

M6X00963 Current Debates in Counselling Programme Handbooks & Scheme of Work 2019-2020

MODULE CODE: M6X00963
TITLE: Current Debates in Counselling
DATED: 19/05/2014
LEVEL: 6
CREDITS: 20
JACS CODE: B940

AIM

- To apply a critical enquiry to contemporary issues at the forefront of Counselling and Care.

LEARNING OUTCOMES

Upon the successful completion of this module, the learner should be able to:

1. Apply a critical enquiry to contemporary issues at the forefront of the subject.
2. Critically evaluate current debates associated with the relationship between professionalism and ethics.
3. Critically articulate central theoretical arguments within the discourse of Care and Well-being.(6.6)
4. Employ appropriate academic conventions in the production and presentation of work.

INDICATIVE CONTENT

The module offers to learners the opportunity to critique a number of debates current in the Counselling and Care field. It is reasonable therefore to assume that these debates will move and change over time. However, as an example of current issues the module could address:

Professional Ethics and Professionalism: the philosophical field of morals and ethics is arguably one of the most fascinating and challenging aspects of human existence. Moral and ethical consideration can be applied to all aspects of human life and significantly contribute to the construct of societies, institutions, cultures and laws, and so influence 'how things are'. With the growing emphasis on ethical practice as a benchmark of Professionalism, the module raises questions associated with this relationship.

Professionalism and Ethics

- Contemporary ethical codes of practice
- Professionalism and trust
- Rationality, autonomy and ethics
- Principlism and its historic precedence
- The Ethics of Care
- Ethical dilemmas
- Global ethics
- NHS regarding 'poor care' e.g. Staffordshire inquiry

Current Debates in Mental Health

- Global Mental Health Perspectives
- Mental Health Strategies – Wales, UK
- Children and Young Peoples Mental Health
- Older Persons Mental Health – Loneliness
- Environmental and Nature-based approaches to wellbeing
- Other current topics will be considered

LEARNING AND TEACHING STRATEGY

A range of teaching and learning strategies, appropriate to the aims and learning outcomes of the module will be used to enable learners to develop the full range of skills and knowledge achieved in this module. Lectures will introduce the learner to the concepts, principles and practices under consideration and seminars will illustrate with examples, which will be used to support the application, discussion, and critical evaluation of the topics. Tutorials will enable students to receive one-to-one support from lecturers and assignment supervision will offer focused support and discussion regarding assignments. In addition learners will work collaboratively in small groups, participate in workshops, role play and experiential and reflective activities. Lecturers will provide pedagogic demonstrations and observation with formative feedback

Allocation of teaching to deliver the module are:

Activity type	Hours	Percentage
Scheduled learning	40	20%
Independent learning	160	80%
TOTAL	200	100%

ASSESSMENT

Learning outcome (Learners can)	Assessment Criteria (Learners will)
Apply a critical enquiry to contemporary issues at the forefront of the subject	Demonstrate the application of a critical enquiry of contemporary issues at the forefront of the subject
Critically evaluate current debates associated with the relationship between professionalism and ethics	Demonstrate a critical evaluation of current debates associated with the relationship between professionalism and ethics
Critically articulate central theoretical arguments within the discourse of Care and Well-being.(6.6)	Demonstrate a critical articulation of central theoretical arguments within the discourse of Care and Well-being.(6.6)
Employ appropriate academic conventions in the production and presentation of work	Demonstrate appropriate academic conventions in the production and presentation of work

Assessment Component 1
Course Work 2,500 – 3,000 words (50%)

Creating and ethical framework for the field of health and social care.

The field of professional ethics has developed over the last thirty years, with an emphasis on analysing ethical behaviour. If you were a professional ethicist, how would you put together an ethical framework for the field of health and social care? **To be confirmed by EE**

Assessment Component 2
Written Essay 2,500 – 3,000 words (50%)

Critically evaluate central argument(s) in a chosen current debate themes within the discourse of Care and Wellbeing. Themes/Topics under consideration: **To be confirmed by EE**

- *Global Mental Health perspectives*
- *Mental Health Agenda in Wales or UK*
- *Nature-based/Environmental approaches to wellbeing*
- *Neuroscience and wellbeing*
- *Children and Young Peoples Mental Health*
- *The Older Persons Health and Wellbeing*
- *Other*

Assessment Summary

	Activity type	Weighting percentage
1	Coursework	100%
	TOTAL	100%

Reading List:

Essential

Bond, T. (2015) *Standards and ethics for counselling in action*. 4th ed. London: Sage. The 'go to' book for Counselling ethics - but not updated to the new BACP framework.

Held, V., 2007. *The ethics of care: personal, political, and global*. Oxford: Oxford University

Lees, J., ed. (2016) *The Future of Psychological Therapies*. London: Routledge

Panza, C. and Potthast, A. (2010) *Ethics for dummies*. Indiana: Wiley Publishing.

Procter, G. (2014) *Values and Ethics in Counselling and Psychotherapy*. London: Sage.

Slote, M., 2007. *The ethics of care and empathy*. Abingdon: Routledge.

Journals

The Journal of Counseling and Ethics
Therapy Today

Websites

BACP Ethical Framework <https://www.bacp.co.uk/events-and-resources/ethics-and-standards/ethical-framework-for-the-counselling-professions/>

BPS Code of Ethics and Guidelines (2018) <https://www.bps.org.uk/news-and-policy/bps-code-ethics-and-conduct>

Centre for Global Mental Health <https://www.centreforglobalmentalhealth.org/>

Mental Health Strategies Wales: <https://gweddill.gov.wales/topics/health/nhswales/mental-health-services/policy/strategy/?lang=en>

Movement for Global Mental Health <https://www.globalmentalhealth.org/>

World Health Organisation (WHO) https://www.who.int/mental_health/en/

Young Minds <https://youngminds.org.uk/>

Scheme of Work <i>Subject to adaptations and changes throughout the year</i> Current Debates M6X00963 – Thursdays 10-12pm Module Tutorials 1:1 - Thursday 9-10	
Dates	Topics: Semester One: Ethics and Professionalism
Week 1 3 rd October	Introduction to the Module: What are Ethics? and Why do we need Ethics? Ethical Dilemmas Assessment Guidance
Week 2 10 th Oct	Historical Perspectives on Ethics – Rachel Parker Behavioural Ethics – Why do we need them? Behavioural Analysis – Research
Week 3 17 th Oct	Exploring Ethical Frameworks BACP BPS Health and Social Care Social Work Nursing Other
Week 4 24 th Oct	Ethics of Care What do you think is missing from traditional ethics? Exploring the work of: <i>Carol Gilligan, Virginia Held, Nel Noddings, Michael Slote</i> Mid-Evaluation of Module
WC 28 th October Half Term	
Week 6 7 th Nov	Care Dilemma Caring conversations
Week 7 14 th Nov	Ethics of Care and Empathy Empathy's role– Michael Slote
Week 8 21 st Nov	Creating your own framework Examples
Week 9 28 th Nov	Professionalism Assessment Support
Week 10 5 th Dec Assessment 1 Tuesday 3rd December	Professionalism & Global Ethics
Week 11 12 th Dec	Semester Two – Topics Introduction to the Module 1:1 Tutorials

Assessment Period 6 th – 20 th	
Dates	Topics: Semester Two: Current Mental Health Debates
Week 12 30 th Jan 2020	Module Introduction – Semester Two Assessment & Expectations Working in 2's or 3's you will prepare a 15-20 minute seminar debate session on one of the following topics. • Global Mental Health Perspectives • Working with the Older Person • Impact on BREXIT and Mental Health • Current Mental Health Agenda in Wales or UK • Children and Young People Mental Health • Climate Change and wellbeing • Other
Week 13 6 th Feb	Current Perspectives: Neuroscience, counselling & wellbeing Preparation for Group work (in class)
Week 14 13 th Feb	Current Perspectives: Global Mental Health <i>Group 1 Debate Session</i>
WC 17 th February Half Term	
Week 16 27 th Feb	Current Perspectives: Mental Health Strategies in UK – Wales <i>Group 2 Debate Session</i>
Week 17 5 th March	Current Perspectives: Children and Young People Mental Health <i>Group 3 Debate Session</i>
Week 18 12 th March	Current Perspectives: Older Persons Mental Health & Wellbeing <i>Group 4 Debate Session</i>
Week 19 19 th March	Current Perspective: Nature-Based/Environmental Approaches <i>Group 5 Debate Session</i> Module Evaluation
Week 20 26 th March	Tutorial Session
WC 30 th March Spring Holidays	
Week 23 rd April	Tutorial Session
Week 22 30 th April Tuesday, 28 TH Assessment 2 Due	POSTMODERN IN COUNSELLING SESSION
Week 5 th May	NO CLASS