

Assessment Component 1
Case study:
“Troubled families Portsmouth”.



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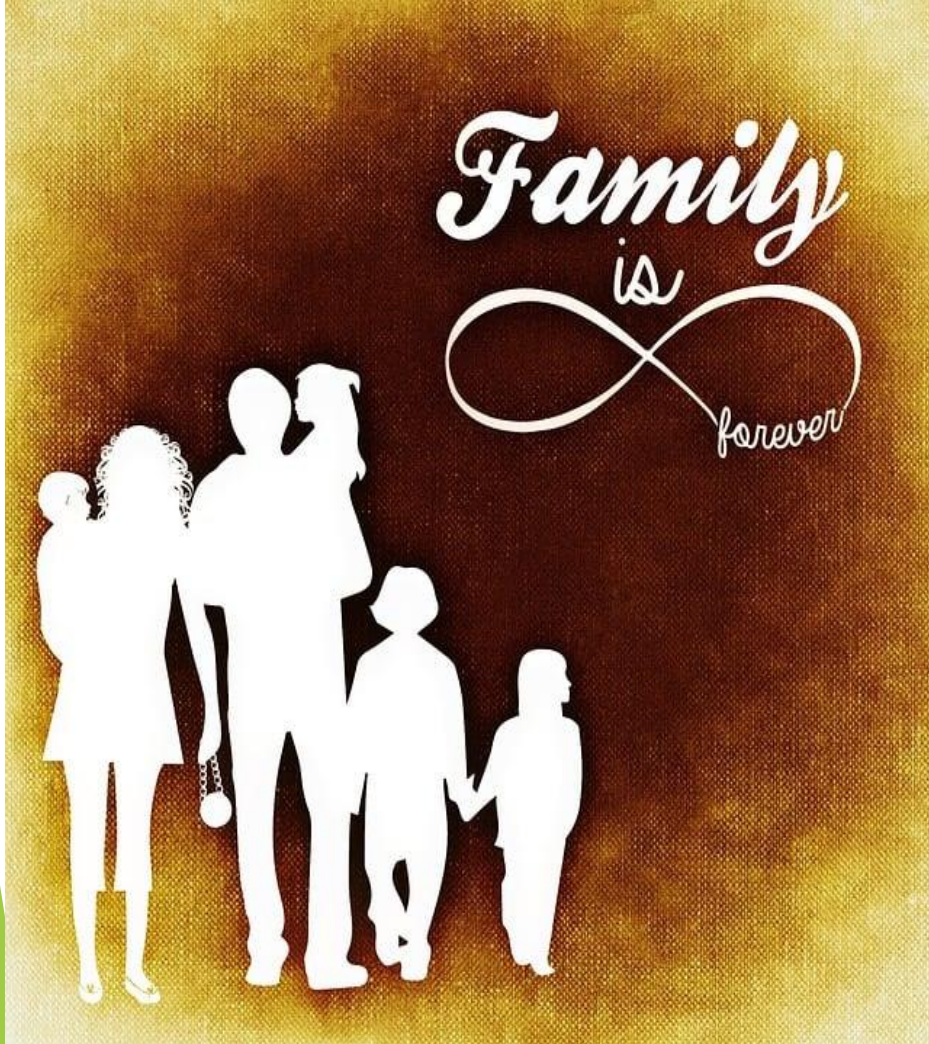
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- Module code-BMHP5004-LON

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Introduction



- This case study examines the case of a single mother with three children who lives in Portsmouth.
- The mother has mental health problems and cannot cope with her daily duties and responsibilities towards the children.
- The children do not have the opportunity to attend school and kindergarten, the family is known to social services.
- The investigation finds that the mother cannot meet the needs of her children and the eldest daughter often looks after the youngest children in

➤ **Identifying the case study.**

- The study “Troubled families: Portsmouth”. The examples show that the single mother of three children cannot provide good care for her children because of her mental health problems.
- Mum was having trouble managing daily duties due to recurrent mental health issues. She has no motivation to work.
- The condition of the cooker is not working properly. The mother is not able to make a fresh dinner for the children.
- Very often, the eldest daughter is caring for the other children.
- The children are not attending the school., (GOV.UK, 2014).

❑ Factors from the case study.

- ✓ One of the factor could be that the mother will also need support from her parents or relatives because they know about the problem and must take action.
- ✓ It could also be the children's safety because the eldest child is looking after the other children, and literally, the child can't know what is correct and dangerous for them.
- ✓ The children's mother needs help for her mental health.
- ✓ The relationship between mum



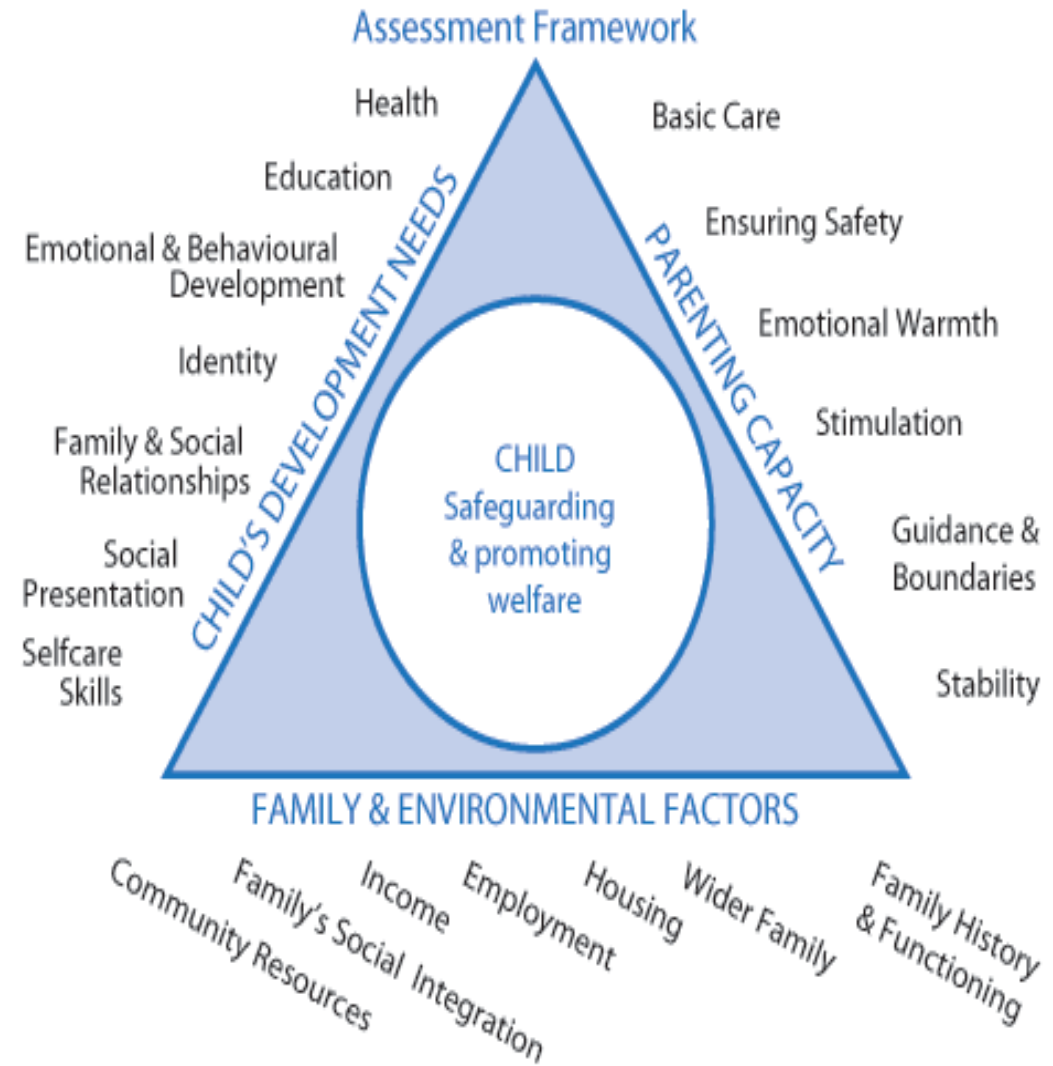
- **The impact on the family.**



- ❖ The impact of mental health conditions on children and young people is reflected in their parents.
- ❖ The behaviour of the parents can affect the children's future.
- ❖ Adolescents may become susceptible to mental health issues due to physical, emotional, and social changes, including exposure to poverty, abuse, or violence.
- ❖ Teenagers' most prevalent mental illnesses may include anxiety, mood, attention, and behaviour.
- ❖ Social exclusion, loneliness, social disadvantage, a person's thinking, feeling, or acting style, and daily struggles. (Young Minds, 2021).



- **Child`s development needs.**
 - ✓ Education problems-not attending school.
 - ✓ Missing family relationship.
 - ✓ Poor nutrition.
- **Parenting capacity.**
 - ✓ Missing stability and stimulation.
 - ✓ The children are not safe.
- **Family and Environmental factors**
 - ✓ The mother is unemployed.
 - ✓ There is no social integration.
 - ✓ Poor house ,no accommodation.



(de la Torre and Minchen, 2014)

➤ Process of intervention

- ✓ The process of interventions involved social services.
- ✓ The Council supports early years and childcare providers in terms of policy and practice for child protection and safeguarding.
- ✓ Protecting and advancing the well-being of children is described below:
 - preventing the exploitation of children;
 - preventing harm to children`s growth or health;(Portsmouth Safeguarding Children Board, n.d.)



<https://www.portsmoutheducationpartnership.co.uk/wp-content/uploads/2020/02/portsmouth-scp.jpg>

“Working together to safeguard children”.



"Working together to safeguard children's" associations are keeping children when they are at risk.

The technique offers comprehensive guidelines and instructions on safeguarding difficulties.

There is a mechanism for local consultation when creating or modifying regional policies and procedures.(Frost,2020).

❑ Actions of social services with the family.

- The family worker concentrated on establishing a good relationship with mom to comprehend what was happening at home.
- The social worker accompanied her to medical appointments, which assisted her mother in controlling her anxieties.(Fox Harding,1991).
- She assisted mom in moving the kids to a new nursery and school closer to their house.
- She was given support, and as a result, the kids are making good progress and attending school every day. (www.unicef.org, n.d.).

Results and outcomes

- The situation at home has significantly improved, and the mom is getting the proper assistance for her mental health issues.
- Social services are no longer concerned about mom`s parenting because she has established a payment plan to regain control of her finance .
- The mother is currently volunteering in preparation for going back to work.(UK Government 2017).



- **Policy and legislation related to the case.**
- The children and social work act 2017.
- Children act 1989.
- Working together to safeguard children.

Conclusion

- ❖ According to the case study, the social worker and the local community support the mother in building relationships with the children and providing family training support.
- ❖ The children offer leisure centre activities to help emotional support involved with the family community.

Recommendation.

- ❑ The majority of parents and other caregivers have the skill and desire to offer their kids excellent or good enough parenting most of the time.
- ❑ There are instances when a parent's needs are so great that they interfere with their ability to be a capable parent.
- ❑ This methodology supports work in early intervention that can significantly improve outcomes for kids and their families. (UK Government, 2017).

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