

Video link: [Me Myself and I - YouTube](#)

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Evaluation process for the video

The entire filming process is something I never experienced before in my life and a thing I never wanted to gain experience in. Due to my lack of self-confidence in anything that relates to film whether it's the setting, recording and even editing. I was petrified and nervous for making the video because the task had a lot of personal insecurities, I have toward myself that I struggle with, and my first decision would most likely is to avoid them, which made this experience both physically and mentally quite demanding for me to complete.

Throughout this experience I had quite a lot of issues to face to make this video. For example, I don't like to talk about myself because I still have the belief that everything that I am interested in or went through in life is completely irrelevant and useless to the person that is listening. So, it was difficult to muster enough self-confidence to tackle the video and even create the script to talk about myself. So, I decided to ask my closest family members for reference to clear this blind perspective that I have on myself to help me complete the gaps in information I could potentially have.

Furthermore, I hate how my voice sounds, but I knew it was something I needed to face for the sake of completing the task successfully. To tackle this troublesome issue, I decided to download a voice recording App and play around with it to get used to how it sounds because the voice that I hear in my head is different to what is heard on the outside and the difference between them was very off putting to me and even felt fake. However, the experience was helpful because it helped me practice and be aware of what I need to improve.

A separate issue that I faced was organizing the set because I chose my bed as the main surface for filming its unstable so it can fall off by the lightest touch, but it was something I was willing go through because I think a bed is one of the most intimate things a person can own which can express how personal that filming process was for me. As well as having a hard time managing the film equipment such as camera angle and lighting which was sorted by trial and error.

Overall, I am very proud with the effort that I made creating this video because even though I had a mean to escape by using subtitles instead of a voice recording I chose to face my fears which was a hurdle I had for a long time in my life that I struggled with.



Photos of both equipment and full setup that was used in the filming process. The reason for the painting is a collection of different parts of myself when I am creating art throughout my life which were the most prominent: A level, university and personal creations