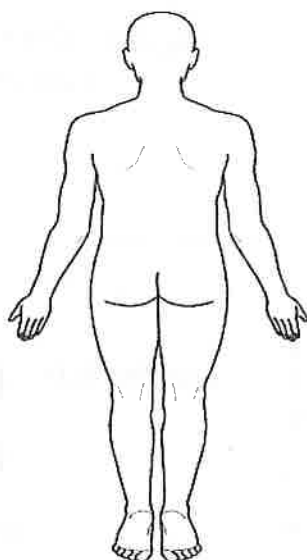
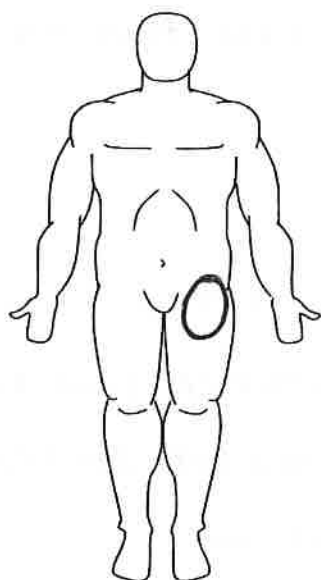




Name: IVOR BADIP

Initial Assessment Date: 14.11.17

Therapist: K EVANS/WILLIAMS.

Special Questions:

B+B ✓

G+S ✓

P+N ✓

GENERAL HEALTH ✓

Address: W W W	D.O.B: N.M.W	Tel Number: W W W	Email: W W W @ M.COM
Medication: NONE	Occupation: STUDENT / WAITRESS	GP: Dr W M SURGERY	
Past Medical History (previous operations, accidents, illness, other health problems): # R ANKLE 3 YEARS AGO HISTORY OF R LAS - MOST RECENT 8/12 L TENNIS ELBOW 2016			
Sport / Exercise (type, level, position, competition, training (intensity, frequency, duration)): WOMENS SOCCER @ UNI TRAIN x 2 WEEKLY GAME x 1 CENTRE MIDFIELD GYM BASED STRENGTH / CIRCUITS x 2 WEEKLY.			
Main Problem: (C) HIP PAIN			
History of the present condition (when, activity, mechanism): KICKING BALL DURING MATCH 21/2 - IMMEDIATE P+ ANTERIOR (C) HIP UNABLE TO CONTINUE MATCH. ICE POST GAME. P+ 6/10 SHARP PAIN NEXT MORNING SOL, EASED WITH MOVEMENT BUT P+ ON STRETCH NOW UNABLE TO KICK WITHOUT P+, RUNNING ALSO PAINFUL.			
Aggravating: STRETCH, KICK, RUNNING IMMEDIATE ONSET		Easing: HEAT, NSAIDS REDUCE TO 1-2/10 AFTER 30 MINS - LAST FOR A FEW HOURS	
Sleep: GENERALLY OK CAN WAKE WITH P+ IF MOVED INTO STRETCH EG TURNING OVER	Behaviour of Symptoms: P+ ONLY WHEN AGGRAVATED 0/10 @ REST / N/A WITH FOOT SUPPORTED		SIN:

Observation: LORDOTIC / KYPHOTIC POSTURE			Touch: HEAT OVER ① ANT HIP / PROXIMAL THIGH														
ROM:	A L R		P L R		R ACCESSORY												
FLXN	Pi ↓ ROM ✓✓		✓✓		NOT TESTED												
EXTN	Pi ↓ ROM ✓✓		Pi ↓ ROM ✓✓		↓ RIA femur (ext) soc ↓ ROM ①												
ABD	STRETCH ✓✓		✓✓		↑ AIP femur (ext) soc ↓ ROM ①												
MR	Pinch ↓ ROM ✓✓		Pinch ✓✓		↔ cond ✓✓												
LR	✓✓		✓✓		→ translate ✓✓												
Muscles: <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;"> iliopsoas L R Pi weak ✓✓ </td> <td style="width: 33%;"> GMEX ✓✓ </td> <td style="width: 33%;"> Add Long L R ✓✓ </td> </tr> <tr> <td> Rect fem L R Pi weak ✓✓ </td> <td> HIS over hip stretch ✓✓ </td> <td></td> </tr> <tr> <td> TR ✓✓ </td> <td> Add mag ✓✓ </td> <td></td> </tr> <tr> <td> Gmed weak ✓✓ </td> <td> Add Brev ✓✓ </td> <td></td> </tr> </table>						iliopsoas L R Pi weak ✓✓	GMEX ✓✓	Add Long L R ✓✓	Rect fem L R Pi weak ✓✓	HIS over hip stretch ✓✓		TR ✓✓	Add mag ✓✓		Gmed weak ✓✓	Add Brev ✓✓	
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Functional:			Other tests:														
Clients Name & DOB: ~~~~~ ~~~~~ ~.~.~					Date: ~.~.~												
Sports Therapist: ~~~~~					Date: ~.~.~												