

Presentation

To show how

Erikson's psychosocial

theory relates to A child

component 1

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Course: health and social care in the work place

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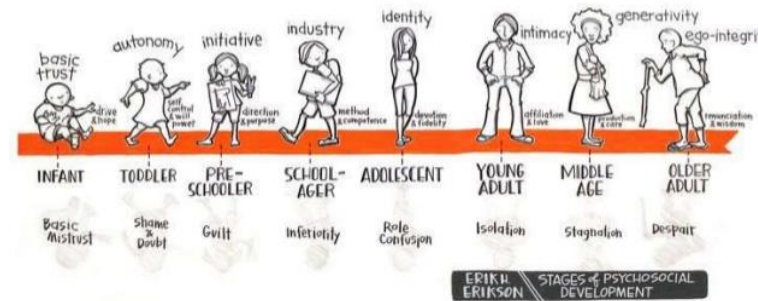
Prabjot Sahota

Introduction

Eriksons theory of development relating to a child age three in a nursery setting

Eight Stages

of Psychosocial Development



"Eriksons theory of psychosocial development suggests that children around three to five years old are developing initiative, independence and confidence(Erikson, 1963)

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(Branje,S and Koper,2018)



SOCIAL
Difficulty joining group
play



EMOTIONAL

Anxiety when
carers leave



COMMUNICATION
Limited verbal
communication



COGNITIVE
Needs support with learning and
interaction

Overview of Shonas situation

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(spielman,jenkins and
lovet,2020)

Explanation Erikson's Theory

► Erikson's psychosocial development

Infancy ----- early childhood-----3-5 years
school age -----adolescence

Initiative vs guilt

Aproximately 3-5 years

Developing understanding

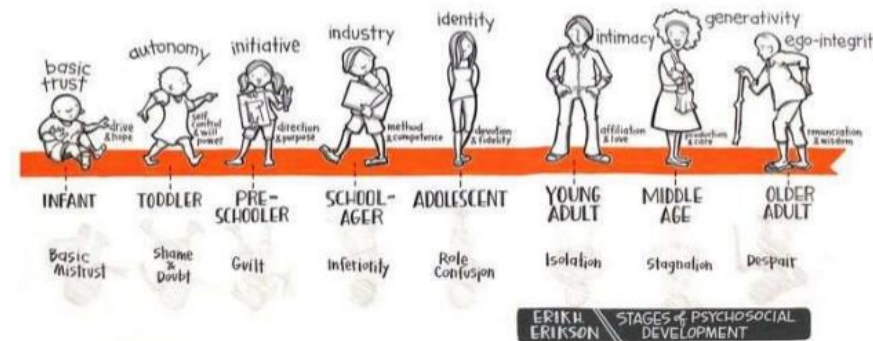
Exploring the environment

Developing confidence

Beginning to take initiative

Developing relationships with others

Eight Stages of Psychosocial Development



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(American psychological
Association, 2023)

Application of Eriksons psychosocial theory to Shona

- ▶ Shona age 3 years
- ▶ Eriksons stage 2 and stage 3

2 Limited communication

Shona may find it difficult to express her needs, make choices or initiate activities, which can affect her initiative and confidence

1 Anxiety when separated from carers

Eriksons stage 2, autonomy vs shame and doubt, maybe relevant as Shona develops independence, at age 3, stage 3 initiative vs guilt is main stage to consider

3 Shona may need extra support to explore, solve, simple problems and join activities. Eriksons theory focuses on the psychosocial development rather than directly assessing cognitive ability

Nature vs Nurture

Understanding Shonas development age 3

NATURE

Inborn characteristics

Genetics

Temperament

Natural abilities

NURTURE

Environment and experiences

Family relationships

Nursery experiences

Adult support

Erikson, 1963)

Support strategies interventions promoting Shonas development

EMOTIONAL

PROVIDE TRUSTED KEY WORKER
ESTABLISH CONSISTENT GOODBYE
ROUTINE
HELP HER EXPRESS HER FEELINGS

SOCIAL INTERACTION PRAI

COGNITIVE

PUZZLES/GAMES AGE APPROPRIATE
STORIES
PROBLEM SOLVING

SOCIAL

SMALL GROUP ACTIVITIES
ENCOURAGE FRIENDSHIPS &
COOPERATIVE PLAY

PHYSICAL

CLIMBING
OUTDOOR PLAY

(Branje ,S and
Koper,2018)

Critical Evaluation Of Erikson's Theory Applying the theory to Shona age 3

Usefulness	Limitations
Eriksons stage of autonomy versus shame and doubt helps practitioners understand Shona's need to developing dependence, confidence and emotional security. Encouragement, reassurance and simple choices may help her feel more confident in nursery.	Eriksons theory does not fully explain why Shona experiences separation anxiety, has limited verbal communication finds group play difficult. Her development may also be influenced by attachment, family experiences, language development and individual need

Overall evaluation

Erikson provides a useful framework, but every child develops differently, practitioners should combine the theory with observations of Shona and other approaches to meet her individual needs

(Erikson, 1963)

References

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