



Student Newsletter

UWTSD LONDON – TRANSFORMING EDUCATION, TRANSFORMING LIVES

Have Your Say in the Whatuni Student Choice Awards 2026!

We're proud to be part of the Whatuni Student Choice Awards, and your voice matters! These awards are based entirely on student reviews, giving you the chance to share your honest experience and help shape the future for others.

Why take part?

- Your feedback gives students like you a powerful voice.
- It helps us understand what works and where we can improve.

How to leave your review:

Click [here](#) to share your experience at UWTSD.

Deadline:

Reviews close in February 2026, so don't miss out!

Thank you for helping us improve and supporting future students in making informed choices.

Questions? Contact Antonia Cardew at a.cardew@uwtسد.ac.uk.

Reminder: Children Are Not Permitted on Campus

Please note that, for insurance and health & safety reasons, children are not allowed on campus.

We kindly ask all students to ensure this policy is followed at all times to maintain a safe and secure environment for everyone.

Thank you for your understanding and cooperation.

University Christmas Closure: Support for Students

As we approach the University's Christmas closure period (from 5pm on 24th December 2025 until 08:30 on 5th January 2026.), we want to ensure all students know where to find support. Your wellbeing is our priority. Here's what you need to know:

Need Help During the Closure?

- University Helpline: **0300 323 0313**
- **Student Assistance Programme (SAP):**
 - Available: 24/7, 365 days a year
 - Phone: **0800 028 3766**
 - What they offer: Mental health, stress and anxiety support, financial concerns, housing, employment advice, and initial legal guidance.
 - Access online: Download the **Wisdom app** and use the UWTSD code: MHA154656 .
Read more about SAP [\[here\]](#).

Student Hwb:

We will reopen at 08:30 on Monday, 5th January 2026 and will respond to your queries as soon as possible after this time.

- Support Portal: [\[here\]](#)
- Email: hwb@uwtsd.ac.uk
- Tel: **0300 131 3030**

Bursary Applications:

Student bursary forms will be unavailable from 19th December until 5th January. During this time, it will not be possible to submit a bursary application.

Academic Deadlines:

A new page will go live on 18th December with details of the Differentiated Deadline (DD) and Extended Differentiated Deadline (EDD) for work originally due over the Christmas period.

👉 Please click [here](#) to check this page from 18th December for updated deadlines.

Other Key Information

- Forms unavailable: Cause for Concern and Support Request forms will be offline during closure and reactivated on 5th January.
- Extenuating Circumstances: will be considered up until Christmas Eve (24th December). After this date, no ECs will be reviewed until 5th January 2026.
- Student Money Support and Learning Support resume on 5th January.

Stay safe and reach out if you need help.



Last Chance to Share Your Feedback!

Our Digital Experience Survey closes Sunday 14th December, don't miss your chance to have your say and win a £50 Amazon voucher!

✓ Why take part?

Your feedback helps us:

- Understand how you use digital tools
- Identify where you'd like more support
- Focus resources on what matters most to you

🔗 Take the survey now: [\[Click here to start\]](#)



Prize draw:

London Campus – 2 winners

🔒 Your privacy matters: All responses are anonymous.

✉ Questions? Contact Toni Cardew at: a.cardew@uwtsd.ac.uk

Don't wait, the survey closes this Sunday!

Wellbeing Station at London

The University Wellbeing Service has already started running Wellbeing Stations in the foyer at our Campus (Ground Floor by Reception). These stations offer a friendly chat, information, and signposting, no appointment needed.

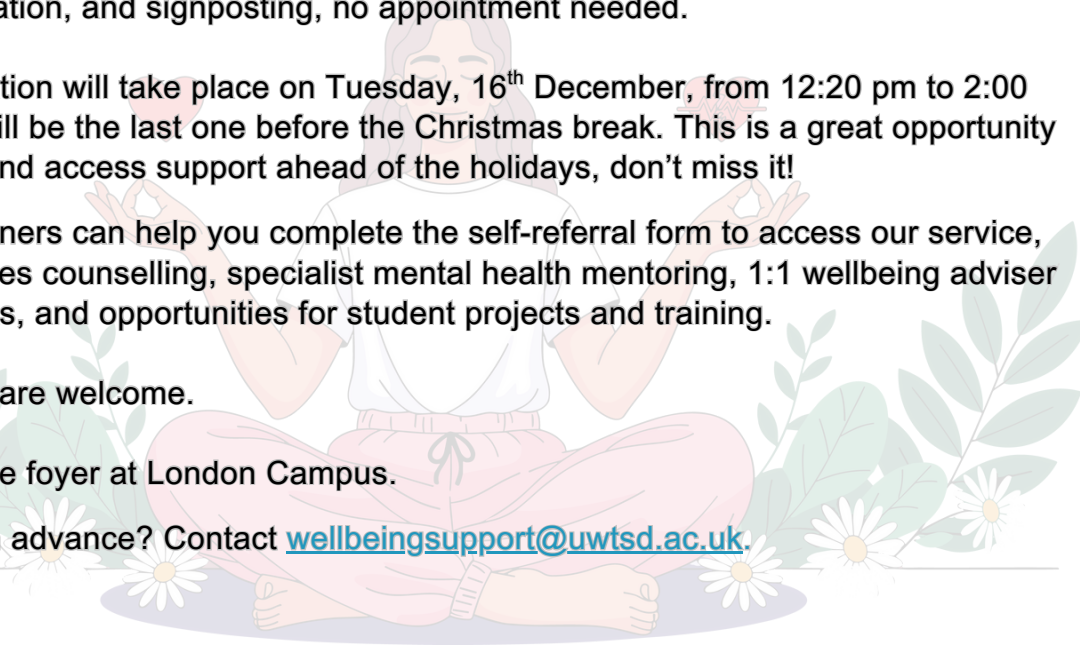
The next station will take place on Tuesday, 16th December, from 12:20 pm to 2:00 pm, and it will be the last one before the Christmas break. This is a great opportunity to connect and access support ahead of the holidays, don't miss it!

Our practitioners can help you complete the self-referral form to access our service, which includes counselling, specialist mental health mentoring, 1:1 wellbeing adviser appointments, and opportunities for student projects and training.

All students are welcome.

Find us in the foyer at London Campus.

Questions in advance? Contact wellbeingsupport@uwtsd.ac.uk.



Christmas Wellbeing Tree at London Campus

From 7th to 9th December, the Students' Union (SU) brought festive cheer to the London Campus with the Christmas Wellbeing Tree, a wellbeing initiative led by our Wellbeing Part Time Officer (PTO), Noemi, and coordinated by Josef McCauley, Student Voice Coordinator, with additional support from Students with Disabilities PTO, Galina.

Over the three days, students shared reflections, feedback, and messages of encouragement on Christmas-themed slips and added them to the tree. We also provided resources from the University's Wellbeing Service, Disability Support team, and Careers Service to make accessing support easier.

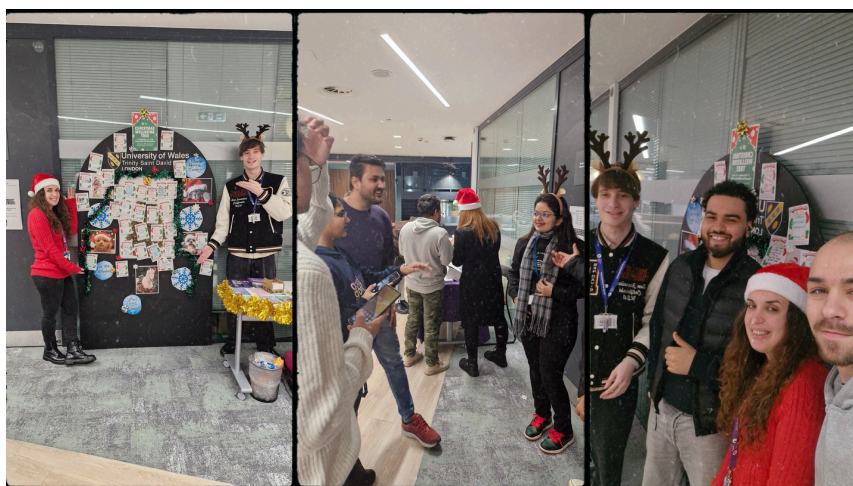
✨ Highlights:

- 258 students completed wellbeing reflection slips (60 on Day 1, 90 on Day 2, 108 on Day 3).
- Students from a wide range of courses and backgrounds took part.
- Hundreds more joined in for photos, music, and festive vibes, creating a positive community space at the heart of campus.



The anonymous reflections will help the SU and University better understand students' wellbeing needs at London Campus. This event was a fantastic example of SU-led community building and PTO collaboration, with Noemi leading on wellbeing messaging and Galina increasing visibility and awareness of accessibility and disability support.

Thank you to everyone who took part, your feedback was amazing, and it was fantastic to see so many smiling faces! We look forward to more wellbeing and inclusion-focused activities in the new year.



Staying Connected Over the Holidays

This is our final edition before the Christmas break, and we'd like to take this opportunity to wish you a Merry Christmas and a joyful holiday season!

For many, the holidays are a time of cheer, filled with family gatherings, travel, gifts, and celebrations. But for others, this time of year can feel isolating and challenging.

The UPP Foundation reported in 2024 that 44% of higher education students experienced loneliness during their studies, and 27% said they would feel uncomfortable contacting Wellbeing Support for mental health concerns.

International students and staff may be far from home, while others don't celebrate Christmas and watch festivities from the sidelines. This can make the season particularly difficult. So, how can you support your wellbeing during the holidays?

- Participate - join local activities, visit a skating rink, enjoy a walk with friends over a peppermint hot chocolate, or decorate your space to bring some festive cheer.
- Stay Connected - share photos and videos with family and friends, or use WhatsApp video calls to show them your experiences. Staying connected helps maintain a sense of belonging.
- Say Yes - If you're invited to a meal or holiday event, go! Accepting invitations can help break the cycle of isolation.
- Find a Holiday Orphan Group - connect with others who are also spending the holidays alone. Organize board game nights, Secret Santa exchanges, or simply share mince pies together.

Remember: You're not alone. Support is available if you need it.

Happy Holidays 2025!



Graduate Festival

The Careers Team at UWTSD took a group of students to the Graduate Festival at Excel London on 19th November 2025.

This event presented a fantastic opportunity for students to:

- Connect with employers
- Explore graduate roles
- Learn about employers' recruitment and selection process.
- Participate in practical workshops on building a strong LinkedIn profile and developing a professional brand.



Thank you to all students who joined us, and a special thank you to the programme managers and lecturers for their support in promoting this opportunity.

Have Your Say: Help Shape Our New Health & Wellbeing Strategy!

We're developing a new Health and Wellbeing Strategy to make sure our support meets your needs. Your voice matters, please take a few minutes to complete our short survey and share your thoughts.

Your feedback will help us create a healthier, happier student experience.

Health and Wellbeing [Strategy - Student Survey – Fill in form](#)

Changing Group For Next Term

Want to Change Your Group?

You can request a group change between:

- Opens: 09:00, Monday 12th January 2026
- Closes: 18:00, Sunday 15th February 2026

⊘ Requests submitted outside this window will not be accepted.

The request form will be available from 09:00 on Monday 12th January 2026. We'll share the QR code on the digital screens across the campus and on Moodle when it opens.



Health and Social Care Leadership Workshop by the IHSCM for Health students

On the 30th, 31st of October, and the 1st of November three workshops were provided through our partnership with the IHSCM (Institute of Health and Social Care Management). A new group of HSC students were introduced to Health and Social Care Leadership workshops delivered by Jon Wilks during their weekday and weekend classes.

During the workshops students had the opportunity to discuss HSC practice and the skills needed to engage in leadership practices. This enabled students to think about and learn about current HSC practice challenges as well as about developing relevant skills that are needed in the HSC workplace.

Students appeared engaged and the feedback from students was positive as they expressed having learned new things, the discussions broadened their views and they enjoyed the interactive nature of the workshop. Following completion of the Workshop students will also receive a certificate from the IHSCM.

We look forward to organising more and similar events and training opportunities for HSC students. It is important that students have these learning opportunities about best practice on how to support service users in the workplace as future professionals. This will help prepare students for the workplace in HSC sectors.

At the top of the page, you'll see Jon Wilks, Trainer at the Institute of Health and Social Care Management, with MSc PHSCiP students. The photo below features Jon Wilks with BSc HSC students.



Written by: Dr Diola Bijlhout

Programme Manager of MSc Public Health and Social
Care in Practice (PHSCiP)



December Delights: Local Life in London!

As the end of the year approaches, London is bursting with festive cheer and free events perfect for students on a budget! Get ready to explore the city with this guide to must-see markets, spectacular shows, and seasonal fun throughout December.

Student-Friendly December Events

- **Free Festive Fun:**

- "Future of Food" at the Science Museum is free and runs from 10 AM on various dates throughout December.
- Enjoy the atmosphere with Free Carols at All Souls Langham Place from December 13th to 21st.
- Take a seasonal stroll with the free V&A Trails on Cromwell Road throughout December.
- Don't miss the beautiful Regent Street Christmas Lights at night throughout December, it's free to view.

- **Festive Markets & Entertainment:**

- Experience the famous Hyde Park Winter Wonderland throughout December.
- Stock up on gifts and treats at the Kingston Christmas Market at Kingston Ancient Market Place throughout the month.
- For a different kind of entertainment, Paranormal Activity is at the Ambassadors Theatre starting December 5th, with showtimes at 3 PM or 8 PM.

- **Cosy Christmas Cinema:**

- Get into the holiday spirit with Christmas at Backyard Cinema on 49 Tanner Street, Bermondsey, running throughout December.

There is no excuse to stay indoors this December, grab your friends and make the most of what London has to offer!



Stay connected with us!

We've always been active on social media, sharing the latest events, news, student stories, academic support, job opportunities, and much more!

It's the perfect place to get the most up-to-date information and stay connected with our community. Don't miss out on any updates!

Follow us on social media by clicking on your preferred platform below:



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Instagram

CHECK OUT OUR SOCIAL MEDIA



LinkedIn



formerly Twitter

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