

Elena Rawlins
1907922

A case study on a group

Every Friday a group of pupils from Rhyd Y Groes school attend Laser Station with two members of staff. The pupils would be rewarded for good behaviour during their week at school and were given a choice of venues that they would like to attend. Laser Station became their favourite activity and this then was a regular booking. The group would vary between the ages of 12 up to 16, and be no more than 8 pupils at one time.

The school would be in contact during the week to make arrangements and the staff would happily open the venue during the day each Friday making sure that they were the only customers at the premises, this is due to some of the individuals in their group suffering with ADHD, anxiety or autism. By ensuring they had the whole venue this would settle the pupils and provide a safe environment for them to completely relax and enjoy their experience with us.

On arrival the pupils would show some signs of behavioral issues and be slightly hyper. Our staff were fully aware of these signs and soon easily calmed the situation by chatting with each pupil and discussing how they were planning on playing their laser game whether it would be a solo game or in teams. Once taken into the game room and kitted up with their gun packs the group listened carefully and became excited. Both members of staff also joined in on the game. Each game lasted 18 minutes long, during the first game two of the pupils were removed from the arena by their care providers for bad behaviour during the game, they sat with us staff in reception to calm down and chat about their actions. I found this very assuring as they felt comfortable to discuss this with us. The group then had a break and squash and snacks were provided, giving them time to cool off and relax.

The group then entered the arena for their second game, in which they all played happily for the full 18 minutes and thoroughly enjoyed. Experiencing this was fantastic as it was very rewarding seeing the transition between the behaviour in the pupils change dramatically and they showed full respect towards staff at all times.

The group continued to attend Laser Station every Friday every week during the school term, each member of staff became a friendly face to each pupil and this then eased the pupils on every visit to the venue. The whole experience was a joy and a learning curve for all staff members involved.

Laser Station has now become their safe, enjoyable venue as a reward for each pupil and we welcome them back every Friday afternoon. Every week we would have great conversations with the pupils, each of them chatting about their week and what had been happening with friends and family, a fun enjoyable time was had by all.

Laser Station (2020) Available at: <http://laserstationwales.co.uk/> (Accessed: 03/11/2020)