

Module Name: Academic and employability skills

Name: Roxana maria mazarache

Student id: 1913879

Module code: BMSW4001_LON

Tutor name: Mohamamad Rahman

University of Wales

Trinity Saint David

Table of Contents

Introduction	3
Explanation of model of reflection	3
Description	3
Feelings	4
Evaluation	4
Analysis	6
Conclusion	6
Action plan	7
References	8

Introduction

This specific assignment intends to discuss knowledge and understanding of concepts and underlying principles associated with the subject area taught in the classroom. Self-reflection is an effective way to identify the learning areas, strengths and weaknesses, experiences, and many other things. The entire assignment is based on Gibbs reflective cycle. This concerned assignment has critically evaluated the logical thinking skills of the student. Sound judgment has been made by considering the given topics in order to explain learning to the student. At the end of this assignment, a comprehensive conclusion has been provided from the content of discussion.

Explanation of model of reflection

Gibbs reflective model is based on seven stages and each stage of this model provides opportunity to learn over time based on learning experiences. By the help of Gibbs reflective model, a learner can analyze and give evaluation towards the literary works (Al-Jubouri and Al-Jubouri, 2019.). This model is considered as a guide to learning and teaching methods. This helps the learners to link practical and theoretical experiences by engaging themselves in a periodic sequence of activities. Gibbs model encourage the students to recall past events that are taught and practiced in the classroom. Gibbs model helps the learners to adopt a basic process of thinking to choose the best sort responses amongst the various alternatives by making judgment based on most effective responses.

Description

From a personal front I can state that during the classroom teaching I have gained knowledge and experiences about the five specific areas, such as speaking techniques, behaviour, body language, opening technique of a conversation, and drawing conclusions on the discussed topics. I have understood that these five components are essential for taking and connecting with the audiences in an effective way. In order to become an effective speaker, I think these skills are important. Learning about these skills have made me confident that would surely help me in my professional life ahead. The classroom sessions on these areas have helped me in different ways to gain learning in these areas that are important for a learner to know and apply these skills in

real life aspects. Earlier I was unknown to these facts and I lacked in communicating with the audience although I had profound knowledge on the topic of discussion. These practices aim to encourage students to enhance their engagement in learning and gain self-awareness about their personal and professional understandings (Dressler *et al.* 2018). I have experienced that reflective practices have the potential to support me to identify progress of my self-development process.

Feelings

My feelings about the areas of my learning based on these five aspects have been very fruitful and positive enough to apply learning experiences in my future course of life's journey. The application of gained knowledge and experience on the development of reflective thinking and self-study readiness, shows significant differences of influence (Sekarwinahyu *et al.* 2019). I feel that the knowledge I have gained about speaking in a public forum is going to increase my speaking skills in order to communicate with the target audience. Voice modulation and clarity in speech, I feel these two are important while addressing the target audience during a powerpoint presentation. I felt the gained skills on body language has taught me about the areas which I need to improve for becoming an effective speaker. Behaviour of the speaker in a public forum with his/her audience holds a significant position and I feel in this area I have been able to enhance my earlier skills. I have come to know that body language of the speaker is important for involving the audience with the topic of discussion. I have understood that the opening speech of the speaker plays a pivotal role in the entire discussion and in these areas my feeling is very much positive and joyful because I am good at giving speeches in a public forum about any topics and the classroom lessons have helped me to sharpen this skill. Drawing conclusions on a topic during a powerpoint presentation has greater importance for making the discussion successful. I feel I have learnt new skills in this area from the classroom training. I feel these skills are going to increase my level of self-confidence.

Evaluation

This stage of Gibbs reflective cycle helps a learner to reflect on the positive and negative areas of learning. In this stage the learner should talk about the bad and good things about the entire

classroom teaching and learning process. In this stage I will discuss my lacking areas and I will also shed light on the areas for future development of my negative points. The negative aspects of my experiences and my lacking areas I will explain first. I think during the module discussion, I was lacking to create a collaborative working approach when I was involved in group work. I was unable to make effective relationships with the other group members. My performance during the group work was not satisfactory whereas during my individual task, I was able to maintain the given guidelines for completing a task. I was lacking in communicating with the other group members and I think this can be improved by applying the skills of body language and speaking that are discussed in the class. I was unable to follow the discussion areas on the appropriate body language of a speaker during powerpoint presentation. I was not able to apply this taught skills for speaking with the audience in an effective manner. I think that I can improve by practicing speaking at home standing in front of a mirror and another way of solving this issue would be talking about specific topics with my friends, family members etc. The content of reflection may be evaluated by theme or category-based analysis (Franco *et al.* 2020).

The positive areas of my learning experience about these specific five areas are that I am able to explore new dimensions of giving powerpoint presentations in front of an audience. My enhanced knowledge on proper behaviour of a speaker would certainly be helpful for engaging the audience with my topic areas. I have understood that the opening speech should be comprehensive and precise that would shed light on the main points of discussion. The classroom discussion on modules have helped me to understand that success of a speech is largely dependent on the ability to draw a specific conclusion on the topic of discussion. My plan for gaining as much as knowledge possible from the classroom discussion went well. I am able to follow my plan for knowing the unknown areas that would be fruitful during my future course of journey. These learning will surely have greater significance in my professional as well as personal life. The unknown areas of the discussed modules on the chosen five topics have enriched my knowledge, skills and expertise. I will apply these experiences and learning in my professional life while giving powerpoint presentations. I am sure these skills would certainly help me to be considered as an effective speaker. Reflective practice is an important tool in practice-based professional learning settings where people learn from their own professional experiences, rather than from formal learning or knowledge transfer (Mathew *et al.* 2017)

Analysis

Making an analysis based on the individual's experiences is an important task in writing reflective study. Febriani (2019) stated that the application of task-based on the reader-response theory had encouraged a meaning seeking process along with the development of high order thinking skills in the future. During the classroom discussion on these five areas by the teachers I was following the teachers who were teaching us. Apart from reading the study materials and attending classes, I was able to learn a lot of things by observing the teachers. While they were communicating with the students in the class, I followed their body language, the style of speaking, and their behaviour with the students etc. The way the teachers started the topic of discussion was different from each of the teachers. Another important thing I have learnt from the class discussion how a topic of discussion can be concluded in a precise way by including all the key points of discussion. As a part of self evaluation I can state that the topics of discussion have enriched my skills and knowledge and I am able to explore new areas of knowledge that were earlier unknown to me. I think I should practice these learning experiences in my personal and professional life in order to be able to give powerpoint presentations in front of an audience. From a personal front I can mention that discussion on these five areas would certainly increase my knowledge on public speaking skills and technique. Group work skills and techniques I have learnt during the group tasks in the classroom. The teachers' skills, attitude, behaviour, body language have helped me a lot to make connections between theoretical knowledge and practical knowledge. Li and Peng (2018) commented that reflection is generally viewed as a systematic, cautious and well-trained cognitive process.

Conclusion

In this section of Gibbs reflective cycle, the entire process of learning and gained experiences has been critically evaluated in order to draw conclusion on the entire discussion made on the above-section. The use of particular reflective practice can reveal new insights and understandings about who we are and what we do (Ahmed *et al.* 2020). This assignment has discussed the chosen model that is Gibbs Reflective cycle. This stage of the model is an important phase when I will summarize my key areas of learning and the areas that I was unable to understand. Based on the chosen five areas I can mention that my knowledge, techniques, and

skills have certainly enhanced as I am able to develop a few effective powerpoint presentation skills like eye contact, clear communication, involvement of the audience, and a positive attitude. I am confident enough that these skills would help me to become an effective public speaker and in my professional life I will apply these skills. The above discussion has shed light on the other stages of Gibbs reflective models and I have discussed my weak areas and positive areas as a part of my reflection on the classroom training.

Action plan

Azim (2017) stated that teachers' self efficacy, perception of teachers on their own ability to motivate the students to participate actively in the learning process has been deemed to be an even simpler idea with numerous valuable suggestions to improve student learning outcomes. Reflection on learning is an important aspect for improving own weaknesses and negative areas. Reflection on learning experiences has helped me to evaluate the performance as it is happening as well as it will improve my future course of professional life. I have planned to use these learnings and apply my personal experiences while I will be talking with the audiences and giving speeches on different topics. I will apply specific techniques of body language in order to portray a positive message amongst the audiences. Through my effective communication I will involve the audiences with the discussion process. I have thought that my behaviour with the audiences needs to be positive and my way of talking has to be energetic and full of energy so that the audience develops interest towards the topics that would be discussed through powerpoint presentation. I have planned to improve my speaking and communication skills with the right sort of body language and behaviour. I have learnt that a positive attitude throughout the discussion phase is required for helping the audience to create interest in the discussion. I have planned to apply my learning experiences on my future course of time so that it increases my speaking ability, communication skills, and public speaking skills. I am confident enough that discussion on these areas will certainly increase my knowledge and expertise so that I can be able to involve the audience during any powerpoint presentation in the context of discussion.

References

- Ahmed, F., Muhammad, Y. and Anis, F., 2020. Developing Secondary School Teachers' Positive Attitude towards Reflective Teaching: A Collaborative Action Research Study. *sjesr*, 3(4), pp.43-53.
- Ahmed, F., Muhammad, Y. and Anis, F., 2020. Developing Secondary School Teachers' Positive Attitude towards Reflective Teaching: A Collaborative Action Research Study. *sjesr*, 3(4), pp.43-53.
- Al-Jubouri, A.H.H. and Al-Jubouri, M.H.M., 2019. The Effectiveness of Teaching in the Gibbs Model in the Decision-Making to Solve the Environmental Problems among Students of College of Education. *SCOPUS IJPHRD CITATION SCORE*, 10(01), p.732.
- Azim, M., 2017. Being a teacher: Developing self-efficacy and teacher identity through self-reflective techniques in teacher education programs. *Journal of Education and Practice*, 8, pp.7-14.
- Dressler, R., Becker, S., Kawalilak, C. and Arthur, N., 2018. The cross-cultural reflective model for post-sojourn debriefing. *Reflective Practice*, 19(4), pp.490-504.
- Febriani, R.B., 2019. The students' reflective writing manifestation of reader-response literary analysis. *EduLite: Journal of English Education, Literature and Culture*, 4(1), pp.35-44.
- Franco, C.A.G., Franco, R.S., Cecilio-Fernandes, D., Severo, M., Ferreira, M.A. and de Carvalho-Filho, M.A., 2020. Added value of assessing medical students' reflective writings in communication skills training: a longitudinal study in four academic centres. *BMJ open*, 10(11), p.e038898.
- Li, A. and Peng, T., 2018. Observing "Myself" in the Video: Fostering Reflective Practice in Oral Presentation Training. *Advances in Language and Literary Studies*, 9(3), pp.138-144.
- Mathew, P., Mathew, P. and Peechattu, P.J., 2017. Reflective practices: A means to teacher development. *Asia Pacific Journal of Contemporary Education and Communication Technology*, 3(1), pp.126-131.
- Sekarwinahyu, M., Rustaman, N.Y., Widodo, A. and Riandi, R., 2019, February. Development of problem based learning for online tutorial program in plant development using Gibbs' reflective cycle and e-portfolio to enhance reflective thinking skills. In *Journal of Physics: Conference Series* (Vol. 1157, No. 2, p. 022099). IOP Publishing.