them your full attentiveness
- ▶ Silence- gives the client power over the subject, rhythm and goals of sessions.
- ▶ Building rapport - creating a sense of connection with the client.
- ▶ Focusing - making decisions about what issues the client wants to tackle .



SWOT Analysis

Strengths	Weaknesses
• Teamwork • Initiative • Problem solving • Communication • Flexibility	• Too Sensitive • Insecure • presentation skills • creative writing
Opportunities	Threats
• Studies • Provide support • Gain more work experience • To be successful in my career	• Lack of funds • Lack of resources • Impact of the COVID-19 on society • Changes in government legislation

References

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- ▶ Dallos, R. and Draper, R., 2010. *An introduction to family therapy: Systemic theory and practice*. McGraw-Hill Education (UK)
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- ▶ Office of National Statistics, (2020). Deaths involving COVID-19, England and Wales: deaths occurring in May 2020. [online] Available at: <https://www.ons.gov.uk/peoplepopulationandcommunity/birthsdeathsandmarriages/deaths/bulletins/deathsinvolvingcovid19englandandwales/deathsoccurringinmay2020> [Accessed 29 Mar. 2021].
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- ▶ Royal College of Psychiatrists, (2020). Addiction services not equipped to treat the 8 million people drinking at high risk during pandemic, warns Royal College. [online] Available at: <https://www.rcpsych.ac.uk/news-and-features/latest-news/detail/2020/09/14/addiction-services-not-equipped-to-treat-the-8-million-people-drinking-at-high-risk-during-pandemic-warns-royal-college> [Accessed 26 Mar. 2021].

For further information or advice:

UWTSD Counselling Service

Call us: 02075 667600

Website: <https://live.uniticms.com/uwtsd/>

Resources: https://hwb.uwtsd.ac.uk/pages/health_wellbeing

*If you in an emergency, or at immediate risk of violence and are unable to talk, you can make a **Silent Call** from your mobile to the police by dialling **999** – then **55**.*

This will alert the police that you are in an emergency.

Thanks for listening!



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ARE IN
THIS
TOGETHER