

DS 1 Template

My Screenshots/Photos

- Please add 4–6 screenshots or photos of your digital life.
- You can use your phone or laptop.
- For each screenshot, write one or two sentences explaining what it shows.

Photo 1

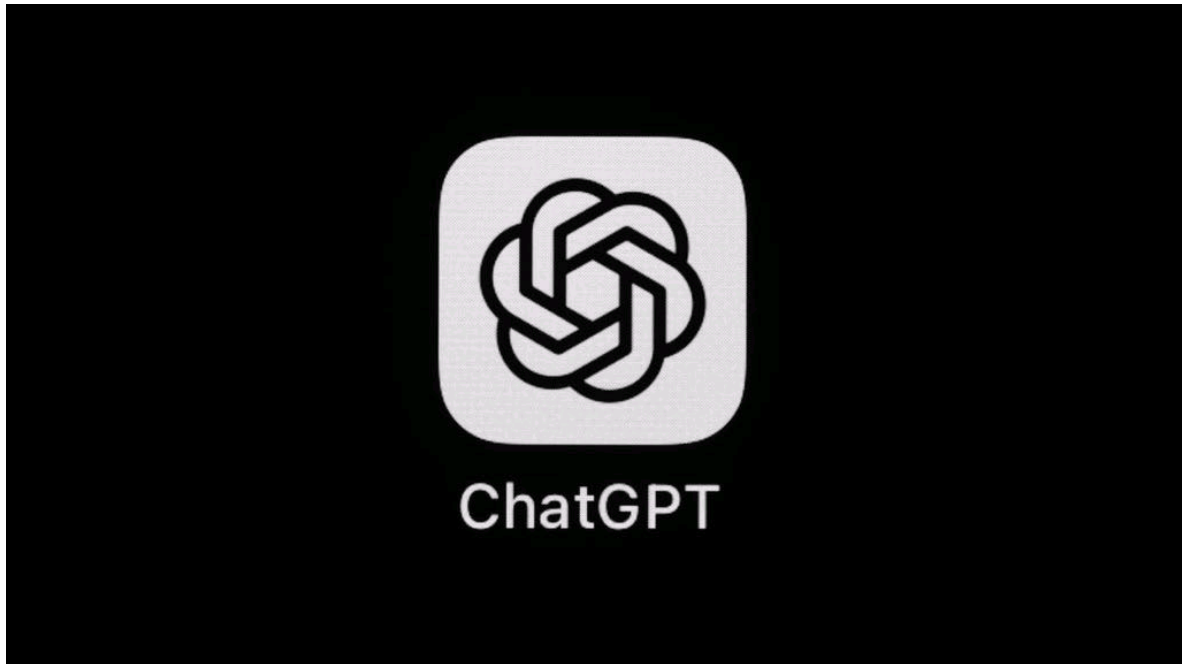
This is a Digital watch



This is a digital watch which we use for multiple functions for watching time use camera check heartbeat

Photo 2

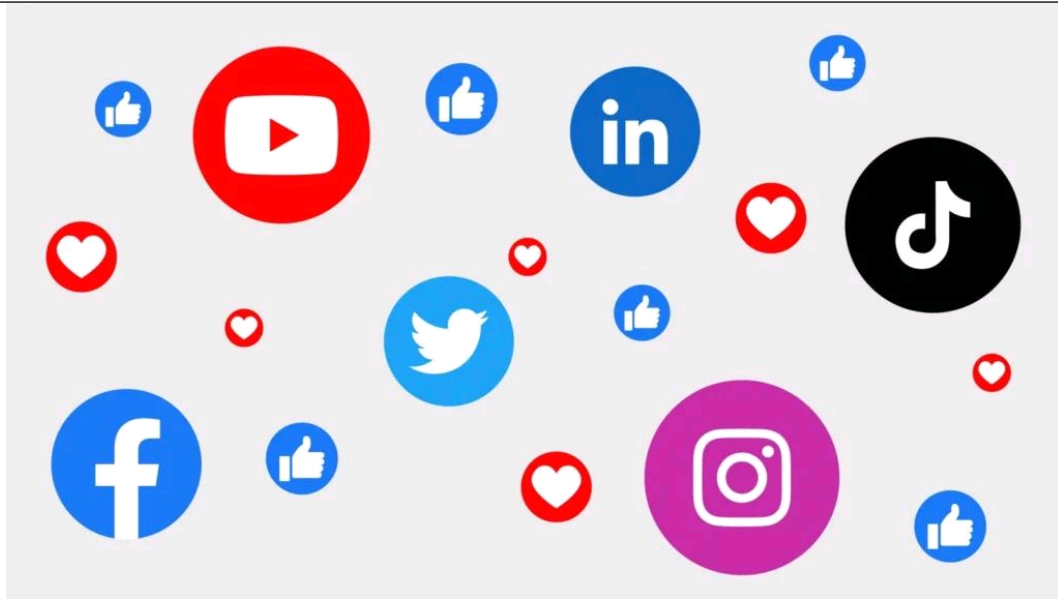
This is chat gbt



This is chat gbt AI digital application which we use for so quick information and its so easy save our time its have multifunctiona

Photo 3

This is social media platform



We use social media digital platforms for entertainment and collecting information and touch with our works and helping others

Photo 4

This a laptop and mac books



we use this digital things for our work which we finsh in minutes with help of digital technology we use for many things like games watch movies use

its a printer lo



this is a printer which we use for photos copy we use copy to make our life easy we use in offices school university mostly we ise this digital things in every work where we need paper

Photo 6

This is airpods



] airpods we use for music or listening anything its very easy to use with out cable and easy to carry and also use for to loud speaker or voice to avoid because its not make any noise

My Short Reflection

- simple sentences

I use my phone and laptop every day. I check my emails and messages in the morning. I like to watch videos and listen to music online. I use social media to stay in touch with friends. I sometimes play games in my free time. I also use the internet to learn new things. At night, I try to spend less time on screens and relax.

Sentence starters

- I use digital tools to communicate with others and complete my daily tasks.
- I feel confident when I can find information quickly and use apps easily.
- I want to improve my typing speed and learn new software.
- I often use these tools email, social media, and online learning platforms.
- I sometimes feel nervous about making mistakes or losing my data.
- I hope this module will help me become more confident and skilled.
- Digital skills are important for me because they help me work, learn, and stay connected.

Submission Checklist

Before you submit, please check:

- ☐ I added 4–6 screenshots
- ☐ I wrote short sentences for each screenshot
- ☐ I wrote my short reflection
- ☐ My work is my own
- ☐ My file opens correctly
- ☐ My file opens correctly