

Preparing for your Research Project - June term 2026

IMPORTANT: COMPLETE THIS FORM BY **MONDAY 22 June 2026**

1. Provide your student name (first name and surname) * 

Ikechukwu Nzediegwu

2. Provide your student ID number * 

2226941

3. Provide your Research Topic of interest in a clear manner * 

Barriers to Accessing NHS mental health services among Black and minority ethnic communities in the UK. A Qualitative study.

4. Provide your formulated Research Question (1 Only) * 

What are the barriers hindering the Black and minority ethnic communities from Accessing NHS mental health services in Uk.

5. Provide your Research Aim *

To investigate the lived experiences BME individuals in the UK. Exploring the key barriers preventing their access to quality NHS mental health services to inform better care.

6. Provide 3 - 4 Research Objectives (this is a breakdown of your Aim) *

- 1, To examine the institutional and systemic factors in the NHS limiting access to mental health services for BME communities
- 2, To investigate the role played by cultural beliefs ,community stigma around mental illness and mistrust of mainstream healthcare services in help seeking behaviours among BME communities.
- 3, To identify opportunities for change within the NHS and recommend

7. Provide which research methodology you will use (Primary Research or Systematic Review) *

Systematic Review

Thank you for indicating your research interest for your Term 3!



Further information will be discussed in class soon.

Kind regards,

Diola

(Program Manager MSc PHSiP)



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