

Counselling Skills and Approaches ECPS5010

Week 2: Skills Session

Wednesday 19th October

Ruth Groff



Schedule for the Day

Query Session: 9:00-9:30am

- *9:30 - Opening Round*
- Review contract
- Use of questions
- Contracting with your client
- Triad Work – Live feedback from tutor
- Reflection/observations
- Closing round



Guidance for the
Group –

Review Contract





Role of Questions – *Review handout* Contracting with the Client



Triads – Skills Work



Reflective Practice

- Noticing
- Observations
- Questions & Feedback



Closing Round
